In Retrospect

Longueuil High School

1990

In Retrospect

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MASACKSIC 1990

Longmeadow High School
Longmeadow, Massachusetts 01106
Volume XXXIV

In Retrospect

When we, the class of 1990, look back upon the friends we have made at LHS, many names surely come to mind. Those days in September of 1986 featured many new experiences and opportunities, some of which were overwhelming. We adjusted and grew, shedding our "Glenbrook" and "Williams" identities, and became a class united.

Now that we are graduates, we must appreciate and remember LHS, for no other segment in our lives will be the same. In all probability, we will remember the good times, our favorite teachers, and our best friends, the rest we shall forget.

The yearbook is a retrospect, or a looking back. Events and people from the 1989-90 school year are preserved forever. So, when your memories become fuzzy, open the yearbook. What you see will undoubtedly please you.

We hope that you enjoy the book.

Respectfully,
Lou Spelios and Felice Banson
Editors-in-Chief

Top Right- Seniors Donna Lendry and Amy Weiler display their friendship.

Above- Senior Andy Brooslin hides behind a cubicle in the library.

Middle Right- Senior Angie Germino and Sophomore Gretchen Delano are two of many rooting for the Lancers.

Right- Senior Lou Cardaropoli complains about his heavy Senior course load.

Top Left: Junior Chris Hoyt shows his artistic ability.

Top Right: Senior Ralph Peters rules on Senior Tony Ong.

Middle Left: Sophomore Scott Crockett diligently works on his math project.

A Junior Freshman Bobby Shaw promises Tammy to love.

Left: Seniors Julie Cimino, Crystal Nesbitt, Renee Reynolds and Lori Mendoza gather to pose for the camera.

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23
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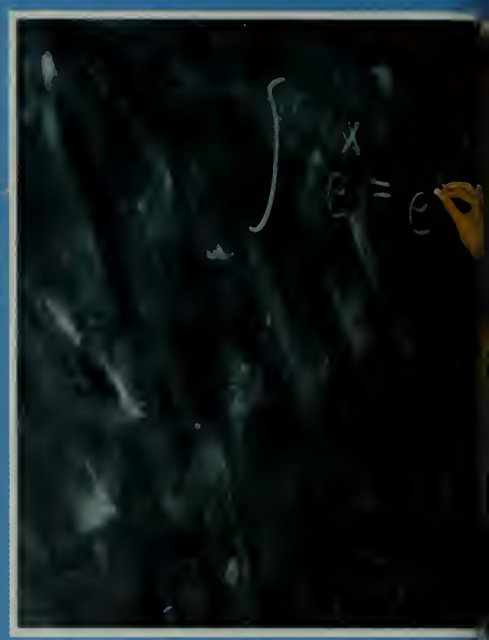


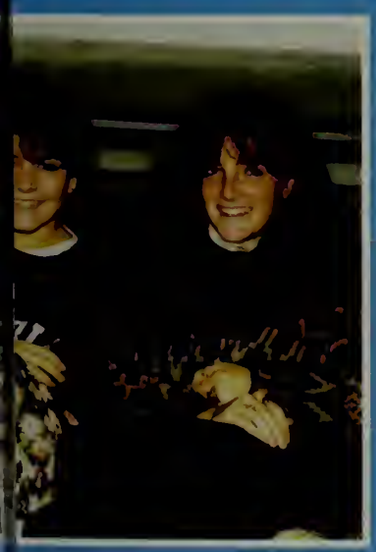
Top Right- Senior Meng Che Hsieh writes something we all know-the integral of e to the x equals e to the x.

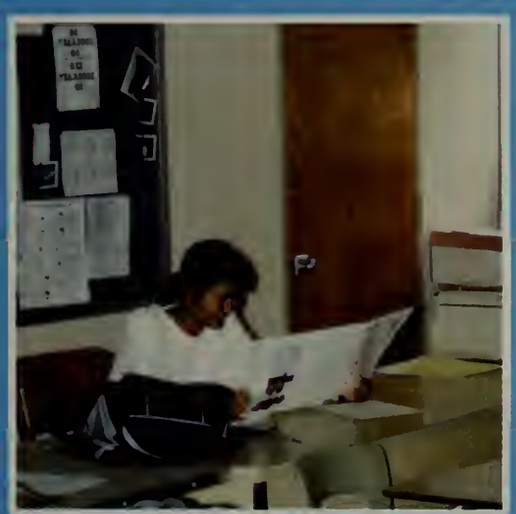
Above- Seniors Lisa Mirkin and Allison Levitz are all smiles during their Senior year.

Right- Senior Vikki Quinlan shows her inside out.

Far Right Center- Spain was great, but being back with her friends makes Senior Sammi Shore happy.

Bottom Center- Seniors Kelly Herrala, Jenn Schweiger, Jessica Rappaport, and Andrea Engleman lounge around.





Top- Seniors Lou Spelios, Leigh Sasen, and Sophomores Katie Walat, Naomi Herman, and Tal Rencus gather after the annual summer yearbook workshop at Bryant College in Smithfield, RI.

Above-Senior Kernaa McFarlin hangs around for another year.

Above Left- Senior Jason Friedberg celebrates his birthday.

Left- Senior Felice Banson reviews the latest yearbook lay-out techniques.

Dedication

Mr. Larry Berte

The yearbook dedication is the highest honor one can receive from the student body, and this year it is being awarded to an individual who is truly deserving. Assistant Principal Larry Berte handles disciplinary problems, chairs the Student-Faculty Advisory Council, was the advisor of SADD (Students Against Drunk Driving), cheers for LHS sports teams at scores of events, and chaparones class activities. Despite his busy schedule, he can always be seen smiling and socializing with students and faculty alike. He makes everyone's welfare his responsibility

Mr. Berte came to us in September of 1986, the same time we began our quest for the diploma. Although he knew his way around the building before we did, he still shared our anxiety and excitement. What makes Mr. Berte so special is that he is one with whom many can relate; one who always listens. He is a model for all to follow, for he has shown that hard work, dedication, and sensitivity will lead to a happy and successful life.

Therefore, we, the class of 1990, are proud to dedicate our yearbook to Mr. Larry Berte.

Seniors

In Depth

The Class of 1990 led Longmeadow High School into the nineties. Their leadership paralleled that of the Class of 1988, as all of the officers were newly elected for their Senior year.

The class leaders welcomed our new principal, Dr. Donald Murphy, to Longmeadow High, and together they worked to nurture innovative ideas and carry them through to completion.

Early in the school year the class opened the Senior lounge, which represented the individuality, talents, and ideas of the class. The students demonstrated their support for their class with enthusiastic participation in the Daisy-Weeds game, the Halloween Dance, the Junior-Senior Semi-Formal, the Senior Prom, and the Senior Banquet.

The spirited students found a common denominator of unity within themselves and successfully linked individual talents to create the unique Class of 1990.

-Tammy Butler

A bove- Jodi Rosol engrosses herself in a history assignment while enjoying the fresh air.

A bove left- "What do we have next block?" ask Beth Stenstrom and Alisa Schwartz.

L eft- Greg Goldman takes a nap in the Senior Lounge.

Eric Adelson-112 Brookwood Dr.-Senior Class Play; Daisy/Weed Game; Tennis-9,10,11,12; Business Club-9; USY-9,10; AZA-10,11.

Eric Adelson

Anthony Airne-119 Wimbleton Dr.-N.H.S.-11,12; Debate Team-11; Orchestra-11,12; Chorus/Lyrics-9,10,11,12; International Club-10; Math Team-9,10,11,12; Y.P.S.-9,10,11,12.

Anthony Airne

Pasquale Albano-148 Green Meadow Dr.

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Pasquale Albano

Brian Axler-Bri-336 Inverness Lane-Class Council-12; Football- 9,10,11,12; Skiing-12; Lacrosse-9; New Directions-12. Favorite Quote-"Work is the greatest thing in the world, so we should always save some of it for tomorrow."-Don Herold.

Brian Axler

Richard Balakier- Rich, Zoot-142 Williamsburg Dr.-N.H.S.-12; Key Club- 9,10,11,12(1st V.P.); Jet Jotter-10,12; Rough Draft-12; Impressions-9; Senior Class Play; Cross Country-11,12; Volleyball-11,12; Track-11,12; Ultimate Frisbee-10; Variety Show-10,11,12; New England Skydivers-11,12. Favorite Quote-"There is a sucker born every minute."-P.T. Barnum.

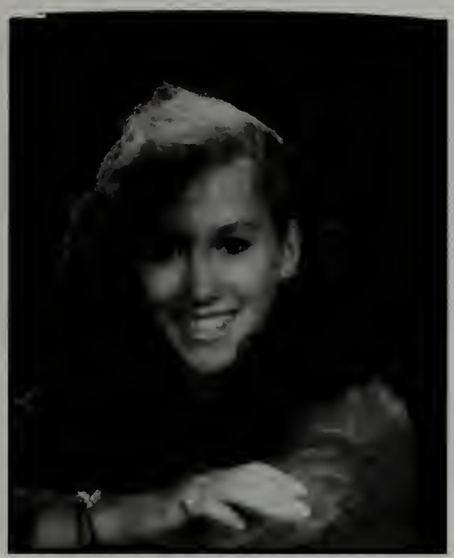
Richard Balakier

Felice Banson-245 Blueberry Hill Rd.-N.H.S.-11,12; A.F.S.-9; Yearbook-9,10(Faculty Ed.),11(Underclass Ed.),12(Ed-in-Chief); Rough Draft-12("Banson's Bantering"); Band-9,10,11,(1st chair) 12; Jazz Band-10,11,12; Senior Class Play; Math Team-10,11,12; Ultimate Frisbee-11,12; Peer Educator- 9,10; Suburban Softball-10. Favorite Quote-"I'll remember all the laughter as we go our separate ways."-JW.

Felice Banson

Marianne Barbieri

Marianne Barbieri-100 Benedict Terrace.



Cara Barkman

Cara Barkman-"B," Barkie, Costa Rica Chica-10 Chatham Rd.- N.H.S.-12; Keyettes-9, 10; Class Coun.-9, 10, 11, 12; Senior Class Play; Daisy/Weed Game; Soccer-9, 10 (Capt.); Basketball-9, 10, 11 (Capt.); Track-9; Bus. Club-9,10, 11, 12; P.U.L.L.-10, 11, 12; Usher-11; Volleyball-11, 12. Favorite Quote-"Ten miles behind me and ten thousand more to go."-James Taylor.

Heather Barksdale

Heather Barksdale-Barky, Barkwoman, Barks-55 Silver Birch Rd.-Class Coun.-9, 10, 11, 12; S.A.D.D.-12; Orchestra-9; Senior Class Play; Daisy/Weed Game; Field Hockey-9, 10; Bus. Club-12; Ski Club-11, 12; Variety Show-12.

Kim Battaini

Kim Battaini-Kimmy, Kimber, Traffy, Batteen-49 Yarmouth St.-N.H.S.-12; A.F.S.-9, 10, 12; Yearbook-10, 11, 12; Chorus/Lyrics-9; Senior Class Play; Daisy/Weed Game. Favorite Quote- "Whenever you're feeling lost and lonely; crazy to even try; just listen to what your heart keeps saying and don't ask the reason why." -R.H.

Johanna Bayley

"Day turns to night and night turns to day
He puts the illusions of his childhood away
With a new understanding, he builds a world of his own
Outside the garden he finds the will to go on."
-TPOH

Johanna Bayley-Jomama, Jo-B-50 Belleclaire Ave.-N.H.S.-12; A.F.S.-9, 10, 11, 12 (Sec.); Class Coun.-9 (Treas.), 10, 11, 12; Band-9, 10, 11, 12; Drama Club-11; Senior Class Play; Daisy/Weed Game; Field Hockey-9, 10, 11, 12 (Capt.); Softball-9; Track-10; Peer Ed.-10, 11; New Directions-12.

Angela Belknap-Jel, Ang, Rio-288 Burbank Rd.-N.H.S.-12; A.F.S.-10,11; Rough Draft-10,12; S.A.D.D.-10,12; Senior Class Play; Daisy/Weed Game; Chinese Club-10,11; France Club-10. Favorite Quote-"It may seem selfish now, but I'll hold on to the memory until all this fear is washed away."-Duranduran.

Angela Belknap

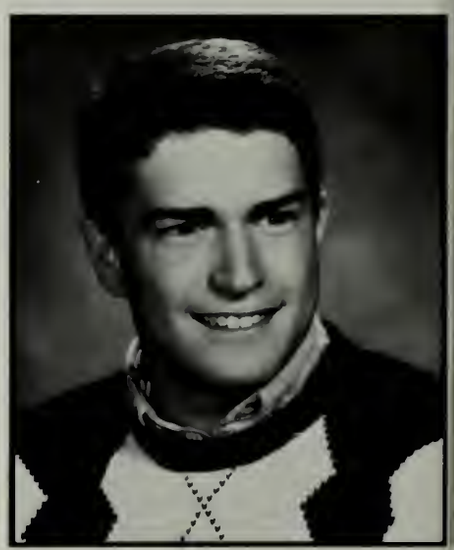
Eric Bourcier-76 Oakwood Dr.

Eric Bourcier

Erin Boutin-Boots, Ginger-77 Fenwood Rd.-N.H.S.-12; Class Coun.-12; Rough Draft-12; Senior Class Play; Daisy/Weed Game; Soccer-9,10,11,12; Internship-11; Amnesty Inernational-11.

Erin Boutin

Joshua Braverman-Jah-sh, Braves, Josh-135 Academy Dr.-Class Coun.-10; Football-10; Ultimate Frisbee-10,11,12; Samson A.Z.A.-9,10,11,12(Mem.V.P., Pres., Reg. Sec., C.C.); TFL-12; Volleyball-12. Favorite Quote-"Fear is the lock and laughter the key to your heart."-CSN.



Joshua Braverman

Marla Brenerman-Mertle, Mrb, Mars-61 Williston Dr.-Keyettes-9; Class Coun.-9,10,11.12; Senior Class Play; Daisy/Weed Game.

Marla Brenerman

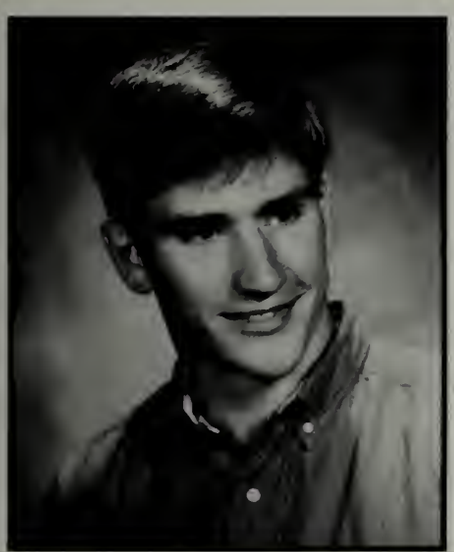
"Nothing is ever the same twice.
So savor those times."
-N.J.B.

Andrew Brooslin

Andrew Brooslin-Andy, Bruzey, Bruzman-77 Blueberry Hill Rd.-Rough Draft-10,11,12(Sports Ed.); TFL-11,12; Volleyball-11,12; Track-10,11,12; Ski Club-10; JCC Basketball-9,10,11,12; Golf-9,10; New Directions-12; Samson AZA-9,10; J.A.-9. Favorite Quote-"Should I try to be a straight "A" student, if you do than you think too much."-Billy Joel.

Amy Brulport

Amy Brulport-R.O.U.S., Mud Muffin, Shotgun-187 Longmeadow St.-Senior Class Play; Daisy/Weed Game; Lacrosse-9,10,11,12. Favorite Quote-"Running down a dream."-Tom Petty.



Robert Brunette

Robert Brunette-Bruno, Brunto, McFrog-73 Allen Rd.-Class Coun.-12; Football-9,10,11,12; Basketball-9,10; Lacrosse-9,10,11,12.

Jay Bruns

Jay Bruns-Broonzy, Buns, Jota-3 Oxford Rd.-N.H.S.-12; A.F.S.-10,11,12(Publicity); Key Club-9; Class Coun.-9,10,11,12; Senior Class Play; Daisy/Weed Game; Football-9,10,11,12(Capt.); Lacrosse-9,10,11,12; Ski Club-9,10,11,12. Favorite Quote-"Never believe the impossible, never regret the past."

Brian Burke

Brian Burke-Bri,B,Little Man, Banchec, Mic-45 Williamsburg Dr.-Class Coun.-11,12; Senior Class Play; Daisy/Weed Game; Soccer-9,10,11,12; Bus. Club-9,10,11,12; Ski Club-10,11,12.

Jeffrey Bye

Jeffrey Bye-Jeffy-109 Wild Grove Lane-Jet Jotter-11; Rough Draft-12; Impressions-12(Art Ed.); TFL--12; Volleyball-11,12; Track-9; New Directions-12; Pictionary Club-12(Pres.). Favorite Quote-"Everyone will be famous for 15 minutes."-Andy Warhol.

Richard Calcasola-45 Pioneer Dr.-N.H.S.-12; Soccer-9,10; Basketball-9,10,11,12; Golf-9,10,11,12; Bus. Club-9; TFL-11,12.

Richard Calcasola

Glenn Calvanese-109 Bliss Rd.

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Glenn Calvanese

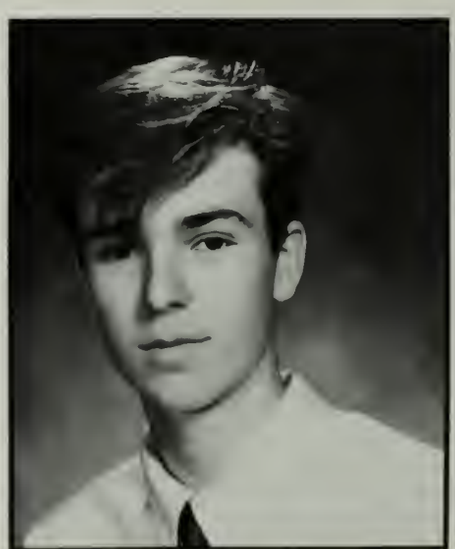
Louis Cardaropoli-Lou, Luigi- 36 Willow Circle-Chess Team-9,10,11,12; Soccer-9,10,11,12; Track-9,10,11,12; Volleyball-10,11,12.

Louis Cardaropoli

Nicole Carrier-Nicoli, Spuds-60 Cheshire Dr.-N.H.S.-11,12(Pres.); Key Club-10,11,12(Shriners Chairperson); Class Coun.-10,11, 12(Sec.); Rough Draft-9; Band-9,10,11; Drama Club-9,10; Senior Class Play; Daisy/Weed Game; Soccer-10,11,12; Basketball-9,10, 11(Capt.); Softball-9,10,11,12; International Club-10,11; Junior Ach.-10(V.P.Mgmnt.); Girls' State-11(Gov.Coun.); Volleyball-11,12.

Nicole Carrier

Christien Carroll-Chris, Chin-86 Converse St.-N.H.S.-12; Jet Jotter-10,11,12; Senior Class Play; Soccer-10; International Club-11. Favorite Quote-"Buy the sky and sell the sky and read the sky and tell the sky-don't fall on me."-R.E.M.



Christien Carroll

Michael Casey-Case, T-bone-252 Ardsley Rd.-N.H.S.-11,12(Tutoring Chairperson); Class Coun.-9,10,11,12; Jet Jotter-9,10,11,12; Rough Draft-12(Copy Ed.); Impressions; Band-9,10,11,12; Orchestra-9,10,11,12; Jazz Band-9,10,11,12; Soccer-9,10; Swimming-9,10,11,12. Favorite Quote-"Say what you mean, mean what you think, and think anything."-Cat Stevens

Michael Casey

Christy Cash

Christopher Cavanagh

Christy Cash-Barbie, Blondie-55 Eastland Rd.-Chorus/Lyrics-9,10,11,12; Senior Class Play; Daisy/Weed Game; Track-9. Favorite Quote-"Life moves pretty fast-if you don't take time to enjoy it, you'll miss it."- Ferris Bueller.

Christopher Cavanagh-51 Pine Woods Hill.

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Jeremy Chagnon

Peter Chapman

Jeremy Chagnon-23 Belleclair Ave.

Peter Chapman-Rex, Chappy, Meaty Petey-772 Frank Smith Rd.-Class Coun.-10,11,12; Jet Jotter-12; Senior Class Play; Daisy/Weed Game; Baseball-9,10,11; Golf-12; Bus. Club-11; TFL-11,12; Volleyball-11,12; Intramural Golf-9,10.

John Chiarizio

Carla Cimini

John Chiarizio-Triz, Chiz, Cheese-21 Barclay St.-Jet Jotter-11,12; Tennis-9,10,11.12(Capt.); TFL-12; New Directions. Favorite Quote-"It's not whether you win or lose, it's how you play the game."

Carla Cimini-Car, Carlotta-155 Wimbleton Dr.-Daisy/Weed Game; Outing Club-9,10,11,12.

Mark Cohen-113 Osceola Lane-N.H.S.-11,12; Class Council-9,10,11(V.P.),12; Yearbook-12(Sen. Photo Ed.); Jet Jotter-11,12; Senior Class Play; TFL-11,12; JCC Basketball-9,10,11,12; Baseball-9; Track-10,11,12; Samson AZA-9,10,11,12(Rel.,Ath. Chairperson); Volleyball-11,12.

Mark Cohen

Sarah Councell

Sarah Councell-63 Homestead Blvd.-N.H.S.-11,12(Tutoring Chairperson); Rough Draft-10,11,12(Features Ed.); Impressions-9,10,11,12(Co-Gen. Ed.); Chorus/Lyrics-9,10,11,12; Drama Club-10; A.C.T.S.-11,12; Cantori-11,12.

Allison Coupe-Al, Couper-893 Longmeadow St.-A.F.S.-9; Keyettes-9,10,11; Yearbook-10,11; Chorus/Lyrics-9,10; Drama Club-11; Senior Class Play; Daisy/Weed Game; Outing Club-11.

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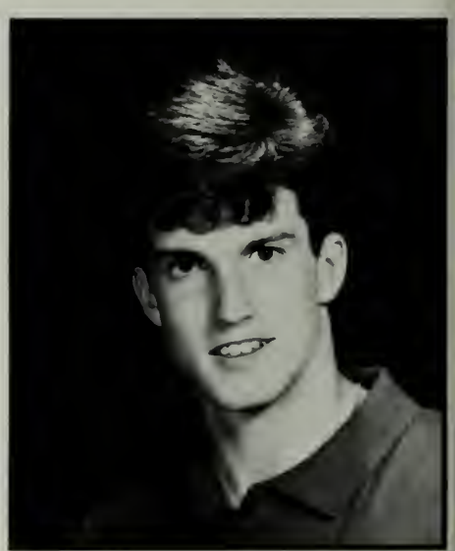
Allison Coupe



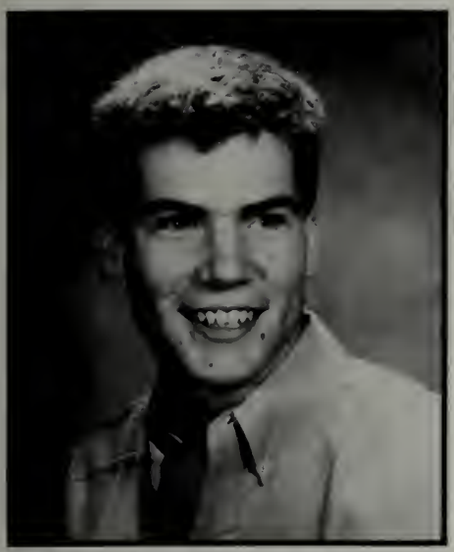
Matthew Cullinan

Matthew Cullinan-Skully, Cull, Helmet, Mic, Gilligan-132 Longfellow Dr.-Class Coun.-9,10,11,12; Daisy/Weed Game; Football-9,10,11,12(Capt.); Basketball-9,10,11,12(Capt.); Baseball-9,10,11,12; Usher-11. Favorite Quote-"Who's Champ?"-Matt and Steve.

Jason Cunningham-Rock, Hammer-71 Exeter Dr.-N.H.S.-11,12; A.F.S.-10; Class Coun.-9,10,11(Pres.),12; S.A.D.D.-10,11,12; Senior Class Play; Daisy/Weed Game; Basketball-9,10,11,12; Baseball-9,10; Bus.Club-10(V.P.),11,12; S.I.C.-11; Student Rep. to S.C.-12.

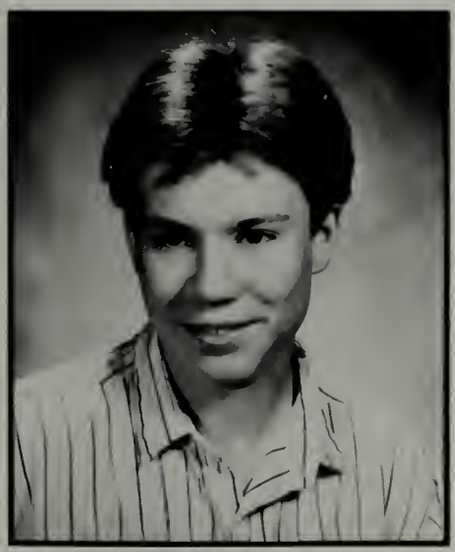
Jason Cunningham

"Here at last was the imagined, but never fully realized place leaping into real life."
-William Golding
(*Lord of the Flies*)



James Davidson

James Davidson-Jamie, Hee Haw-42 Glenbrook Lane-N.H.S.-12; Key Club-10,11,12; Class Coun.-12(Pres.); Rough Draft-10,11,12(Ed-in-chief); Band-9,10,11,12; Jazz Band-11,12; Daisy/Weed Game; Soccer-9,10; Swimming-9,10,11,12(Capt.); Ultimate Frisbee-10,11,12(Capt.). Favorite Quote-"I still haven't found what I'm looking for."-U2.



Travis Deal

Travis Deal-218 Hopkins Pl.-Intramural Golf-9,10,11; Intramural Football-11.

Diane DeCandio

Diane DeCandio-Dee, Dingle, Doozer-31 Dunsany Dr.-Jet Jotter; Senior Class Play; Daisy/Weed Game; Outing Club-9. Favorite Quote-"Oh baby, baby , it's a wild world and I'll always remember you with a smile."-Cat Stevens

Marcy Delong

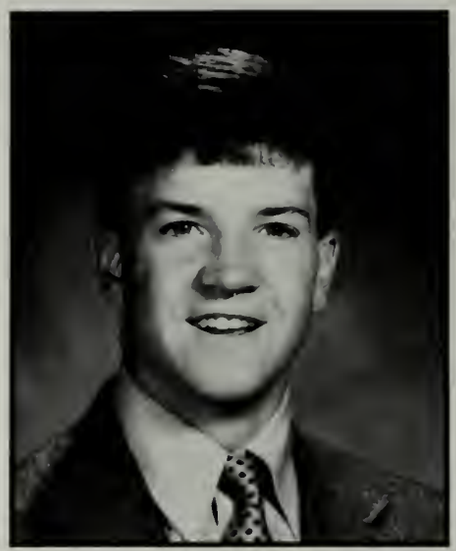
Marcy Delong-Marce, Cella, Farcee-152 Wenonah Rd.-N.H.S.-12; A.F.S.-9,10,11; Keyettes-9,10; Class Coun.-12; Rough Draft-11,12; S.A.D.D.-12; Chorus-9,10; Lyrics-11,12; Senior Class Play; Daisy/Weed Game; Cross Country-9,10,11,12(Capt.); Swimming-10,11; Track-9,10. Favorite Quote-"If the sun refused to shine I would still be lovin' you. When mountains crumble to the sea, there will still be you and me."-Led Zeppelin.

Douglas Dickerman

"And when the stream which overflowed the soul was passed away,
A consciousness remained that it had left
deposited upon the silent shore of memory images and precious thoughts
That shall not die and cannot be destroyed."
-Wordsworth

Douglas Dickerman-Doug-68 Normandy Rd.-N.H.S.-11,12; Chorus/Lyrics-9,10,11,12; Drama Club-9,10,11,12; Baseball-9,10,11; Rock 'n' Roll Band-9,10,11,12(Release). Favorite Quote-"Jane, you ignorant slut!"-Dan Ackroyd, SNL.

Matthew Dullea-Matt-72 Twin Hills Dr.-Soccer-9,10,11,12; Wrestling-11,12(Capt.); Baseball-9,10,11,12.

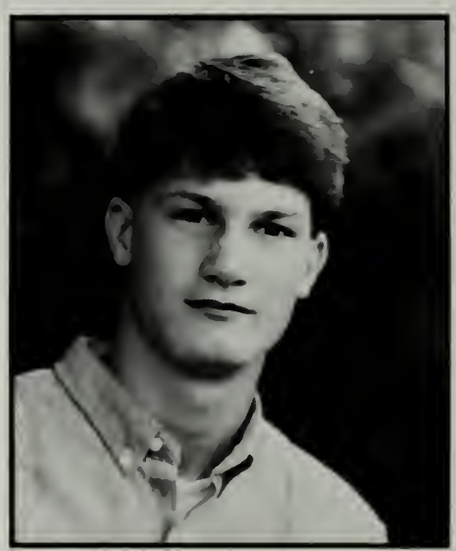


Matthew Dullea

Michael Dullea-Mike-72 Twin Hills Dr.-Band-9; Football-10,11,12; Wrestling-9,10,11,12(Capt.); Track-9; Soccer-9.

Michael Dullea

Matthew Edgerly-Matt, Edge, Squirrel, MCE, Wedge-322 Blueberry Hill Rd.-Class Coun.-9,10,11,12; Senior Class Play; Daisy/Weed Game; Soccer-9,10,11,12(Capt.); Basketball-9,10; Baseball-9,10,11,12; Bus. Club-9,10,11(V.P.); Ski Club-11,12. Favorite Quote-"Mean,mean,mean!"



Matthew Edgerly

Nellie Elguindi-69 Green Meadow Dr.

Nellie Elguindi

Garrett Emerson-Scooter, Bob-61 Fairfield Terr.-Band-10,11,12; Wrestling-9,10,11,12(Capt.); Outing Club-11,12; TFL-11.

Garrett Emerson

Andrea Engelman-An, Frosh, Fanny-257 Tanglewood Dr.-N.H.S.-11,12; Keyettes-9,10,11(Treas.),12(1st V.P.); Class Coun.-9,10,11(Sec.), 12; Band-9; Senior Class Play; Daisy/Weed Game; Soccer-9,10,11,12(Capt.); Volleyball-11,12; Softball-9,10,11,12; Peer Ed.-10,11,12. Favorite Quote-"These are the best of times."-Styx.

Andrea Engelman

David Epstein

David Epstein-Epper-63 Crest Ave.-Jet Jotter-10,11; Rough Draft-11,12; Impressions-12; Swimming-9,10,11,12(Capt.). Favorite Quote-"And to see you're really only very small, and life flows on within you and without you."-George Harrison.

Jamie Farrell

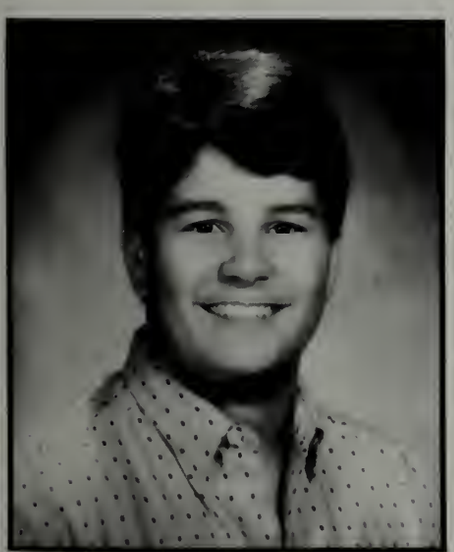
Jamie Farrell-James Gang, Squints, James-117 Lawnwood Ave.-Jet Jotter-12; Rough Draft-10,11; Chorus/Lyrics-9,10,11; Drama Club-10,11,12; Senior Class Play. Favorite Quote-"Imagination is more important than knowledge."-A.Einstein.

Kevin Fleming

Kevin Fleming-Spanky, Flem-1110 Longmeadow St.- N.H.S.-11,12(V.P.); Key Club-9; Orchestra-9,10,11,12; Jazz Band-9,10,11,12; Lacrosse-9; Ski Club-9,12. Favorite Quote-"He had his father urging him to be a good Catholic, yet above all a gentleman."-James Joyce.

Daniel Freed

Daniel Freed-Dan-170 Laurel St.-N.H.S.-10,11,12; Class Coun.-12(Exec.V.P.); Chorus/Lyrics-12; Jazz Band-11,12; Drama Club-11; Senior Class Play; Football-9,10,11,12; Indoor Track-10; Bus. Club-11,12; New Directions-12. Favorite Quote-"Life is a preparation for the future, and the best preparation for the future is to live as if there were none."-Elbert Hubbard.



Jason Friedberg

"The woods are lovely, dark, and deep.
But I have promises to keep,
And miles to go before I sleep,
And miles to go before I sleep."
-Robert Frost

Jason Friedberg-174 Bel-Air Dr.-A.F.S.-10,11,12; A.Z.A.-11,12. Favorite Quote-"One day you find ten years have gone behind you- no one told you where to run you've missed the starting gun."-Pink Floyd.

Class Council

Once again, the Senior Class Council led the Class of 1990 through an exciting and fun-filled year. President James Davdison, Committee Vice-President Dan Freed, Executive Vice-President Gary Martenson, Secretary Nicole Carrier, and Treasurer Ralph Rogers supplied us with enjoyable events as we approached graduation.

In addition to the basic Senior activities, such as the Semi-Formal and the Prom, the council sponsored the annual Road Race and, for the first time in two years, the Halloween Dance. We also saw, with the help of our officers, the reinstatement of our haven from the outside world of academic pressure and college applications, the Senior Lounge.

A former alumnus once said, "The more people who are involved, the better." That was the secret to all of our successes this year. Because of the help of so many of our classmates, we will always look back on these accomplishments and events with pride.

-Karen Lee

Top- Front Row: Advisors: Mr. Gelinas and Ms. Finn. Back Row: Officers: Executive VP Dan Freed, Committee VP Gary Martenson, President James Davidson, Secretary Nicole Carrier, Treasurer Ralph Rogers.

Right- Seniors Felice Banson, Dave Kent, and Jessica Rappaport listen intently to the plans for their Senior year.

From Your Advisors:

At the "Barn" Dance celebrating Halloween at the beginning of your Senior year, I really enjoyed looking at the great costumes, observing the wonderful social interaction, and enjoying with you your fun. That night, I kept thinking back to your first dance at the beginning of your Freshman year. Then, I nervously watched as none of you would be the first to go in——you were all waiting for someone else to be first. I thought to myself: the first school dance in years, and it is going to be a disaster. Oh, why did I become a class advisor! Finally, a few brave souls bought tickets, started dancing, and your successful four years at LHS began.

You came of age in the "me-first" generation of the 1980's——but in your four years at LHS you demonstrated time and again that there was another side to the supposedly selfish '80's generation.

I will remember:

The many of you excelling on the playing fields, on the stage, and in the classroom,

Class officers who put untold and unsung time, energy, and caring into class events,

The many of you involved in fund-raising for the homeless or the helpless, consciousness-raising about Central America or South Africa, in concern for prisoners of conscience anywhere in the world, or acting as helpers for your own classmates who might have needed help.

But mostly I will remember the Class of '90 as a class of civility, of caring, and of competence.

I leave you with these words (by George Bernard Shaw) that for me says not only what you have been, but also what I know you will be: a class of not just "me" but also "we."

"We have no more right to consume happiness
without producing it than to consume
wealth producing it."

Farewell,
Michael F. Gelinas

I look outside as I write this in mid-November, needing to meet a publication deadline and trying to focus on graduation six months into the future. It is grey today, and the trees, golden only two weeks ago, are now barren of leaves. New England's long winter is about to descend. Late spring and commencement seem faraway.

The natural world gives us a recurrent rhythm in the change of seasons-cyclical milestones against which we measure and plan our lives. We build ritual into seasons to both order and give meaning to the individual day's passing. What is important is ultimately not the outward trappings of the rituals themselves, but the engagement of our minds and hearts in recreating the connections we have with others and with our heritage: what gives meaning to the celebrations of all seasons are not the symbols but the transformations our lives undergo as we shape the familiar into the special.

We have spent the last four years together as teachers and students, learning with and from each other. We have created meanings, resurrected traditions, and begun our own rituals. We ride the natural current of the school year reading the novel for next week's discussion, researching the paper due at semester's end, always moving forward to the quintessential academic rite of commencement. What matters is not simply the parchment proffered on June 3, 1990. What is of significance are the inner resources developed along the way.

You are the last class I have known at Longmeadow High School as students of English. Moving from Room 143 to the guidance office, I felt the rejuvenation that evolves from challenges and the sadness that accompanies letting go a cherished means of self-definition. I miss the vibrancy of the classroom and the intensity that springs from reaching deeply into good literature. But I have met students on new grounds and have tapped other dimensions of myself. Beginning something fresh means emerging from old patterns, being open to different rhythms, and building on the wisdom and skills we have accumulated.

People often say to high school students that these four years are "the best of your lives." My hope is that this will not be true — that each of you will be able to say at forty-two or fifty-five or at the close of any year, "This time has been the richest." Life holds great adventure. Revel in the changes of all the seasons. Seize the adventure; seize the day.

Brenda Finn
Teacher and Counselor

Mr. Gelinas, Ms. Finn

Alexander Frost-Alex, Fish, Frosty-183 Merriweather Dr.-Key Club-9, 10, 11, 12 (V.P.); Class Coun.-11, 12; Rough Draft-11, 12; Band-9, 10, 11, 12; Football-9, 10; Tennis-9, 10, 11; Outing Club-12; International Club-11, 12; Variety Show-10, 11, 12 (Producer); New Directions-12; TFL-12. Favorite Quote-"Well, what the hell, a fork is a fork, right?"-Mr. Winseck.

Alexander Frost

Kristin Garvey

Kristin Garvey-Kris, Krisko, Garvo-45 Twin Hills Dr.-A.F.S.-9, 12; Keyettes-9, 10, 11, 12; Class Coun.-12; S.A.D.D.-12; Senior Class Play; Daisy/Weed Game; Ski Club-9, 10, 11, 12. Favorite Quote-"If you can't be with the one you love, love the one you're with."-Crosby, Stills, Nash, and Young.

Angela Germino-Angie, Mino-74 Westmoreland-Daisy/Weed Game; Soccer-9, 10, 11, 12 (Capt.); Swimming-9, 10, 11, 12 (Capt.); Softball-9, 10, 11, 12.

Angela Germino

Christopher Girr

Christopher Girr-Chris, Topher, Tofu-925 Williams St.-Jet Jotter-11, 12; Rough Draft-9, 10, 11; Senior Class Play; Track-10, 11, 12; International Club-11. Favorite Quote-"It's the end of the world as we know it, and I feel fine."-R.E.M.

Jason Goldaper-955 Maple Rd.

Jason Goldaper

"Your time has come to shine, all your dreams are on their way."
-Simon and Garfunkel

Lawrence Goldberg

Lawrence Goldberg-The Fox-159 Redfern Dr.

Stephen Goldberg

Stephen Goldberg-Steve, Weve, Goldie, Goldy-locks--335 Inverness Lane-Key Club-9; Class Coun.-9,10,11,12; Daisy/Weed Game; Football-9,10,11,12; Basketball-9; Baseball 9,10,11,12; Bus. Club-11,12; Ski Club-12. Favorite Quote- "Who's Champ?"-Steve and Matt

Gregory Goldman

Gregory Goldman-47 Churchill Dr.

Laurie Goldman

Laurie Goldman-Peanut Evan, Red Riding Hood-52 Briarcliff Rd.-N.H.S.-12; A.F.S.-9,10,11,12; Class Coun.-9,10,11,12; Rough Draft-9,10,11,12(Circ.Ed.); S.A.D.D.-9,10,11,12; Drama Club-10(Program Com.); Senior Class Play; SJYC-11,12(Rep.); BBG-9,10(Historian),11(Reg.Sist.Chair.),12(Memb.V.P.); Baseball Stats-9; Basketball Stats-9; Daisy/Weed Game. Favorite Quote-"I hear babies cry, I watch 'em grow. They learn more then I'll ever know. Then I think to myself, what a wonderful world."-Louie Armstrong.

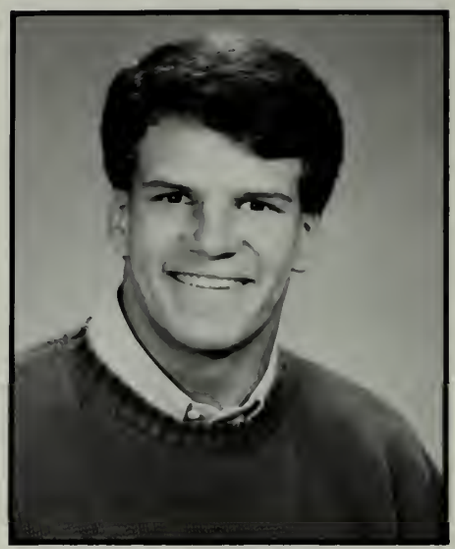
Miriam Goldsmith

Miriam Goldsmith-Mim-62 Dunsany Dr.-Keyettes-9,10; Class Coun.-9,10; Rough Draft-9,10; Chorus/Lyrics-9,10,11,12; Drama Club-9,10,11,12(Producer); Senior Class Play; Diving-9; Wrestling Stats-10,11,12; Mitzvah B.B.G.-9,10,11,12(Sec., Reg.SS, Pres.). Favorite Quote-"Helplessly Hoping."-Crosby, Stills, Nash, and Young.

Gabriel Gonzalez

Gabriel Gonzalez-Gabe-236 Franklin Rd.-N.H.S.-12; A.F.S.-12; Chess Team-12; Skiing-12.

John Gray-J Gray, Elvin-424 Pinewood Dr.-N.H.S.-11,12; Senior Class Play; Daisy/Weed Game; Football-9,10,11,12(Capt.); Baseball-9,10,11,12(Capt.). Favorite Quote-"Da doo ron ron ron, Da doo ron ron."-Sean Cassidy.



John Gray

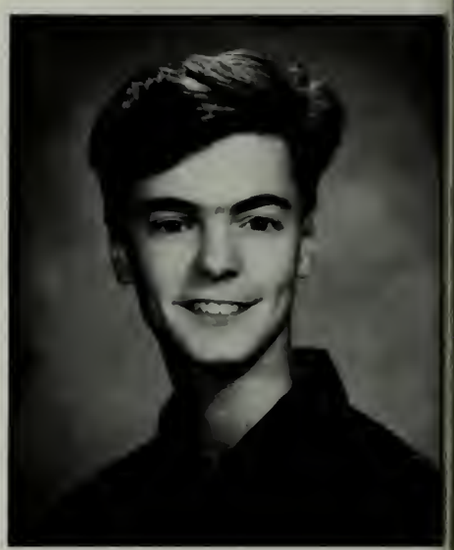
Dana Green-Dane-888 Frank Smith Rd.-N.H.S.-11,12; Key Club-9,10,11,12(Treas.); Rough Draft-9,10,11,12; Band-9,10,11; Drama Club-10,12; Senior Class Play; Skiing-11,12; France Club-10. Favorite Quote-"I know a mouse and he hasn't got a house. I don't know why I call him Gerald. He's getting rather old but he's a good mouse."-Syd Barrett.

Dana Green

Jennifer Gregorski-Jen-179 Wimbleton Dr.-N.H.S.-11,12(Treas.); A.F.S.-9,10; Keyettes-9; Class Coun.-9,10,11,12; S.A.D.D.-9,10,11,12(Pres.); Chorus/Lyrics-9,10,11,12; Drama Club-9,10,11; Senior Class Play; Daisy/Weed Game; Cheerleading-9,10.

Jennifer Gregorski

David Grey-46 Westmoreland Ave.-N.H.S.-11,12; Class Coun.-10,11,12; Jet Jotter-11,12(Graphics Ed.); Orchestra-9,10; Track-9,10,11,12; Intramurals-11,12; Junior Ach.-10; Amnesty International-11(Co-founder). Favorite Quote-"There is never enough time to do all the nothing you want to do."-Calvin and Hobbes.



David Grey

Michael Griffin-Mike, Grif-119 Yarmouth St.-Band-9,10,12.

Michael Griffin

Robert Gudikunst-Rob-55 Harwich Rd.-A.F.S.-11, Track-11,12; International Club-11,12; Private Pilot. Favorite Quote-"You know you have to go through Hell before you get to Heaven."- Steve Miller.

Robert Gudikunst

Linda Hagberg

Linda Hagberg-Swan-186 Twin Hills Dr.-Key Club-9,10,11,12; Chorus/Lyrics-9,10,11,12; Drama Club-9,10,12; Senior Class Play; Daisy/Weed Game; Track-9,10,11,12(Capt.); Dance(Company A)-9,10,11,12. Favorite Quote-"The work I can do and others can't is not because of practice, it is talent."

Heather Hampf

Heather Hampf-Heath Bar, Hampster-57 Canterbury Ln.-N.H.S.-11,12; A.F.S.-9; Rough Draft-12; S.A.D.D.-9; Senior Class Play; Daisy/Weed Game; Swimming-9,10,12; New Directions-12. Favorite Quote-"We've shed the laughter and the pain, and even shed the tears. You're the only one who really knew me at all."-Phil Collins.

Kenneth Henrikson

Kenneth Henrikson-Ken-67 Birchwood Ave.-Chorus/Lyrics-11,12. Favorite Quote-"There'll be war, there'll be peace, but everything one day will cease, all the iron turned to rust, all the proud men turned to dust."-David Gilmour.

Andrea Herbst

Andrea Herbst-1206 Longmeadow St.-N.H.S.-11; S.A.D.D.-9,10,11; Chorus/Lyrics-9; Cheerleading-10,11(Treas.); Student exchange-10. Favorite Quote-"Even the fool knows we can't touch the stars, but that doesn't keep the wise from trying."

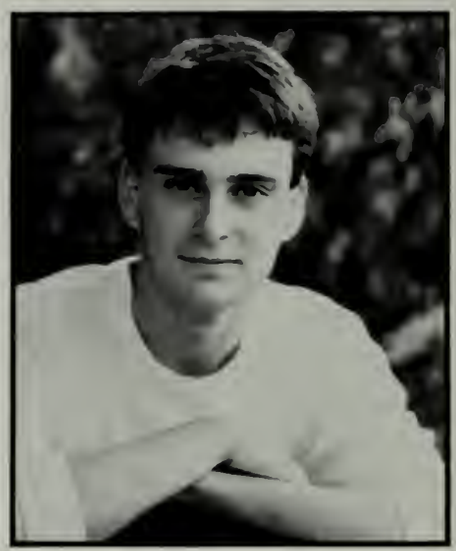
Kelly Herrala

Kelly Herrala-Kell, Kelvin, Relamon-15 White Oaks Dr.-Keyettes-9; Class Coun.-9,10,11,12; Senior Class Play; Daisy/Weed Game; Ski Team-10,11,12; Lacrosse-9,10,11,12(J.V. Capt.); Bus. Club-10,11,12.

Heather Hinshaw

Heather Hinshaw-Heth, Hin, Marley, Double H-57 Fairfield Terr.-A.F.S.-9,10; Keyettes-9; Class Council-12; Jet Jotter-12; Chorus/Lyrics-9,10; Drama Club-9,10(Publicity),11,12; Senior Class Play; Daisy/Weed Game; Cheerleading-10,11; Diving-9; Baseball Stats-10,11,12; Wrestling Stats-9; Ski Club-12. Favorite Quote- "These were the best of times, these were the worst of times."-Charles Dickens.

Christopher Hodges-Hodge, Hadji, Bear, Mr.Green Jeans-73 South Ave.-Band-10,11,12; Senior Class Play; Daisy/Weed Game; Football-9,10,11,12. Favorite quote- "We do what we do and like it, if people think it's selling out then ... whatever."-James Hetfield.



Christopher Hodges

Julie Hoff-Jules, Drip, Jellybean-57 Cheshire Dr.-A.F.S.-9; Keyettes-9,10,11,12; Class Council-12; Senior Class Play-12; Daisy/Weed Game-12; Tennis-9,10,11,12. Favorite Quote-"If you smile at me I will understand, because that is something everybody, everywhere, does in the same language."-Crosby, Stills, Nash and Young.

Julie Hoff

Matthew Hoffman-Van-703 Frank Smith Rd.-Impressions-11; Chorus/Lyrics-12. Favorite Quote-"No one created being; he who did please step forward."-Jim Morrison.

Matthew Hoffman

Leigh Hooper-Leigh Leigh, Leighzel, Hoops-90 Ellington St.-A.F.S.-9,10,11,12; Class Council-12; Yearbook-9; Rough Draft-12; S.A.D.D.-11,12; Chorus/Lyrics-9,10,11,12; Drama Club-9,10,11,12; Senior Class Play; Daisy/Weed Game; West. Area Youth Coun.-11,12(Co-Chair.); State Youth Coun.-10,11,12(Co-Chair.); New Directions-12. Favorite Quote-"I am not afraid of tomorrow, for I have seen yesterday, and I love today."-William Allen White.

Leigh Hooper

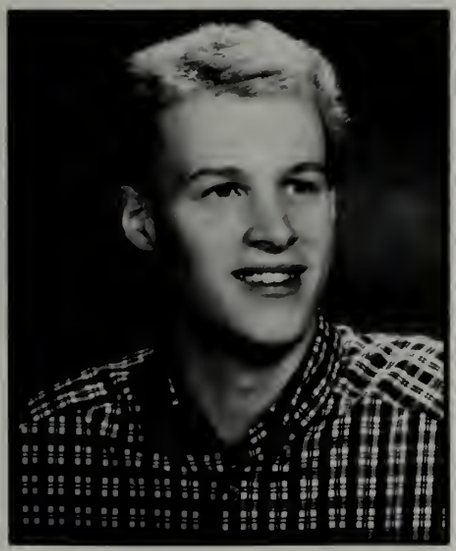
Michael Horn-Mike, Sam, Horn, Horndog-67 Allen Rd.-TFL-11,12(Capt.); Volleyball-11,12(Capt.); Lacrosse-11,12, Bus. Club-11,12; Ski Club-11,12. Favorite Quote-"Try everything once, if you like it, do it again."

Michael Horn

"Do I have to tell the story of a thousand rainy days since we first met?"
-Police

Meng Che Hsieh

Meng Che Hsieh-Meng, Ninja-218 Sheffield Ave.-N.H.S.-11,12; Yearbook-11,12(Name Sp.Ed., Computer/Ind.Ed.); Math Team-12; Volleyball-12.



Michael Hughes

Michael Hughes-110 Viscount Rd.

Brendon Hutchins

Brendon Hutchins-Hutch, C.R., Caterpillar-1047 Longmeadow St.-N.H.S.-12; Class Coun.-9,10,11,12; Senior Class Play; Hockey-9,10,11,12(Capt.); Tennis-9,10,11,12; Peer Ed.-10,11,12. Favorite Quote-"Don't hang on, nothing lasts forever but the earth and sky; It slips away, and all your money won't another minute buy."

Andrea Izsak

Andrea Izsak-Izzy, Pout, Whiner, G.G.-90 Williston Dr.- Keyettes-9; Class Coun.-9,10,11,12; S.A.D.D.-12; Senior Class Play; Daisy/Weed Game; Football Stats-12; Lacrosse Stats-12; Ski Club-11. Favorite Quote-"I'm as free as a bird now and this bird you'll never change, this bird cannot change, no I can't change."-Lynard Skynyrd.

Richard Jarvis

"Guess it's finally goodbye
Seems we came so suddenly
to the end of childhood dreams
And the way things used to be."
-Bruce Welch and
Hank Marvin

Richard Jarvis-Rich-723 Shaker Rd.-N.H.S.-12; Class Coun.-12; Rough Draft-11,12; Drama Club-11,12; Senior Class Play-12; Football-9; Volleyball-11,12; TFL-10,11,12; New Directions-12.

Matthew Johnson-669 Frank Smith Rd.-N.H.S.-12; Class Coun.-12; Jet Jotter-11; Rough Draft-12(Features Ed.); Band-9,10,11,12; Orchestra-10,11,12; Chorus/Lyrics-10,11,12; Jazz Band-10; Senior Class Play.

Matthew Johnson

Jacqueline Joseph-Jackie, Buckwheat-77 Osceola Ln.-N.H.S.-11,12; Keyettes-9,10,11,12; Class Coun.-9,10(Pres.), 11,12; Jet Jotter-11,12(Sales Mgr.); Senior Class Play; Daisy/Weed Game; Field Hockey-9,10,11,12(Capt.); Volleyball-11,12; Lacrosse-9,10,11,12(Capt.); Bus. Club-9,10,11,12(Adv.Mgr.). Favorite Quote-"He's my comfort, my inspiration, my love. But I am captain of my soul."

Jacqueline Joseph

Ajit Joshi-Aj, A.J.-803 Frank Smith Rd.-N.H.S.-11,12(Soc.Sec.); Key Club-9,10,11,12; Jet Jotter-10,11,12(Copy Ed., Campus News Ed.); Band-9,10,11,12; International Club-10,11,12(V.P.); Indian Children's Society-9,10,11,12(Advisor); Amnesty International-9; Junior Ach.-10(Sec.); New Directions-12.

Ajit Joshi

Jennifer Kaplan-Kapper, SM Amazon, Juana K-44 Canterbury Ln.- N.H.S.-12; Keyettes-12; Senior Class Play; Daisy/Weed Game; New Directions-12. Favorite Quote- "We were the best I think we'll ever be, just you and me, for just a moment."-Cynthia Weil.

Jennifer Kaplan

Kori Kaufman-Roki, KBK, Mac, Kaufwoman-25 Andover Rd.- A.F.S.-9,10,11; Keyettes-9; Class Coun.-9,12; Chorus/Lyrics-9,10,11,12; Senior Class Play; Daisy/Weed Game. Favorite Quote-"Lately it occurs to me, what a long strange trip it's been."-Grateful Dead.

Kori Kaufman

David Kent-Satchmo, Dave-9 Westmoreland Ave.-N.H.S.-11,12; Jet Jotter-10,11,12(Sales Mgr., Managing Ed.); Ultimate Frisbee-11,12; Civil Air Patrol-10,11; CAP Color Guard-10,11. Favorite Quote-"You're wondering now what to do, now you know this is the end."-The Specials.

David Kent

Richard Kielbania

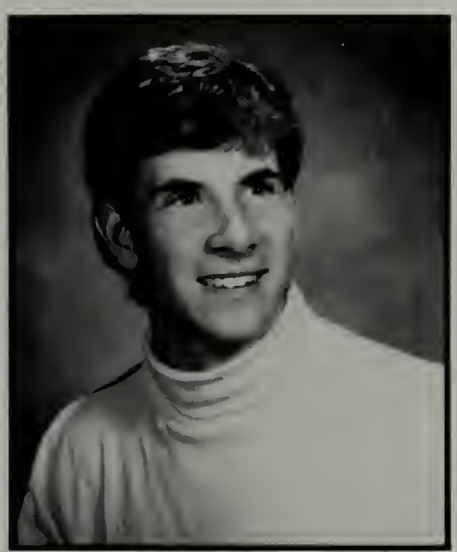
Richard Kielbania-Big R, R-55 Cherry Ln.-Key Club-9,10,11,12; Impressions-12; S.A.D.D.-12; Football-9,11; Indoor Track-10,12; Track-9,10,11,12; Junior Ach.-9,10; Volleyball-11,12; TFL-12; New Directions-12. Favorite Quote-"Time waits for no one, and it won't wait for you."-Mick Jagger.

Grayson Kimball

Grayson Kimball-Gray-400 Pinewood Dr.-Jet Jotter-12; TFL-12; JCC Basketball-9,10(Capt.),11,12. Favorite Quote-"We're just two lost souls swimming in a fish bowl, year after year ... "-Pink Floyd.

Bonnie Kittredge

Bonnie Kittredge-Bon, Bone, Bonedigger, Soncho, Bonji, Bon-Bon-54 Primrose Dr.-N.H.S.-11,12; Keyettes-9,10,11,12; Class Coun.-9(V.P.),10,11,12; S.A.D.D.-11,12; Daisy/Weed Game; Field Hockey-9,10,11,12(Capt.); Softball-9,10,11; Outing Club-12; Bus. Club-11,12; Volleyball-11,12. Favorite Quote-"L.H.S.-It's a great place to learn and it's ours."



Jason Lamb

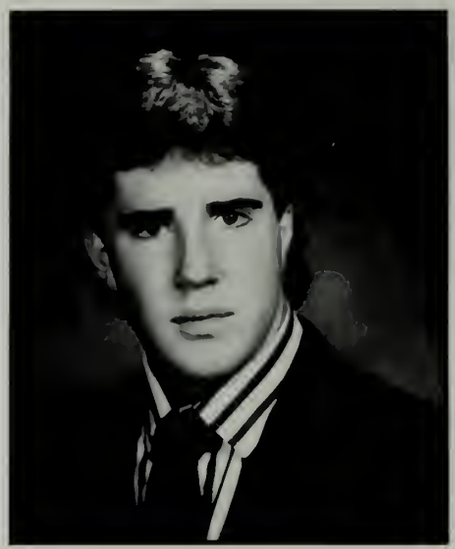
Jason Lamb-Lambo, Tri-Lambda-230 Sheffield Ave.-A.F.S.-9; Class Coun.-9,10,11,12; Jet Jotter-12; Rough Draft-12; Senior Class Play; Ultimate Frisbee-10,12; Samson AZA-10,11,12(Social Chairman, Memb.V.P.); Jr.Ach.-10. Favorite Quote-"The sun is the same in a relative way but you're older and shorter of breath and one day closer to death."-Pink Floyd.

John Landis

"You can't always get what you want, but if you try sometimes, you just might find ... you get what you need."
-Rolling Stones

John Landis-158 Coventry Ln.-N.H.S.-11,12; Key Club-9,10; Rough Draft-11,12; Impressions-12; Band-9,10,11,12; Orchestra-11,12; Jazz Band-11,12; Soccer-9,10,11(J.V.Capt.); Indoor Track-10,12; Track- 9,10,11,12; Jr.Ach.-10; Volleyball-11,12.

Brian Lawson-B, Big "B"-19 Wellesley Dr.-Daisy/ Weed Game; Football-9,11,12; Golf-9,10,11.



Brian Lawson

Karen Lee-90 Crestview Circle-N.H.S.-12; A.F.S.-9; Keyettes-9; Class Coun.-9,12; Yearbook-9,10,11,12(Copy Ed.); Jet Jotter-12; Rough Draft-12; S.A.D.D.-9,10; Chorus/Lyrics-9,10,11,12; Drama Club-9,10,11,12; Senior Class Play; Daisy/Weed Game; As Schools Match Wits-12. Favorite Quote-"Imagine all the people; living life in peace."-John Lennon.

Karen Lee

Donna Lendry-D.J., D.D., DJL- 265 Merriweather Dr.-Keyettes-9,10; Class Coun.-9,10,11,12; Senior Class Play; Daisy/Weed Game; Cheerleading-9,10,11,12; Variety Show-9; Usher-11.

Donna Lendry

Allison Levitz-Al, Alli, Buttercup-108 King Philip Dr.-N.H.S.-12; A.F.S.-9,10,12; Class Coun.-12; Yearbook-10,11,12; Chorus/Lyrics-9,10; Senior Class Play; Daisy/Weed Game; Mitzvah BBG-9,10,11(Treas.,Memb.V.P.); Ski Club-9,10,11. Favorite Quote-"Love is the lump in your throat when you say goodbye."

Allison Levitz

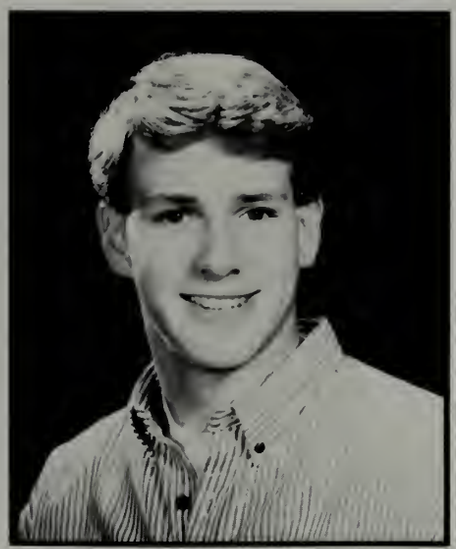
Aaron Lewis-32 Orlando St.-Chorus/Lyrics; Senior Class Play; Soccer-9,12; Variety Show-11,12; Battle of the Bands-11,12. Favorite Quote-"What a long strange trip it's been."-Grateful Dead.

Aaron Lewis

"I've seen the fire and I've seen rain,
I've seen sunny days that I thought would never end,
I've seen lonely times when I could not find a friend,
But I always thought that I'd see you again . . . "
-James Taylor

Barbara Loewenthal

Barbara Loewenthal-Barb, Barbie, Babs, Shnoz-79 Longview Dr.-Keyettes-10,11,12; Class Council-10,11,12; Jet Jotter-12; Senior Class Play; Daisy/Weed Game; Bus. Club-11.



Eric Long

Eric Long-Reeks- 110 Hopkins Pl.-Daisy/Weed Game; Soccer-9; Hockey-9; Baseball-9,10,11,12.

Tanisha Lyon

Tanisha Lyon-Nish-25 Ralph St.-Chorus-9,10; Lyrics-11,12; Rough Draft-10,11,12(Features Ed.); N.H.S.-11,12; Senior Class Play.

Stephanie Lyons

Stephanie Lyons-Steph, Skippy, Stephles, Stephonavich-14 Wendover Rd.-Keyettes-11,12; Class Council-9,10(Treas.),11,12; Senior Class Play; Daisy/Weed Game; Soccer-9,10,11,12(Capt.); Basketball-9,10,11,12(Capt.); Softball-9,10,11,12; Bus. Club-11; New Directions-12; Volleyball-11,12. Favorite Quote-"Yes, other hearts were broken, other dreams ran dry. But our golden ones sail on, sail on to another land beneath another sky."-James Taylor.

Michelle Madison

Michelle Madison-Meesh, Mich-900 Maple Rd.-N.H.S.-12; A.F.S.-9,10,11,12; Class Council-12; Rough Draft-12; Senior Class Play; Art-9,10,11,12; Art All State-11.

James Magovern

James Magovern-Jim-1124 Longmeadow St.-International Club-11,12(Treas.).

Colleges

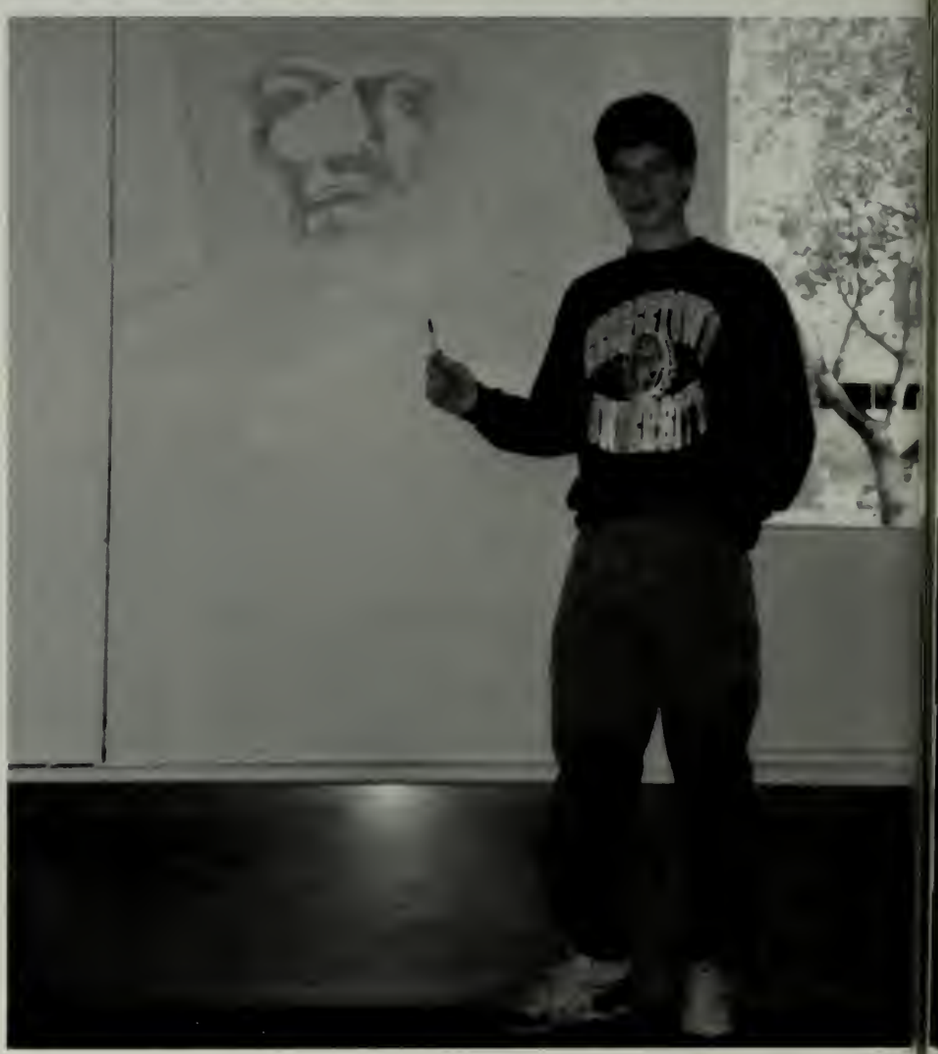
Deadlines to meet . . . 11:58 A.M. sprints to the mailbox in order to make the 12:00 P.M. postmark . . . redundant essays . . . monotonous forms . . . Hey!!! Isn't Senior year supposed to be a party?

Reality strikes. The college application process is a far cry from partytime. It is stressful, hectic, and all encompassing. Resumes await completion and recommendation requests, guidance meetings, and parents loom overhead.

But wait- positive result?!!! The Class of 1990 excitedly heads from Longmeadow High School toward diverse campuses across the country to pursue artistic, dramatic, scientific, legal, technical, and business interests at both public and private institutions.

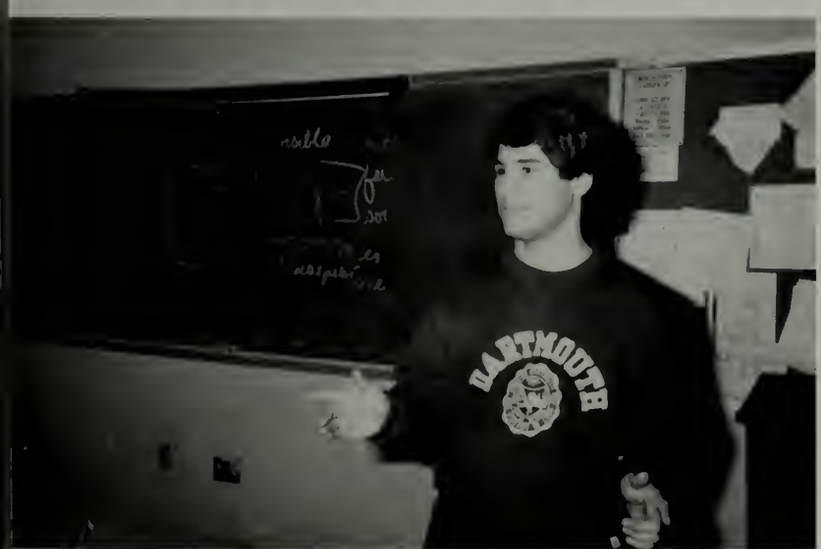
Once again, the Seniors have successfully finished the strenuous college application cycle. Now they are ready to enjoy the privileges of being a Senior at Longmeadow High School.

-Tammy Butler



Top- Vikki Quinlan and Tony Rodolakis hope to get into the colleges of their choice.

Right- Senior Gal Oron models the latest in the Georgetown line.



Top Left- **Allison** Levitz stands "In Retrospect" before graduating and heading for college.

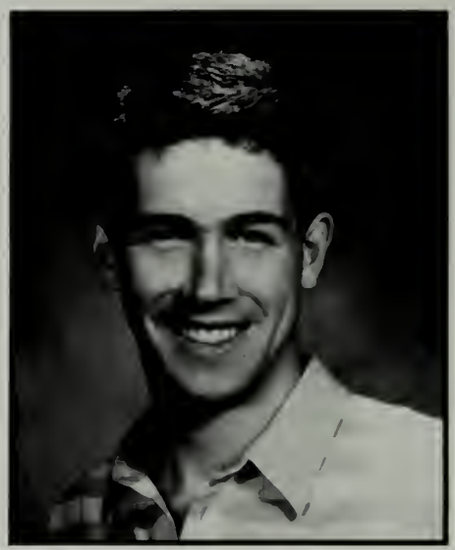
Top- **Angie Germino,** Jen Kaplan, Jason Martin, and Jo Bayley take time to relax before thinking about college applications.

Middle Left- **Matt** Edgerly and Chris Rogers make sure they look all right before their college interviews.

Above- **Those who** wear MIT sportswear do not want to be identified.

Left- **Lou Spelios** models the latest in Dartmouthwear.

Gary Martenson-114 Crescent Rd.-N.H.S.-11,12(Corr.Sec.); A.F.S.-10,11(V.P.),12(Pres.); Key Club-11,12(Memb.); Class Coun.-9,10,11,12(Comm.V.P.); Band-9; Senior Class Play; Soccer-9,10; Cross Country-11,12(Capt.); Track-9,10,11,12; Chinese Club-9,10,11,12(Pres.); Variety Show-11,12; New Directions-12. Favorite Quote-"We'll be together forever and never to part."-Rick Astley.

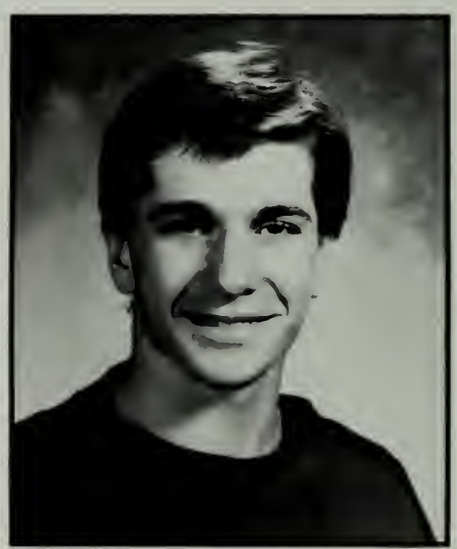


Gary Martenson

Jason Martin-84 Willow Brook Rd.

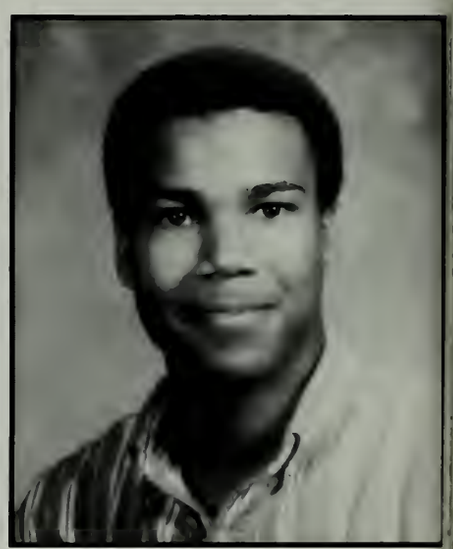
Jason Martin

Richard McCullough-225 Williamsburg Dr.



Richard McCullough

Kernaa McFarlin-Fern, Soulman-124 Greenmeadow Dr.-Key Club-9,10,11,12; Rough Draft-12; Senior Class Play; Track-11,12(Capt.); Variety Show-10,11,12; Ski Club-9,10; Intramural Sports-10,11,12(Capt.). Favorite Quote-"I'm of a mind that makes a movie."-Jack Nicholson.



Kernaa McFarlin

Michael McGuire-Gui-50 Chatham Rd.-Senior Class Play; Daisy/Weed Game; Swimming-9,10.

Michael McGuire

Daniel McLaughlin-Lauf, Flian, McManus, Freed, Douger, Mic-148 Westmoreland Ave.-Class Coun.-12. Football-9,10,11,12; Basketball-9,10; Lacrosse-10,11,12. Baseball-9(Capt.).

Daniel McLaughlin

Kevin McMahon

Kevin McMahon-18 Maple Rd.-A.F.S-10,11; Band-9,10; Chorus/Lyrics-11,12.

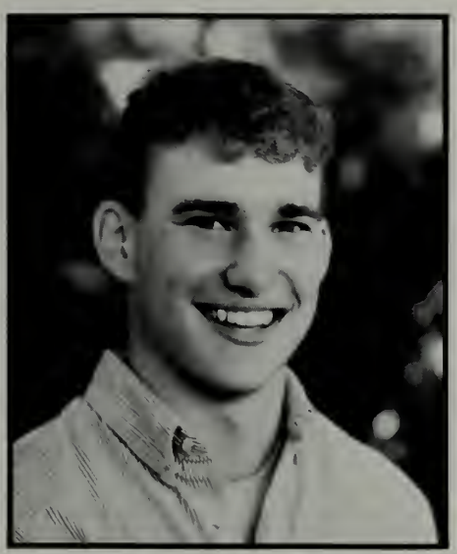
Jodi Meadows

Jodi Meadows-106 Westmoreland Ave.

No Photo Available

Jeramie Mercker

Jeramie Mercker-7 Llewellyn Pl.-A.F.S.-10,11,12.



Christopher Midura

Christopher Midura-Chris, Dura, Wagon-186 Brookwood Dr.-Class Coun.-9,12; Daisy/Weed Game; Football-9,10,11,12(Capt.); Basketball-9; Lacrosse-9,10,11,12(Capt.); Bus. Club-9,10,11,12; Volleyball-10,11,12. Favorite Quote-"I get by with a little help from my friends."-The Beatles.

Sarah Miller

Sarah Miller-Sare-236 Franklin Rd.-N.H.S.-12; A.F.S.-10,11,12; Class Coun.-12; Chorus/Lyrics-9,10; Drama Club-9; Senior Class Play; Daisy/Weed Game; Jr.Ach. Favorite Quote-"There is no bigger blessing than a friend who's there when good times aren't."

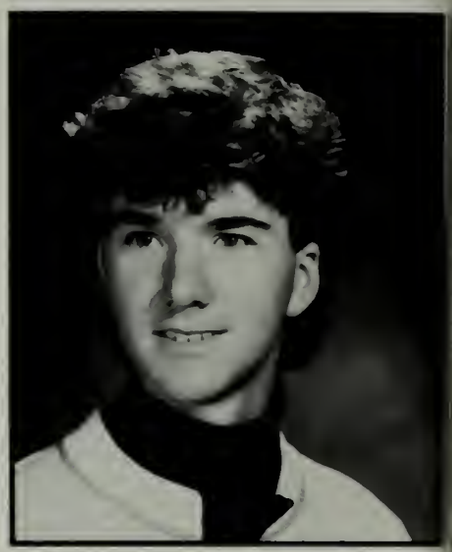
Lisa Mirkin

Lisa Mirkin-Li, Lis-ah, 230 Merriweather Dr.-Keyettes-9; Class Coun.-12; Senior Class Play; Daisy/Weed Game; BBG-9,10,11,12(Treas.,Pres.); Teen Committee-11,12.

Julie Mooradd-Mool-180 Converse St.-Senior Class Play; Daisy/Weed Game; Track-9,10,11,12; Outing Club-10. Favorite Quote-"Am I bugging you? I don't mean to bug you. O.K. Edge play the blues."-U2.

Julie Mooradd

Christopher Mott-Mottman, Mottsky, Squinto-45 Pinewood Dr.-Key Club-9; TFL-10,11,12; Ski Team-10,11,12. Favorite Quote-"Elvis is dead, but Hendrix is still alive and jamming in my basement."



Christopher Mott

Sunil Mukul-Sun, Sunny-32 Village Dr.

Sunil Mukul

Kathleen Murphy-Murf, Kat, Dr.Murphy-186 Viscount Rd.- A.F.S.-11,12; Keyettes-11,12(Parliamentarian); S.A.D.D.-12; Senior Class Play; Daisy/Weed Game; Bus.Club-10,11,12(Adv.Chairman); International Club-12; Chinese Club-11,12; Jr.Ach.-10(Adv.V.P.); Girl Scouts-10,11,12(Pres.).

Kathleen Murphy

Michael Murphy-199 Brookwood Dr.-N.H.S.-11,12; Football-9; TFL-10,11,12; Volleyball-10,12; Lacrosse-9,10,11,12(Capt.).

Michael Murphy

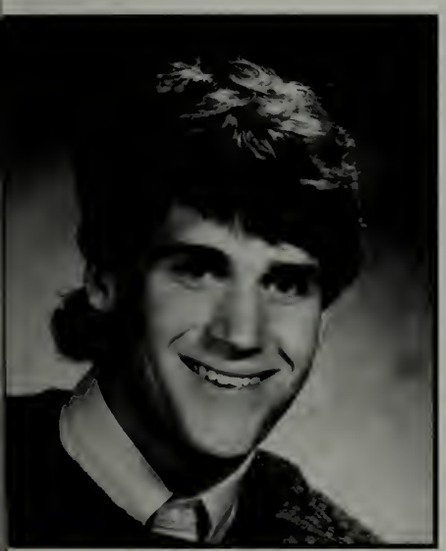
"I never look to far ahead-
That way I don't trip over small stones in front of 'em
Or get discouraged by the mountain ahead.
I only take one step at a time,
Look at my friends walking beside me,
And Smile — I'm always where I want to be."
-T. E. Flynn

Deborah Murray

Heather Murray

Deborah Murray-Debbie, Deb, Debsters-64 Barbara Ln.-N.H.S.-12; A.F.S.-9, 10, 11, 12 (Treas.); Keyettes-10; Class Coun.-9, 10, 11, 12; Yearbook-9, 10, 11 (Bus. Ed.), 12; S.A.D.D.-9; Drama Club-9, 10; Senior Class Play; Daisy/Weed Game; Ski Club-10, 11, 12; New Directions-12; Jr.Ach.-10 (Pres.); PULL-12; Baseball Stats-11, 12.

Heather Murray-Heath bar, Murraymon, Bugs-18 South Park Ave.-Class Coun.-9, 10, 11, 12; Jet Jotter-12; Senior Class Play; Daisy/Weed Game; Ski Team-9, 10, 11, 12; Lacrosse-9, 10 (Capt.), 11, 12. Favorite Quote-"Let's swim to the moon, let's climb through the tide, penetrate the evenin' that the city sleeps to hide . . . "-The Doors.



Crist Myers

Christina Napoli

Crist Myers-246 Colony Rd.-Class Coun.-9, 10, 11, 12; Soccer-9; Football-10, 11, 12; Ski Team-11, 12. Favorite Quote-"If the sun refused to shine, I would still be loving you. If the mountains crumble to the sea, there would still be you and me."-Led Zeppelin.

Christina Napoli-Chris, Christmas, Clue-32 Brookwood Dr.-Key Club-10, 11, 12; Senior Class Play; Daisy/Weed Game-12; Soccer-9, 10, 11, 12; Swimming-9, 10; Softball-9, 10, 11, 12; Peer Ed.-10, 11, 12.

Maureen O'Donnell

"Farewell to you and the youth
I have spent with you. It was but
yesterday we met in a dream."
-Kahlil Gibran

Maureen O'Donnell-Mo, Moster, C.L.-289 Converse St.-Senior Class Play; Daisy/Weed Game. Favorite Quote-"Education is what's left over after you have forgotten everything you've learned."-Anonymous.

Anthony Ong-Tony, Tonger, Tone Loc, Bonger-Key Club-9; Class Coun.-10,11,12; Rough Draft-11,12; Senior Class Play; Ski Team-11,12; Tennis-9,10,11,12(Capt.); International Club-12; T.F.L.-11,12(Capt.); Volleyball-10,11,12; New Directions. Favorite Quote-"What comes around goes around."

Anthony Ong

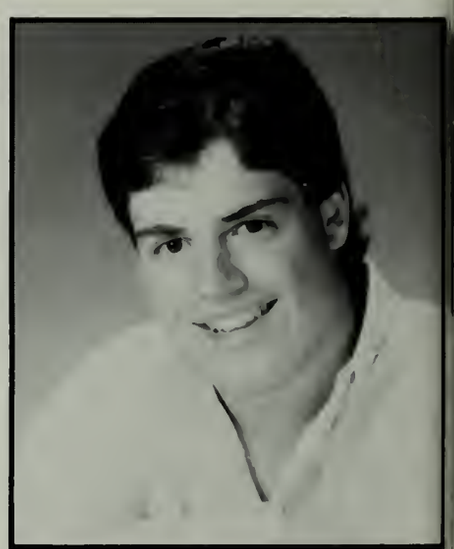
Rachel Orban-Rayster, Orbonjovi, Brewsky, Roach, Rosie-436 Pinewood Dr.-Rough Draft-12; Band-9,10,11,12; Jazz Band-11,12; Senior Class Play; Daisy/Weed Game; Soccer-9,10,12; Track-10; Outing Club-10; Ultimate Frisbee-12. Favorite Quote-"All we are is dust in the wind, Dudes."-Bill and Ted.

Rachel Orban

Gal Oron-195 Bel-Air Dr.-Key Club-9,10,11,12(Sr.Class Chairman); Senior Class Play; Track-11,12(Capt.); International Club-11,12(Exec.V.P.); Ski Club-10; Variety Show-12; Samson AZA-9,10,11(Chairman),12; Intramurals-10,11,12. Favorite Quote-"Truth is the daughter of time."

Gal Oron

Joseph Pacella-300 Mansion Dr.-N.H.S.-12; A.F.S.-9,10; Key Club-9,10,11,12(Sergeant-at-arms); Jet Jotter-9,10,11,12; Chorus/Lyrics-9,10,11,12; Drama Club-9,10; Senior Class Play-12, Football-9,10,11,12; Track-10; Racquetball-9,10,11,12; Ski Club-10,11,12.

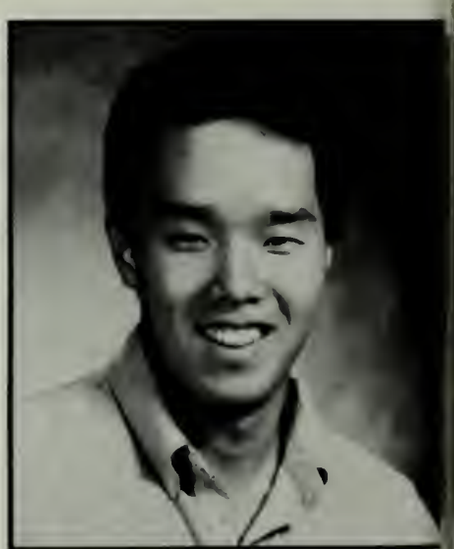


Joseph Pacella

Tracy Paczkowski-Felia, Trace, Patch-N.H.S.-12; Keyettes-9,10,11,12; Class Coun.-9,10(V.P.),11,12; Band-9; Senior Class Play; Daisy/Weed Game-12; Soccer-10; Volleyball-11,12; Chinese Club-9,10,11,12(Sec.).

Tracy Paczkowski

Christopher Park-Sushi-21 Shore Road-Key Club-11, 12(Sergeant-at-arms); Class Coun.-12; Rough Draft-12; Swimming-9,10,11,12; PULL-11,12; New Directions-12; Internship-11 Favorite Quote-"And I can see that this is me and I will be; you'll all see I'm the one."-Pete Townshend.



Christopher Park

Ilyse Passo

Elizabeth Patterson

Ilyse Passo-119 Field Rd.-Rough Draft-9,10,11,12(Ed.-in-chief); Impressions-11,12; Drama Club-9,10,11,12; Senior Class Play; Ultimate Frisbee-10,11,12; International Club-11,12(Sec.). Favorite Quote-"I want to come back as myself."-Ed Koch.

Elizabeth Patterson-Liz, Lizzie, Lizzie-Tish, Tish, Tishy, Patterson, Pats-40 Edgewood Ave.-A.F.S.-11,12; Chorus/Lyrics-9; Senior Class Play; Softball Stats-9; Peer Educating-12; New Directions-12; Dance Conservatory Repetory Company-9,10,11,12. Favorite Quote-"There's a world outside our door and nothing's in our way but if it's not what we're looking for, we'll meet again someday."-J.W.

David Perguidi

Jason Peskurich

David Perguidi-Guido-162 Cambridge Circle-A.F.S.-9; Football-9,10,11,12; Baseball-11,12.

Jason Peskurich-485 Maple Rd.

Jeff Peterson

The ideal is terrifying to behold, lost
as it is in the depth, small, isolated,
a pin-point, brilliant but threatened
on all sides by the dark forces that
surround it; nevertheless, no more in
danger than a star in the jaws
of the clouds.
-Victor Hugo

Jeff Peterson-Iulie-91 Wolf Swamp Rd.-Class Coun.-10,11,12; Senior Class Play; Daisy/Weed Game; Basketball-9,10,11,12; Baseball-9,10,11,12; Bus. Club-11,12; T.F.L.-10,11,12(Capt.).

David Poltack-Dogger, Dave, Pecos-59 Chatham Rd.-N.H.S.-12; Class Coun.-11(Treas.),12; Daisy/Weed Game; Football-9,10,11,12; Baseball-9,10,11,12; Ski Club-9,10,11,12.

David Poltack

Jennifer Price-Jenn-12 Hillcrest Ave.-Keyettes-9,10; Class Coun.-9,10,11,12; Impressions-10; Senior Class Play; Cheerleading-9,10,11,12(Capt.); Softball-9,10,11,12(Capt.); Peer Ed.-9,10,11. Favorite Quote-"I have roamed o'er many lands, many friends I've met; not one fair scene or kindly smile can this fond heart forget."

Jennifer Price

Jeffrey Quinlan-32 Terry Dr.-Q-Men's Chorus-9,10; Lyrics-11,12; Cantori-12; Key Club-9,10,11,12; International Club-10,11,12(V.P.); Debate Team-11; Young Democrats-11; A.F.S.-9,10; Drama Club-9,10,11,12; Variety Show-10,11,12(Director); As Schools Match Wits-12; Chess Club-9,10.

Jeffrey Quinlan

Victoria Quinlan-Vikki, Vicster, MB#2, Spud, Marge-32 Terry Dr.-A.F.S.-9; Class Coun.-9,12; Rough Draft-9,10,11,12(Art Ed.); S.A.D.D.-9; Band-9,10,11,12; Orchestra-11,12; Senior Class Play; Daisy/Weed Game; Track-9,10,11,12; Amnesty International-11. Favorite Quote-"Progress flies, into our lives we put hope in front of fear-we all need new frontiers."-Journey.

Victoria Quinlan

Jessica Rappaport-595 Laurel St.-N.H.S.-11,12; Keyettes-9,10,11,12(V.P.); Class Coun.-9,10,11,12; Senior Class Play; Daisy/Weed Game; Cross Country-10,11,12(Capt.); Volleyball-11,12; Track-9,10,11,12; Usher-11; Peer Ed.-10,11,12. Favorite Quote-"These are the times to remember, 'cause they will not last forever."-Billy Joel.

Jessica Rappaport

And it is still true,
no matter how old you are-
When you go out into the world,
it is best to hold hands and stick
together.
-Robert Fulghum

Matthew Reynolds

Matthew Reynolds-Matt, Dave-135 Woodside Dr.- Favorite Quote-"Experience is the best teacher. Figure it out for yourself and you will remember it better."-Anonymous.

No Photo Available

Kenneth Rinehart

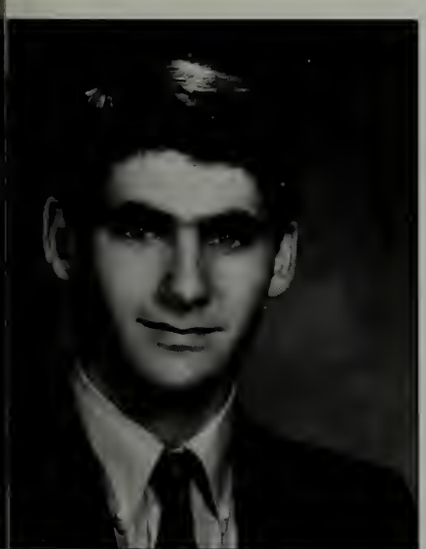
Kenneth Rinehart-Ken, K-Man-41 Northfield Rd.-A.F.S.-11; Key Club-9,10,11; Senior Class Play; Track-9,10,11,12; Outing Club-9.Favorite Quote-"Do on to others, before they do on to you!"-Lord Black, leader of the Men in Black.

Paul Ritchie

Paul Ritchie-Fish, Spuds, Mr.Pebody, Uncle Meat-33 Crest Ave.-Jet Jotter-10,12; S.A.D.D.-9; Band-9,10,11,12; Intramural Golf-9; Volleyball-9,10,11; T.F.L.-9,10. Favorite Quote-"I'm young, I'm wild, and I'm free.I've got the magic power of music in me!"-Triumph.

Rachel Roberts

Rachel Roberts-Rach, Roshe, Rochelle-115 Overbrook Rd.-N.H.S.-11,12; Class Coun.-9,10,11,12; S.A.D.D.-11,12; Chorus-9; Drama Club-10,11,12; Senior Class Play; Daisy/Weed Game; Cheerleading-10,11,12(Capt.); Community Theater-9,11,12. Favorite Quote-"You can't always get what you want, but if you try sometimes, you just might find, you get what you need."-The Rolling Stones.



Antony Rodolakis

Antony Rodolakis-Tony, Ton, T-Bone-17 Woolworth St.-N.H.S.-11,12;Key Club-9,10,11,12; Yearbook-10,11,12; Chess Team-9,10,11,12(Pres.); Band-9,10,11,12; Track-11,12; Brass Choir-9,10,11,12; Volleyball-10,11,12. Favorite Quote-"There has not been any great talent without an element of madness."-Seneca.

Christopher Rogers

Christopher Rogers-Chris-164 Wenonah Rd.-Key Club-9; Jet Jotter-10,11,12; Football-9,10,11; Basketball-9; Baseball-9; Track-10; Bus. Club-9,10,11(V.P.),12; International Club-9,10,11,12(Co-Pres.); T.F.L.-12; Volleyball-12. Favorite Quote-"We are the keepers of the flame of liberty."-Ronald Reagan.

Ralph Rogers-90 Wenonah Rd.-Key Club-9,10,11,12; Class Coun.-10,11,12(Treas.); Rough Draft-12; Chess Team-10,11,12; Band-9,10; Senior Class Play; Football-11,12; Track-9,10,11,12(Capt.); New Directions-12(Core group). Favorite Quote-"Keep on moving, don't look too far into the past, but don't forget where you came from. Appreciate what you have."

Ralph Rogers

Jodi Rosol-Jod, Hodiah - Pee-pee-77 Briarcliff Rd.-Keyettes-10,11,12; Class Coun.-9,10,11,12; Yearbook-12; Senior Class Play; Daisy/Weed Game; Volleyball-11,12.

Jodi Rosol

Kavita Sachdeva-8 Cambridge Circle-Soccer-9; Cross Country-10,11;Track and Field-10,11,12; Key Club-10,11,12; A.F.S.-11; Peer Ed.-11,12; Daisy-Weed Game; Senior Class Play.

Kavita Sachdeva

Mike Salwen-183 Wolf Swamp Road.

Mike Salwen

Leigh Sasen-Le Bon Bon, Fridge, Sazen-202 Academy Dr.-A.F.S.-10,11; Keyettes-9; Yearbook-11,12(Sen. Layout Ed.); Chorus-9,10,11,12; Senior Class Play; Daisy/Weed Game; France Club-10. Favorite Quote-"Just hear my story before I leave, before we write the end."-Duranduran.

Leigh Sasen

Lori Schafer-Wowi, Lori of the Biceps-716 Maple Rd.-N.H.S.-11,12;Key Club-10,11,12; Rough Draft-10,11; Impressions-9,10,11,12; Band-9,10,11,12; Chorus/Lyrics- 9,10,11,12; Drama Club; Senior Class Play; Daisy/Weed Game. Favorite Quote-"Let's just say I was testing the bounds of reality. I was curious to see what would happen."-Jim Morrison.

Lori Schafer

Kurt Schlueter

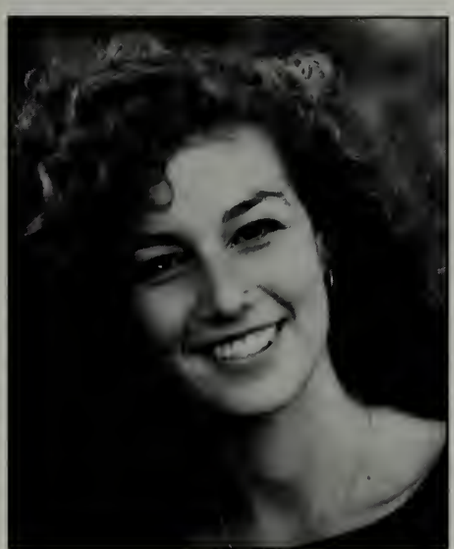
Kurt Schlueter-53 Arlington Rd.-A.F.S.-9,11,12; Key Club-9,10,11,12; Track-9,10,11,12; Volleyball-10,12; Indoor Track-12.

Jeffrey Schneider

Jeffrey Schneider-Jeff-179 Viscount Rd.-Wrestling-9; Outing Club-9; Samson AZA-9,10,11,12(Sec.,Pres.).

Micaela Schnitzler

Micaela Schnitzler-Mic,Trew-75 Cobblestone Rd.-N.H.S.-11,12; A.F.S.-9,10; Key Club-10,11,12; Impressions-10; Band-10,11,12; Outing Club-12; Diving Team-12.Favorite Quote-"The most beautiful thing we can experience is the mysterious."-Albert Einstei.



Alisa Schwartz

Alisa Schwartz-107 Green Hill Rd.

Dana Schweiger

Dana Schweiger-Ish,Schwigler-868 Frank Smith Rd.-Daisy/Weed Game;Internship-11,12; Ski Club-12; Peer Ed.-12.

Jennifer Schweiger

Jennifer Schweiger-Jenn,Schweig-man,Schwiggy-141 Englewood Rd.- N.H.S.-12; Keyettes-10,11,12; Class Council-9,10,11,12; Yearbook-11,12(Sen.Ind.Ed.); Senior Class Play; Daisy/Weed Game; Volleyball-11,12; Bus.Club-11.

Daisy-Weeds Game

Name one annual event where the Senior girls actually get up at 6:00 AM on a Saturday morning, and enjoy doing it. If you said the Daisy-Weeds Game, you are absolutely right. This year the girls awoke early to decorate their cars and faces, eat breakfast with their teams, and paint the wuzzleboard.

At the game, the Weeds in green played superbly all around, even intercepting the ball twice, a Daisy-Weeds first. Beth Stenstrom scored two touchdowns for the Weeds, and Erin Boutin ran for one. Kate Teahan and Nicole Carrier added the two-point conversions.

The Daisies in yellow were led by the efforts of Stephanie Lyons, the team quarterback. Jackie Joseph scored the one touchdown for the Daisies.

Even though the Weeds won **24-6**, both teams came together with the cheerleaders for a group "pig-pile" at the end of the game. The overwhelming spirit of both the Daisies and the Weeds reflected the excellent quality of the Class of 1990.

-Nicole Carrier

Top Right- The spirited Daisies, Eva Vanrossen, Laurie Sorrentino, Debbie Murray, Kavita Sachdev, Rania Sinos, Jo Bayley, and Kelly Herrala are having a blast at the Daisy-Weeds Game.

Middle Left- "Cheerleader" Tony Ong waits for his chance to strut his stuff.

Middle Right- Tough guys Jackie Joseph and Steph Lyons head down the field for a touchdow.

Below- The Cheerleaders show off their gorgeous legs while stretching out.

Top Left- Boom-chug-a-luga- clear the field- here come the charging cheerleaders!

Top Right- Weeds Liz Patterson, Heather Murray, Jess Sinsigalli, Bonnie Kittredg, and Erin Boutin rush to their coaches for some smart plays.

Middle Left- An amazed Julie Hoff watches her teammates run for a touchdown.

Above- Daisy coach Jason Sergentanis reviews the play as Bob Winkler shouts cheers of encouragement.

Left- Weed buddies Amy Weiler and Julie Mooradd brave the cold and continue to win the game.

Heather Schwerin-Swearin',Heather-Feather,Heth-260 Blueberry Hill Rd.-Key Club-9,10; Senior Class Play; Daisy/Weed Game; Diving Team-9; Baseball Stats-10,12; Ski Club-12.

Heather Schwerin

Harry Segall-136 Converse St.

Harry Segall

Crystal Seidel.

Crystal Seidel

Jason Sergentanis-Jay, Sarge-59 Northfield Rd.-Class Coun.-12; Daisy/Weed Game; Football-9,10,11,12; Volleyball-12; Ski Club-11,12; New Directions-12.

Jason Sergentanis

Adam Shatz-"Shatzer"-951 Longmeadow St.-N.H.S.-11,12; A.F.S.-10; Jet Jotter-10,11,12(Editorials Ed., Ed.-in-Chief); Impressions-11,12; Springfield Area Central America Project Activist 89-90-12. Favorite Quote-"Democracy isn't a spectator sport."-Abbie Hoffman.

Adam Shatz

Mara Shay-Marna Fay, McShay, Liggy-215 Converse St.-Senior Class Play; Daisy/Weed Game; Softball-9,10,11,12; Ski Club-12; Variety Show-12; Internship-12. Favorite Quote-"I've had the time of my life, it's the truth, and I owe it all to you."-Bill Medley and Jennifer Warren.

Mara Shay

Adam Sher

Adam Sher-208 Ellington Rd.-N.H.S.-11,12; Impressions-10,11,12(Ed.-in-Chief); Orchestra-9,10,11,12; Soccer-9,10,11,12. Favorite Quote-"De do do do de da da da."-The Police.

Michelle Sherman

Michelle Sherman-Sherm,Red-34 Cheshire Dr.-Keyettes-9; Class Coun.-9,10,11,12; Senior Class Play-12; Daisy/Weed Game-12; Cheerleading-9,10(Capt.),11,12; Tennis-9,10; Bus.Club-11,12.

Amy Shiraki

Amy Shiraki-132 Coventry Lane-N.H.S.-12; Tennis-10,11,12; Chinese Club-9,10,11,12.

Sammi Shore

Sammi Shore-Sam-100 Brookwood Dr.-A.F.S.-9,12; Keyettes-9; Class Coun.-9,10,12; S.A.D.D.-12; Senior Class Play; Daisy/Weed Game; Softball-9; Outing Club-9; International Club-12; B.B.Y.O.-9,10,12(Pres., V.P.); Rotary Exchange Student-Spain-11. Favorite Quote-"Smile although your smile's sad because sadder than your sad smile is the sadness of not knowing how to smile."-Yolanda.

Scott Simpson

Scott Simpson-Scotty-32 Village Dr.-Soccer-10,11; Wrestling-12; Baseball-10,11,12; Volleyball-11; T.F.L.-12.

Rania Sinos

Rania Sinos-Ra-7 Quinnehtuk Rd.-A.F.S.-9,10; Keyettes-9,10; Class Coun.-9,10,11,12; Jet Jotter-12; Rough Draft-10; S.A.D.D.-9; Senior Class Play; Daisy/Weed Game; Football Stats-12; Lacrosse-10; Outing Club-10; Lacrosse Stats-12. Favorite Quote-"Rania, what and how do you eat?"

Jessica Sinsigalli-Jess, Juice, S'galli-52 Twin Hills Dr.-Senior Class Play; Daisy/Weed Game; Football Stats-10; Soccer Stats-12; Swim Team-9,10,11,12(Capt.); Track-9. Favorite Quote-"I've discovered a way to stay friends forever-there's really nothing to it. I simply tell you what to do and you do it!"-Shel Silverstein.

Jessica Sinsigalli

Gregory Slachta-Schlota-9 Metacomet Rd.-A.F.S.-9; Chorus-9; Lyrics-10,11; Wrestling-9,10,11,12(Capt.).

Gregory Slachta

Jennifer Smith-Jen-325 Williams St.-N.H.S.-12; Horseback Riding and Showing-9,10,11,12. Favorite Quote-"Don't go where the path leads, rather go where there is no path and leave a trail."-Anonymous.

Jennifer Smith

Kimberly Smith-Kim-32 Osceola Lane-N.H.S.-11,12; A.F.S.-9,12; Keyettes-9,10,11,12(Shriners' Chairperson); Yearbook-11,12; S.A.D.D.-9,12; Chorus/Lyrics-9,10,11,12; Drama Club-9,10,11,12; Senior Class Play; Daisy/Weed Game; Mitzvah BBG-9,10,11,12; Internship-12. Favorite Quote-"What sunshine is to flowers, smiles are to humanity."-Addison.

Kimberly Smith

Laurie Sorrentino-Laur,Toni,Ex-Pookie-106 Glenbrook Lane-A.F.S.-10; Keyettes-9; Senior Class Play; Daisy/Weed Game; Gymnastics-9,10,11,12(Capt.); Ski Club-11,12. Favorite Quote-"...We'll worry when we get there. Let's take this day by day."-Anonymous.

Laurie Sorrentino

Louis Spelios-Lou-61 Leetewood Dr.-N.H.S.-12; Class Coun.-9(Pres.),10,11,12; Yearbook-9(Sports Ed.),10(Underclass Ed.),(Editor-in-Chief)-11,12; Student-Faculty Advisory Council-9,10,11,12; Regional School Advisory Committee-10,12. Favorite Quote-"Live free or die."-Motto, State of New Hampshire.

Louis Spelios

Dana Spivak

No Photo Available

John Steiner

Dana Spivak-61 Erskire Dr.-N.H.S.-11,12; Key Club-9,10,11,12(Sec.); Yearbook-9,10(Sports Ed.); Impressions-10,11,12; Band-10,11,12; Drama Club-10,12; Senior Class Play; International Club-11,12; France Club-9. Favorite Quote-"The world is full of cactus but we don't have to sit on it." -Salada tea.

John Steiner-112 Birnie Rd.

Beth Stenstrom

No Photo Available

Lloyd Sutton

Beth Stenstrom-Beeth,Stenny,Drool-71 Wyndwood Rd.-Class Coun.-11,12; Chorus/Lyrics-9,10; Drama Club-10,11,12; Senior Class Play; Daisy/Weed Game; Field Hockey-9,10,11,12; Bus. Club-11,12.

Lloyd Sutton-145 Willow Brook Rd.

Susan Szela

Don't you forget me . . . As you walk on by,
Will you call my name, or will you walk away?
-Simple Minds

Susan Szela-Sue,Suey-104 Williston Dr.-Soccer-9; Softball-10,11,12.

Jeffrey Talbot-Jeff-15 Prynnwood Rd.-Hockey-9,10,11,12; Lacrosse-10,11. Favorite Quote-"Live fast, die young."-Guns -n- Roses.

Jeffrey Talbot

Brett Tarr-Brettster,Cricket-65 York Dr.-N.H.S.-12; Key Club-9; Rough Draft-12; Impressions-9,10,11,12; Soccer-9,10,11,12. Favorite Quote-"Can't keep my mind from the circling skies, tongue tied and twisted just an earthbound misfit, I."-David Gilmour.

Brett Tarr

Katharine Teahan-Kate,Peahan,K.T.-122 Pleasantview Ave.-Keyettes-9,10,11,12; Class Coun.-9,10,11,12; Jet Jotter-11,12(Photo Ed.); S.A.D.D.-12; Senior Class Play; Daisy/Weed Game; Soccer-9,10; Basketball-9; Ski Team-10,11,12; Softball-9,10,11,12; Peer Ed.-10,11,12(School Rep.); New Directions-12. Favorite Quote-"Oz never gave nothin' to the Tin man that he didn't already have."-America.

Katharine Teahan

Ilana Teres-Yobanna,Lann-wanna,Stick,Tupanlih-147 Wheelmeadow Dr.-N.H.S.-11,12; Keyettes-9,10,11,12(Shriners' Chairperson); Rough Draft-9,10,11,12(Editorials Ed.); Senior Class Play; Daisy/Weed Game; Field Hockey-9,10,11,12; Track-9,10; Chinese Club-9,10,11,12(V.P.); Junior Ach.-10.

Ilana Teres

Tasha Tervalon-Ultra-Tas-118 Williamsburg Dr.-Key Club-10,11,12; Chorus/Lyrics-9,10,11,12; Drama Club-9,10,11,12; Senior Class Play; Daisy/Weed Game; International Club-11,12. Favorite Quote-"What is love? 2 souls and 1 flesh; friendship? 2 bodies and 1 soul."-Joseph Roux.

We will not anticipate the past;
so mind young people, -our retrospection
will be all to the future.
-The Rivals

Tasha Tervalon

Elaina Themistos

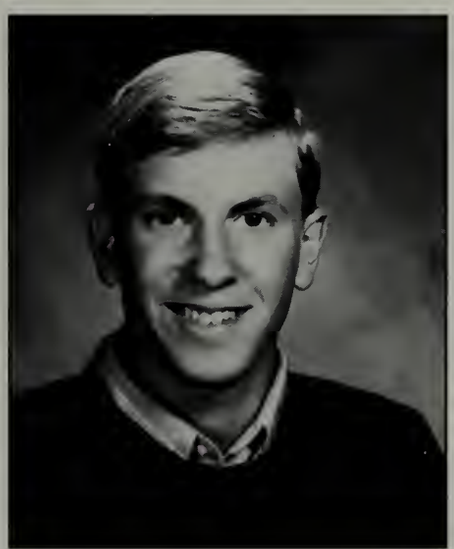
Elaina Themistos-Lane,Thelma-24 Knollwood Circle-Class Coun.-9,10,11,12; Yearbook-11,12; Rough Draft-12; Chorus/Lyrics-9,10; Drama Club-11,12; Senior Class Play; Daisy/Weed Game; Cheerleading-9,10; Volleyball-11,12; Peer Ed.-11,12; New Directions-12. Favorite Quote-"What a long strange trip it's been."-Grateful Dead.

Erin Thompson

Erin Thompson-Air'head'-719 Maple Rd.-A.F.S.-9,10,11,12; Chorus/Lyrics-9,10; Daisy/Weed Game. Favorite Quote-"Keep smiling, it makes people wonder what you have been up to."

Whitney Thompson

Whitney Thompson-Whit,Twit-667 Wolf Swamp Rd.-Internship-11,12; Peer Counseling-12; Daisy/Weed Game; Ski Club-12. Favorite Quote-"Standing on a hill in a mountain of dreams, telling myself it's not as hard, hard, hard as it seems."-Led Zeppelin.



Mark Titus

Mark Titus-165 Prynnwood Rd.-N.H.S.-11,12; Rough Draft-12; Band-9,10,11,12; Jazz Band-11,12; Soccer-9,10; Tennis-11,12. Favorite Quote-"It is better to look good than to feel good."-Billy Crystal.

Jennifer Tranghese

Jennifer Tranghese-Frack,Enifer-J,Jenny-84 Bel-Air Dr.-Chorus/Lyrics-9,10; Daisy/Weed Game; Nurse's Assistant-11,12;New Directions-12. Favorite Quote-"You don't know what you've got'til it's gone."

Joel Van Amberg

Joel Van Amberg-17 Arlington Rd.-N.H.S.-12; Key Club-9,10,11,12(Pres.); Rough Draft-12; International Club-10,11,12(Pres.). Favorite Quote-"Education, that which discloses to the wise and disguises from the foolish their lack of understanding."-Ambrose Bierce.

Rebecca Van Orden-Becca, Jawz, Boo, Bart, Frick, Amf-87 Massachusetts Ave.-Senior Class Play; Daisy/Weed Game; Variety Show-12. Favorite Quote-"There are two paths you can go by, but in the long run there's still time to change the road you're on."-Led Zeppelin.

Rebecca Van Orden

Mark Vannini-401 Inverness Lane-N.H.S.-12; Class Coun.-12; Rough Draft-11,12(Bus.Mgr.); Senior Class Play; Intramural Golf-9,10; Swim Team-9,10,11,12(Capt.); Ultimate Frisbee-10,11,12(Capt.). Favorite Quote-"Silence means security, silence means approval."-R.E.M.

Mark Vannini

Eva Vanrossen-88 Redfern Dr.-AFS-12; Cross Country-12.

Eva Vanrossen

John Varley-66 Metacomet Rd.-Senior Class Play; Track-9,10,11,12;Volleyball-11,12; TFL-11,12.

John Varley

Fred Vivenzio-80 Eunice Rd.

Fred Vivenzio

Carlie Wakeman-Wakes,Curlymon,Squakey,La Blonde-977 Longmeadow St.-Jet Jotter-10,11,12(News Ed.); Senior Class Play; Daisy/Weed Game; Ski Team-9,10,11,12(Capt.); Tennis-9,10,11,12. Favorite Quote-"What you want, baby I got. What you need, you know I got it."-Aretha Franklin.

Carlie Wakeman

Zachary Walen

Zachary Walen-Zack-75 Erskine Dr.-Chorus/Lyrics-12; Senior Class Play; Intramural Golf-9; Track-9,10,11; Outing Club-9. Favorite Quote-"Everybody's searching for something they say, I get my kicks on the way."-Pink Floyd.

Joseph Wallace

Joseph Wallace-Joe-48 Hillcrest Ave.-Chorus/Lyrics-12; Senior Class Play; Ski Team-10; Track-9,10. Favorite Quote-"Finally I understand/ the feelings of the few/ ashes and diamonds/ foe and friend/ we were all equal in the end."-Roger Waters.

Don Washington

Don Washington-Donny-60 Oxford Rd.-Daisy/Weed Game; Football-12.

Amy Weiler

Amy Weiler-Weileramos,Lamy-146 Twin Hills Dr.-Keyettes-9,10; Class Coun.-9,10,11,12; Senior Class Play; Daisy/Weed Game; Cheerleading-9,10(Capt.),11,12; Lacrosse-9,10,11,12. Favorite Quote-"What a long strange trip it's been."-Grateful Dead.

David Welker

David Welker-Lou-Keosk,Super Dave,Four-Six-451 Pinewood Dr.-N.H.S.-12; Class Coun.-9,10,11,12; Jet Jotter-10,11,12; TFL-11,12; Volleyball-10,11,12; Lacrosse-9,10,11,12; Peer Ed.-9,10,11,12. Favorite Quote-"And then one day you find ten years have got behind you, no one told you when to run, you missed the starting gun."-David Gilmour.

Robert Winkler

Robert Winkler-Bob,Bobbles,Winkie-46 Cambridge Circle-A.F.S.-12; Key Club-9,10,11,12; Class Coun.-9,10,11,12; Senior Class Play; Daisy/Weed Game; Football-9,10,11,12; Volleyball-10,11,12; Baseball-9,10,11,12; New Directions-12.

Stephen Yahres-Jurgis,Yarro-121 Tennyson Dr.-Senior Class Play; Daisy/Weed Game; Soccer-9; Basketball-9,10,11,12; Baseball-9,10,11,12; TFL-10,11,12(Capt.); New Directions-12.

Brian Zive-Sammy,Baz,Norm,Bear,Esam,Ziv-er-8 Avondale Rd.-N.H.S.-11,12; Samson AZA-9,10,11,12; New Directions-12; J.C.C.Basketball-9,10,11,12. Favorite Quote-"Don't hide what you feel inside, don't let anybody stand in your way."-David Coverdale.

Tobie-Lou Zuzgo-Skip,Mickadoo,Tob-27 Benedict Terr.-Daisy/Weed Game; Ski Club-12; Variety Show-12. Favorite Quote-" ... What we can envision we can achieve ... "

Keith Allison-104 Pinewood Hills.

In Retrospect
1986-1990

RETROSPECT-n. A looking back on things past.

Stephen Yahres

Brian Zive

Tobie-Lou Zuzgo

Keith Allison

Wheel of Fortune
Gary Hart/Donna Rice
Baby Jessica
The Crash-Black Monday
Yellowstone Fires
"Flo-Jo" Griffith Joyner
Robin Givins and Mike Tyson
Morton Downey Jr.
Donald Trump
Oprah's diet
U2
Iran-Contra hearings
Statue of Liberty
Jim and Tammy Baker
Rainman
George Bush

Soviet Armenia earthquake
Pan Am Fight 103
"Just Say No"
Abortion
Lucille Ball
Exxon Valdez
Great Quake of '89
Rolling Stones/The Who
Comeback tours
Lady Di and Fergie
Batman
Flag Burning
Pete Rose
Tiananmen Square
Berlin Wall

Senior Lounge

The Senior Lounge has long stood as one of the most eagerly anticipated upperclass traditions. Along with the Prom, Graduation, and the search for that elusive "perfect college," the Lounge epitomizes Senior status.

It was not until a month and a half after school began that the Senior Lounge finally opened. A group of students painted the room white, and eclectic and colorful furniture were magically transported from garages and attics. The haven from lowly Freshmen was ready for use. During the course of the year, Jeff Bye, the Senior class' resident artist, painted murals of famous people around the room, including portraits of such heroes as Jimi Hendrix, James Dean, Marilyn Monroe, Jim Morrison, and Eric Clapton.

Extra special care was taken of the Lounge, as shown by the organization of various clean-up crews and the postings of certain regulations for food and drink. In their effort to keep the room open, the Seniors have abided by the rules, and there is no danger of it being closed, now, or in the future. The hideout from all outside pressures is safe and waiting for future generations.

-Karen Lee

Top- Rick McCullough "gets the feeling" while drinking Coke in the Lounge.

Middle Left- Jen Smith discovers that studying can be fun when you're in the Lounge.

Middle Right- Rachel Roberts relaxes in the Lounge and enjoys her life as a Senior.

Left- Jessica Sinsigalli and Angie Germino can't believe that the Lounge is finally theirs!

Halloween Dance

All Hallow's Eve had passed by the time the annual Halloween Dance rolled around on November 4; judging from the turnout, however, everyone was still in the mood to dress up.

Once again, the dance was held at the Powder Mill Barn in Enfield, CT. At 8:00 PM, most of the Junior and Senior classes arrived in carpools, wearing all manner of creative costumes. Inside the Halloween-decorated barn, the strangely disguised students danced until midnight to the music spun by D.J. Kenny Light. The space was populated with every kind of creature, from clowns to hippies to cocktail waitresses, and even included such popular literary figures as Pippi Longstocking, the Cat in the Hat, and the Phantom of the Opera. Awards for the most original costumes were presented later on, with one going to David Grey as a spider and the other to Julie Mooradd as a bunch of grapes.

After the festivities ended, several people stayed behind with the class officers to clean the cavernous barn, while most drifted off in other people's cars to their respective parties. It certainly will be hard for next year's dance to live up to the standards set by this one.

-Karen Lee

Top- "This is one party we will never forget" say Seniors Rania Sinos and Sammy Shore.

Middle Left- Junior Deborah Hoffman felt tonight was a great opportunity to be a little devil.

Middle Right- Seniors Leigh Hooper and Kim Smith dance the night away.

Below- Seniors Jason Cunningham and Heather Murray prepare the unidentified pilot for his voyage.

Top Left- Senior Brianette Zive shows that Brunettes, not blondes, have more fun.

Top Right- Seniors Scott Simpson and Rebecca Van Orden are on parole so they can attend the Halloween Dance.

Above- Seniors Lisa Mirkin and Kim Battaini "clown" around at the Barn.

Left- Senior Rachel Orban, Juniors Beth Sibilia, Kara Lobello, and Senior Julie Mooradd don't want the night to end.

Candids

Above- **Pete Chapman** smiles in relief after taking a test.

Above Right- **Debbie** Murray abuses her Senior privileges by removing soda from the lounge.

Top Center- **Jessica** Rappaport looks forward to escaping high school.

Right- **Jason Sergentanis** thinks about all of the great times he has had at LHS.

Far Right- **Jim** McGovern relaxes in the Senior lounge with a copy of *The Rough Draft* in hand.

T op- Dave Perguidi observes the ongoings through the corner of his eye.

A bove- Kristen Garvey loves being able to spend her free time in the Senior lounge.

Sports In Spirit

Both the thrill of victory and the agony of defeat are commonly shared feelings for those who have participated in fall, winter, and spring sports. There are a variety of athletic activities available to students throughout the school year, ranging from gymnastics to lacrosse. When people participate in sports, they experience the excitement of competition with teams from the entire state of Massachusetts. They meet new people and form lasting frienships. Most importantly, they gain a sense of team spirit when they learn how to effectively work with other people toward a common goal: having fun. Sports add an important element to the students' overall high school education, and they provide participants with a sense of accomplishment.

-Patricia O'Rourke

L eft- "Kill the Eagles!" The cheerleaders' enthusiasm explodes as Longmeadow goes against Central.

B elow- Field hockey player Senior Jo Bayley catches her breath during half-time.

L eft- Freshman Stan Werth is painfully tackled by the opposition.

LHS		OPP
34	Minnechaug	16
26	Chicopee Comp.	6
20	Central	12
0	Northampton	28
21	Chicopee	22
32	Amherst	16
14	West Springfield	8
6	South Hadley	14
6	Greenfield	42
30	East Longmeadow	12

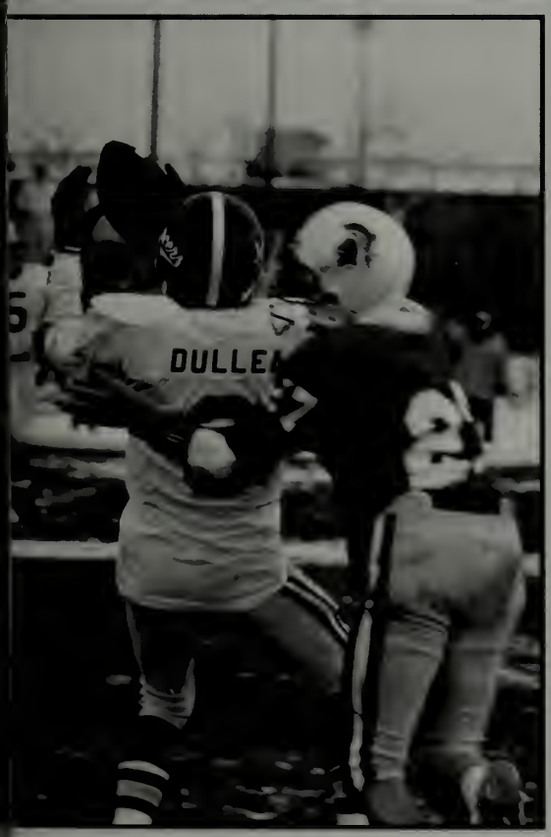
Varsity Season: **6-4**
J.V. Season: **5-3**

Top Left- Junior Henri O'Connor surges ahead for more Lancer yardage.

Top Right- Senior Bob Winkler puts one through the uprights.

Middle- Senior John Gray, runningback, was named to the All-league team.

Right- Sophomore Nick Lentino, Sophomore Jim Campbell, and Senior Dan McLaughlin are hungry for victory.



Strong Team Overcomes Setbacks

Football

The Varsity football team had a satisfying season this year with a record of **6-4**. Mr. Deary, the head coach of the team, felt that the Lancers had played very competitively, giving 100% in every game. Unfortunately, some setbacks occurred, due in large part to the high number of injuries this season, including that of Senior quarterback Matt Cullinan. Deary believed in training his team with direction and purpose. Challenging practices were used to ready everyone for the intensity of the field during the game. Deary stated, "I stress to my team to play their very best. I don't want my team members to walk off the field saying, 'I could have done this,' or, 'I should have done that.' All I ask is that they play to their potential." Coach Deary's words of wisdom inspired the Varsity team to give their greatest efforts and reach their goals.

Meanwhile, the Junior Varsity football team also had a consistent season with a record of **5-3**. Mr. Cogswell, who coached the J.V. team, stated that they played well this season. Although they ran into some problems in the offensive department, the defense more than made up for it with their extraordinary team-work, preventing their rivals from scoring in three out of eight games played. Cogswell described his team as "intense, hard hitting, and assertive" while playing on the field. The coach also found that they thrived from participating in the Varsity team's practices. Judging from the J.V. team's performance on the field, this conditioning paid off. Coach Cogswell would like in particular to commend the team captains Seth Goldberg and Brad Swords, as well as the entire defensive lineup, for a job well done.

The Freshman team had an outstanding season with a record of **6-1**. Coach Kane was very pleased with his team's work, and felt that this year's Freshmen had been well-trained for their future in J.V. and Varsity football. He believed that the entire team, both offensive and defensive, had worked together to succeed in their games. Coach Kane found that a combination of 35% drill work, according to positions, 50% scrimmaging, and 15% special team practice formed the winning combination. He told his players to "play hard and be aggressive,"and the results were excellent.

-Carolyn Zimmer

FRONT ROW: D. Washington, B. Winkler, J. Pacella, D. Mclaughlin, M. Cullinan, J. Bruns, C. Midura, J. Gray, B. Lawson,R. McCullough. **SECOND ROW:** M. Dullea, C. Hodges, R. Rogers, S. Goldberg, B. Axler, J. Sergentanis, C. Myers, D. Poltack, R. Brunette, D. Freed. **THIRD ROW:** C. Epstein, M. Sullivan, A. Boyajian, D. Perguidi, J. Kramer, S. Goldberg, D. Ramirez, Coach Deary. **FOURTH ROW:** C. Horn, G. Rogers, N. Lentino, S. Sandler,J. Cambell, B. Schara, M. Kotwicki, Coach Cogswell. **BACK ROW:** C. Barksdale, H. O'Connor, M. Cullinan, J. Roberts, B. Swords, J. Leonovich.

Above **Left- Team** leaders Senior Dave Poltack and Senior John Gray confer with Coach Deary about the game.

Left- **Senior Mike** Dullea pulls in the pass for a first down.

A bove- Senior Donny Washington leaves another opponent in the dust.

A bove Right- Junior Steve Sandler watches the game intensely.

R ight- Coach Kane and team come together in a tough moment.

FRESHMEN FRONT ROW: C. Gleason, B. Schmutz, B. Hulsebus, A. Diaz, D. Goldberg, A. Derosier. **SECOND ROW:** D. Cutting, R. Shih, A. Sokolov, G. Veratti, G. Macdonald, M. Arnold. **THIRD ROW:** E. Martenson, A. Baldwin, J. Friedberg, D. Sandler, M. Smith, T. Derose, S. Watanabe, P. Kloster, J. Colloton, M. Cerasa. **BACK ROW:** Coach St. George, S. Werth, D. Szczepanek, D. Barron, T. Sutton, Coach Kane, Coach White.

LHS		OPP
34	Minnechaug	0
28	Chicopee Comp.	6
28	Northampton	16
28	Chicopee	6
28	West Springfield	12
0	Westfield	15
36	Northampton	6

Season: **6-1**

Top- **Freshmen Michael** Arnold and Dave Szczepanek run to make the tackle.

Middle- **The Lancers** fight for a loose ball.

Left- **Freshman Marc** Cerasa kicks off as Freshmen Soch Watanabe and Anthony Derosier charge downfield.

J.V.- **FRONT ROW:** M. Shaw, R. Martin, S. McCall, J. Borek. **MIDDLE ROW:** J. David, J. Hatch, P. Illouz, G. Bibeau, J. Occhiuti, J. Minardi, B. House, D. Collings, M. Gottfried. **BACK ROW:** Coach Leblanc, B. Gaynor, J. Campbell, J. Aigen, A. McKenzie, B. Laffie, J. Adelson, B. Sarnoff, J. Huot.

LHS		OPP
1	Westfield	0
2	Northampton	2
1	Agawam	1
0	Chicopee	5
1	West Springfield	1
3	Minnechaug	1
3	Amherst	3
1	Holyoke	3
1	Minnechaug	0
3	East Longmeadow	5
2	Chicopee Comp.	2
1	Ludlow	2
0	Northampton	0
0	Cathedral	4
1	Chicopee	3
0	Central	0

Varsity Season: **3-6-7**
J.V. Season: **3-9-4**

Top Right- J.V. assist leader Sophomore Jason Borek dribbles the ball down field.

Middle- Junior Sean Moynahan looks upfield for someone to pass to.

Right- Junior Forward Tony Rousou is tied for team leader in assists, with three total.

A Good Season

Boys Soccer

The Longmeadow Boys Varsity Soccer team, coached by Ron Morrisette, ended the season with a record of **3-6-7**. Exceptional players on the team included Matt Edgerly, Sean Moynahan, Chris Martinelli, Brad Miller, and goalie Seth Shomes. Despite an injury at the end of the season, Matt led the team in scoring with seven goals. With eighteen players returning, much talent remains in the boys' program.

Roger LeBlanc coached the Junior Varsity team, which had a record of **4-8-2**. Tri-captains Jason Borek, Steve McCall, and Matt Shaw led the team. Leading scorer Mike Gottfried powered the offense, while goalie Ryan Martin and fullback Mark Simon led the defense. We can expect many of these talenped players to be on the Varsity team next year.

The Freshman Boys soccer team, coached by Mr. Delano, had a wonderful record of **8-6**. Skilled players included centerhalf Todd O'Rourke and goalie Michael Shore. Nathan Grenier, Marc Magee, and Chris Bayley also contributed much to the team.

Judging from the talent displayed on all three teams this year, the boys soccer program is looking toward a bright future.

-Tammy Butler

VARSITY FRONT ROW: M. Dullea, B. Tarr, L. Cardaropoli, M. Edgerly, A. Sher, A. Lewis, B. Burke. **MIDDLE ROW:** J. Puzzuto, D. O'Rourke, C. Reynolds, A. Lovell, D. Youmell, J. Bennett, J. Ashe. **BACK ROW:** S. Shomes, J. Glenn, B. Miller, N. Lagunowich, S. Moynahan, E. Godek, K. Chang, C. Martinelli, T. Rousou, C. Leonard, Coach Morrisette, Coach Lasgo.

Left-Freshman Chris Bayley practices his skills.

FRESHMAN FRONT ROW- Coach Delano, M. Magee, F. Mayock, N. Grenier, C. Sakellis, L. Rousou, D. Kimball, M. Degon, M. Kittredge, Z. Stillerman, C. Baker. **BACK ROW-** T. O'Rourke, N. Grover, C. Bayley, M. Anzolloti, L. Peter, A. Kaplan, C. Shapiro, R. Tarr, D. Dambrov, M. Shore.

A bove Right- Junior Seth Shomes shows why he started this year as the Varsity goalie.

R ight- Sophomore Kevin Reynolds takes the ball down field.

LHS		OPP
3	West Springfield	2
1	West Springfield	5
7	Holyoke	2
6	Minnechaug	11
2	Holyoke	1
1	Holyoke	1

Freshman Season: **3-2-1**

R ight- Senior Nicole Carrier was one of the scorers in this 6-0 romp over Belchertown.

LHS		OPP
W/F	Westfield	L/F
0	Agawam	2
5	Chicopee	1
1	Minnechaug	2
2	Ludlow	4
6	Holyoke	0
2	Minnechaug	3
W/F	East Longmeadow	L/F
W/F	Chicopee Comp.	L/F
2	Cathedral	0
W/F	East Longmeadow	L/F
4	Chicopee	1

Freshman Season: 8-4

Left- Senior Fullback Matt Edgerly lead the Lancer offense with seven goals and two assists.

FRESHMAN- FRONT ROW: E. Sorrell, C. Sullivan, N. Edgerly, S. Morin, J. Leaderman, B. Rowland, J. Phaneuf, W. Bennett, J. Kowarsky. **BACK ROW:** Coach Maestas, S. Dibble, J. Poltack, T. Pelletier, K. McLaughlin, K. Friedenson, A. Shine, B. Leonard, H. Harbison, J. Rodger.

Middle Left- Senior Captains Angie Germino and Steph Lyons were the center of the Lancer defense. Coach McCarthy comments "They have given us steady, dependable, and when necessary, brilliant play."

Left- Sophomore Perrin Cothran shows us her defensive skills.

J.V.- **FRONT ROW:** C. Bullock, N. Herman, J. Fletcher, A. Sisitsky. **MIDDLE ROW:** K. Elman, J. Bucalo, G. Delano, P. Cothran, T. Barkman. **BACK ROW:** E. Hoffman, C. Heaphy, M. Green, A. Gelinas, J. Hayes, A. Magill, Coach Kotwicki.

LHS		OPP
4	Easthampton	0
2	Holyoke Catholic	0
6	Belchertown	0
3	Holyoke Catholic	1
5	Hopkins	0
5	Amherst	1
5	Monson	1
3	South Hadley	1
7	Granby	1
5	Easthampton	0
4	Monson	2
4	St. Mary's	1
3	Cathedral	0
5	Ware	1
2	West Springfield	1
5	Amherst	1

Varsity Season: **16-0**
J.V. Season: **12-2-1**

Top **Right-Junior** Margie Sylvia charges the ball as Seniors Erin Boutin and Cristina Napoli pursue.

Middle-Junior **Laura** Heaps, second on the team with seven assists, kicks the ball.

Right-Freshman **Heidi** Harbison steals the ball.

Sweet 16

Girls Soccer

This year, The Varsity Girls Soccer team boasted an undefeated season, with a record of **16-0**. The team lost to Westfield at the championship tournament 1-0, in a shootout which followed seven overtimes. Coach McCarthy and Senior tri-captains Stephanie Lyons, Angie Germino, and Andrea Engelman led the team to success. Key offensive players in the incredibly quick front line included Rachel LeDuc, Catherine Egan, Tina Bromley and Laura Heaps, with Rachel LeDuc as the league and team leader in scoring. Kim VanGaasbeck, at centerhalf, provided the team with a solid midfield. A strong defense consisted of experienced goalie Angie Germino and fullbacks Andrea Engelman, Stephanie Lyons, and Tammy Butler. Coach McCarthy, who is retiring as coach this year, has made the team a Division II threat. Next year the girls are moving up to Division I, and they're ready after upsetting Cathedral and West Side. With many talented players returning, the girls team hopes to have a successful season next year as well.

The Junior Varsity Team, coached by Joanne Kotwicki, also had an exceptional season. Captains Mara Green and Jen Bucalo led the team to a **12-2-1** record. Taryn Barkman was the team's leading scorer, while fullback Gretchen Delano and goalie Aimee Gelinas were key players in the team's defense. Many of the skilled J.V. players will be returning next year as essential parts of the Varsity team.

The Freshman girls team, coached by Mr. Maestas, finished the season with a respectable **3-5-2**. Captains Julie Poltack and Elana Sorrell, along with Beth Leonard, Natalie Edgerly, and Heidi Harbison were major contributors to the team.

With such skilled players on these teams, the girls soccer program should remain a major force in high school athletics in the future.

-Tammy Butler

VARSITY- FRONT ROW: R. Orban, C. Napoli, A. Engelman, A. Germino, S. Lyons, E. Boutin, N. Carrier. **MIDDLE ROW:** D. Drummey, T. Bromley, B. Sibilia, L. Heaps, E. Dullea, R. LeDuc, K. Ryczek. **BACK ROW:** Coach McCarthy, K. Grambach, C. Egan, L. Hayes, T. Butler, K. VanGaasbeck, J. Friedman, J. Stevens.

Left- Junior Tammy Butler, center halfback, was one of five Lancer girls to start every game this season.

J.V.- **FRONT ROW:** A. Grodsky, L. Ingis. **MIDDLE ROW-** J. Mendelson, S. Shatz, K. Gagne, B. Sheehan, C. Bergeron, K Cartelli, B. Atkins. **BACK ROW:** Coach Hawker, H. Mouchintat, . Mouchintat, W. Harrelson, L. Christie, D. Santoro, H. Quinn, M. Toole, M. Hennesey, A. Boyajian, P. Golkar, Coach Nedjoinka.

LHS		OPP
6	Westfield	0
2	Agawam	0
1	Gateway	0
0	Southwick	1
0	East Longmeadow	1
2	West Springfield	0
0	Minnechaug	2
0	Westfield	0
3	Agawam	0
3	Pioneer	0
2	Southwick	2
2	East Longmeadow	0
4	West Springfield	0
1	Minnechaug	0

Varsity Season: **9-3-2**
J.V. Season: **3-5-3**

Top Right- **Junior** Chrissy Dolce, described by Coach Simons as "an excellent, all-around defensive player," hits the ball down the field to an awaiting offensive player.

Middle- **With solid** effort, Senior Beth Stenstrom charges the ball passing three opposing team members.

Right- **Four year** field hockey veteran, Senior Jo Bayley ends the season with eight goals and five assists, second on the team.

Eight Consecutive Winning Seasons

Field Hockey

If you happened to walk by the field that the Varsity Field Hockey team played on, you may have heard said, "she who has the will to win cannot be beaten." This motto pulled the Varsity team through a great season with a record of **9-3-2**. The Lancers continued a tradition that started eight years ago by winning their way to the Western Massachusetts Tournament, although they lost to Frontier in the first game.

Junior Elizabeth Lynn felt that the season went very well, noting that "We were a little shaky in the middle of the season, but we worked hard and played incredibly as the tournament date got closer." There were many outstanding team members who led the Lancers to success late in the season. Senior Captain Jackie Joseph was the leading scorer with 10 goals and 7 assists. Senior Captain Jo Bayley also had an excellent record with 8 goals and 5 assists. Sophomore goalie Emily Lord led the league in shutouts with 10, and she had 18 saves in each of three games. Other key players included Senior Captain Bonnie Kittredge and Senior Beth Stenstrom who was the most consistent player on the team.

Coach Ann Simons is proud of the Lancers' quest for success, and is especially proud of them for tying their biggest rival, Southwick, at the end of the season.

The Junior Varsity Field Hockey team also had a fine season, with a record of **3-5-3**. Outstanding members included Freshman halfback Lyndsey Christie, Sophomore Jenny Mendelson, and Sophomore halfback Amy Grodsky. Coach Hawker feels that the team played well as a whole and that they improved with every game.

Both teams had great seasons, and with the many talented players returning next year, the Lancers should be as successful as they were this year.

-Patricia O'Rourke

VARSITY- FRONT ROW: B. Kittredge, J. Bayley, J. Joseph. **MIDDLE ROW:** I. Teres, L. Cerasa, E. Lynn, B. Stenstrom, N. Santoro. **BACK ROW:** Coach Simons, C. Dolce, M. Lawrence, A. Walker, L. Cooney, K. Pelletier, R. Stone, E. Lord.

Top- With the finesse she is known for, Junior Liz Lynn drives the ball toward the goal.

Left- Top Scorer, Senior Captain Jackie Joseph, with 10 goals and 7 assists, flicks the ball for another goal.

LHS		OPP
100.3	Amherst	117
102.45	Minnechaug	95.5
102.45	Pittsfield	109
94.9	South Hadley	107
94.9	Cathedral	118
104.6	Westfield	104.5
104.6	West Springfield	96
100.95	Minnechaug	101
100.95	Amherst	115
101.2	Pittsfield	109
101.2	South Hadley	103
101.8	Westfield	105

Season: **3-9**

A bove- Junior Dana Raymond works on her form.

T op Right- Freshman Carlie Friedman anticipates her routine.

R ight- Senior Laurie Sorrentino captained the Girls Gymnastics team.

A Season in the Balance

Gymnastics

Senior captain Laurie Sorrentino felt that the Longmeadow High School gymnastics team did well, considering that they lost Seniors from last year's team and that the majority of the gymnasts consisted of Freshmen. Although they ended their season with a record of **3-9**, Laurie felt that "They had really good spirit. They stuck together, and they're going to go places in the the future. They really have good potential." During the season, teammates such as Junior Traci Marchese, Sophomore Jen Lak, Freshmen Amy Thomas, Lara Slachta, and Melissa Orenstein worked their way to the top. The team remembered most vividly their meet against West Springfield and Cathedral, in which they scored 105.9 points, their highest of the season. The gymnasts had set this feat as their goal and pulled together to reach it. Coached by Harvey Stockham-mer, with help from Assistant Coach Michelle Geiss, the eleven girls worked hard, and their sisterhood and dedication to the sport were important assets to the team. Jen also sensed that everyone had a "positive attitude which helped us throughout the year." Each gymnast gave their all in order to succeed. As Jen put it, "We did our best."

-Michelle Marcoe

FRONT ROW: Coach Stockhammer, J. Lak, B. Kenney, C. Friedman, L. Kuhn, A. Thomas, T. Marchese, L. Slachta. **BACK ROW:** M. Orenstein, L. Sorrentino, D. Raymond, H. Haen.

Top- Freshman Melissa Orenstein does her routine on the uneven parallel bars.

Left- Freshman Amy Thomas shows us her vault.

LHS		OPP
48	Cathedral	19
W/F	Chicopee Comp.	L/F
W/F	Holyoke	L/F
36	Northampton	20
19	East Longmeadow	44
19	Central	44
23	Minnechaug	38
19	East Longmeadow	45
26	Belchertown	30
22	West Springfield	35
W/F	Chicopee	L/F
28	Westfield	27
44	Amherst	17

Season: **7-6**

Above- **Sophomore Michelle** Lewis passes the one mile mark, leaving only 2.1 miles to go.

Top Middle- **Junior** Nancy MacElhiney runs the Western Mass. course where she placed in the top 15 of Division .

Right- **Sophomore Valerie** Ormsby puts it into high gear.

Right Middle- **Freshman** Lauren Buchanan struggles along our home course on Old Mill Roa.

Far Right- **The** only Freshman from Longmeadow to make it to Western Mass., Jessica Roche tackles the difficult course.

Passing the Mile Mark

Girls Cross Country

The Girls Cross Country team had a hard time throughout the course of the season due to a high number of injuries that occurred. Despite this setback, however, the team managed to pull through with a commendable record of 7-6. Junior Nancy MacElhiney, one of the co-captains of the team, stated, "We were lacking because of injuries, but managed to have a good season anyway. We owe a great deal to our coach Leanne Pennington." Junior Kelly Daisley, the other co-captain, agreed: "We did much better than last season, and had a lot of strong runners this year." In particular, Daisley and MacElhiney commended Junior Joey Lepow, Sophomores Michelle Lewis and Valerie Ormsby, and Freshman Zoe Robertson for their hard work and success during the season. Daisley and MacElhiney described their team as "good-natured, supportive, hard-working, cooperative, and dedicated," but they admitted that they went up against some very tough rivals, namely Northampton, Cathedral, and Amherst.

The Cross Country coach, Leanne Pennington, used two types of training during practices: long-distance running around Longmeadow and short, intense workouts. According to Daisley, Pennington stressed that "It's important to try your best, but having fun is important, too." These insights boosted the morale of the Girls Cross Country team, causing them to be very successful, reaching many of their goals.

-Carolyn Zimmer

FRONT ROW: M. Delong, J. Rappaport, V. Ormsby, L. Rappaport, Z. Robertson, M. Lewis. **BACK ROW:** Coach Pennington, K. Daisley, E. Vanrossen, L. Buchanan, J. Roche, J. Lepow, N. MacElhiney.

Top- Sophomore Valerie Ormsby leads the pack at Western Mass. where she received one of her best times of the year.

Middle- Junior Joey Lepow makes a comeback after suffering from severe shi splints early in the season.

LHS		OPP
24	West Springfield	33
29	Chicopee	26
24	Central	33
24	Minnechaug	33
24	Chicopee Comp.	30
24	Westfield	32
25	Northampton	30
25	East Longmeadow	30
28	East Longmeadow	27
44	Amherst	17
44	Cathedral	17
24	Holyoke	33
17	Belchertown	44

Season: **9-4**

Top- **"Follow me** if you can" thinks Junior Steve Lin to fellow fellow teammates Sophomore Mark Sedran, and Freshman Pete McPartland.

Right- **"Will this** race ever end?" Senior Rich Balakier wonders.

Far right- **Junior** Brian Srebnick pushes it over a difficult course at Northampton Mountain.

Going the Distance

Boys Cross Country

On the front wall of coach Gregg Reilly's classroom, there is a bumper sticker bearing the slogan, "No Guts, No Glory." This maxim perfectly describes the attitude of the 1989 Boys Cross Country team. The members of the team had to make many sacrifices to increase their long distance running times, but their efforts were rewarded with a successful season. With a **9-4** record, cross country made the best showing out of all the boys fall sports. In attaining their tenth straight winning season, Longmeadow finished third in the ten team Division I Valley League.

Nineteen-Eighty Nine was Mr. Reilly's first year as the cross country coach. He had inherited a team from which five out of last year's top six runners had graduated. This did not stop him from continuing to build LHS into a Western Mass. powerhouse. Led by All Western Mass. Gary Martenson, the team prospered. Gary, one of the team's two captains, finished fourth among Western Mass. Seniors and was the first Lancer in years to qualify for the state meet. Other runners who excelled during the season were Senior Rich Balakier, Juniors Jon Willse and co-captain Jason Nietupski, and Mike Gregorski, the number three Sophomore in Western Mass.

From its victory over Westfield at the beginning of the season to its concluding demolition of Northampton and Holyoke, the Boys Cross Country team was covered with success. This success can be traced to the hard work and dedication of not only the runners but of Coach Reilly as well. Because of this great effort, the team will likely enjoy many more winning seasons.

-David Lee

FRONT ROW: P. Rogeness, M. Gregorski, P. Smolowitz, J. Delong, C. Boucher. **MIDDLE ROW:** R. Ray, A. Orenstein, J. Willse, D. Lee, M. Sedran, J. Nietupski. **BACK ROW:** Coach Reilly, Gary Martenson, P. McPartland, S. Lin, B. Srebnick, R. Balakier, B. Neeld.

Top- With a time of 15:50, Senior Gary Martenson was the first runner from Longmeadow to make states in five years.

Left- Sophomore Michael Gregorski, Juniors John Willse, and Jason Nietupski begin to pull ahead of the pack.

J.V.- FRONT ROW: L. Roberts, S. Herd, M. Scrivano, K. Winkler, L. LeClaire. **BACK ROW:** A. Manning, D. Cox, Coach Brunco, J. Chrzan.

A bove- Senior Amy Weiler charms the crowd with her smile.

T op Right- Senior Varsity Captains Rachel Roberts and Jenn Price wear their helmets with Lancer spirit.

M iddle Right- Varsity demonstrates their Super Spirit Pyramid.

L eft- The J.V. squad does the Step Mount.

Climbing to New Heights

Cheerleading

For the '89-'90 Varsity squad, cheerleading meant new friendships and hard, but productive work. Led by Senior captains Rachel Roberts and Jenn Price, the squad kept the crowds spirited. The girls coach, Kasie Scott, taught them to work hard, be proud of the results, and to have a great time cheering. All skills were used as the girls successfully incorporated gymnastics, stunts, and dances into their performances. The Varsity squad has raised itself to a competitive level.

The Junior Varsity team, coached by Andrew Bronco, and led by Junior captains, Kristen Winkler and Melinda Scrivano, concentrated on developing the new technique required to be a Varsity cheerleader. Both the JV and the Varsity squads worked hard and continued the excellence of Longmeadow cheerleading.

-Rachel Roberts

VARSITY- FRONT ROW: B. Cullinan, A. Weiler, J. Price, R. Roberts, D. Lendry, S. Matulewicz. **BACK ROW:** A. Freed, M. Kaplan, J. Anderson, D. Serafino, M. Carrazza.

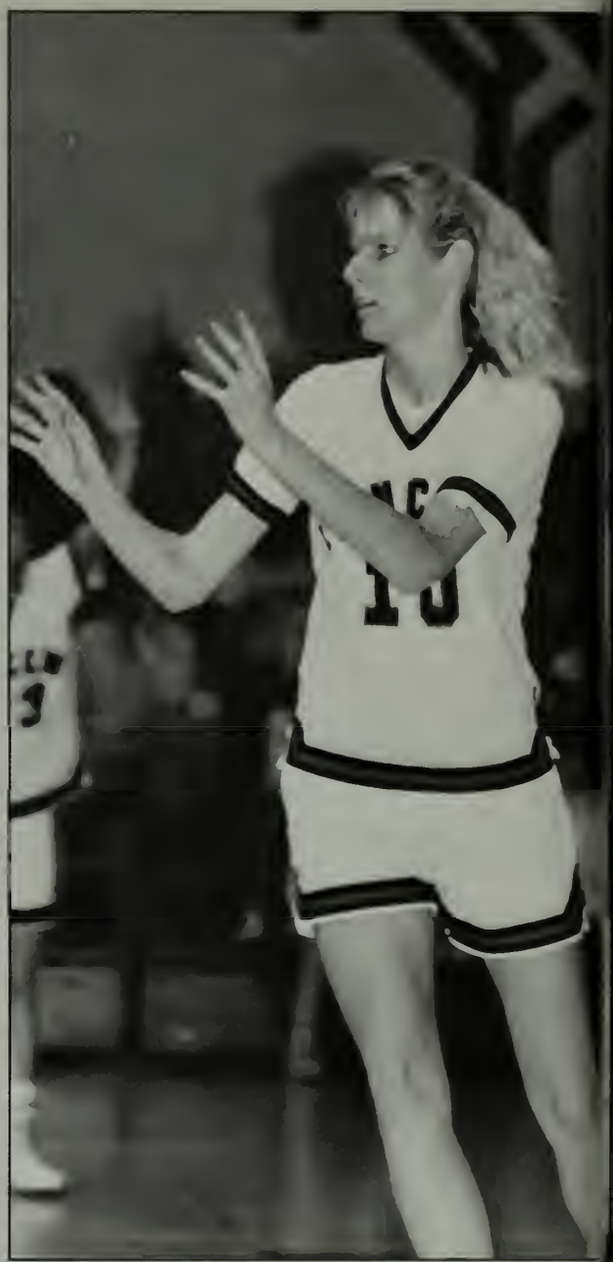
Top- Senior Michelle Sherman is glad to see that the Lancers are winning.

Left- Varsity Cheerleaders attempt to raise the rally sign.

J.V.- **FRONT ROW:** S. Dibble, J. Hayes, E. Dullea, K. McLaughlin, M. Auth. **BACK ROW:** C. Kaiser, E. Peterson, V. Lauro, L. Paone, Coach Kotwicki.

LHS		OPP
39	Southwick	40
47	Chicopee Comp.	37
65	Central	40
41	Chicopee	39
30	Cathedral	48
55	Holyoke	27
44	Amherst	38
54	Westfield	39
52	Minnechaug	12
42	Agawam	53
41	Northampton	50
52	East Longmeadow	28
48	West Springfield	44
61	Minnechaug	18
48	Northampton	39

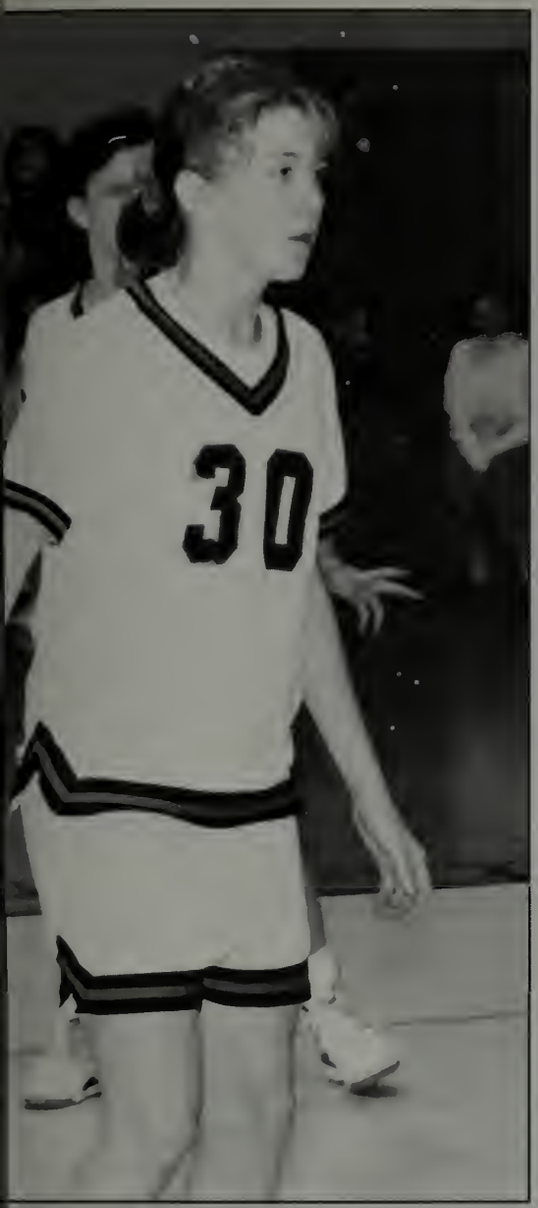
Season: **11 - 4**



Top Right- Tammy Butler, Junior co-captain, led the team once again, scoring 1000 points in just three years.

Middle- Dribbling down the court is Freshman Jen Hayes, looking for open teammates.

Right- Coach Kotwicki, and Sophomores Vicki Lauro and Lisa Paone, watch intently while waiting for the ball on the rim to roll into the basket.



Keeps the Fire Going . . .

Girls Basketball

This year, the Girls Basketball teams all enjoyed successful seasons. From the dedicated Freshman team to the enthusiastic Junior Varsity and the competitive Varsity teams, the female Lancers made themselves and their school proud.

The Varsity team was led by Coach Mary Murray, along with co-captains Senior Stephanie Lyons and Junior Tammy Butler. High scorers included Butler, Junior Margie Sylvia, and Lyons. This year, Butler broke the school's all-time Girls Basketball record by scoring one-thousand points in just three years. Sophomore Kara Ryczek worked hard as point-guard to lead the team's offense. Juniors Erica Haley, Catherine Egan, Emily Heaphy, and Karen Grambach provided depth in the forward positions. Since they are a young team, the 1990 "Lady Lancers" are looking forward to a successful season next year as well.

The high-spirited Junior Varsity squad also had many talented players. Coached by Joanne Kotwicki and captained by Sophomore Erin Dullea, the JV team was strong both offensively and defensively, with such key players as Dullea, Sophomore Emily Peterson, Freshmen Molly Auth, Jen Hayes, and Taryn Barkman. They look forward to a profitable season next year as well.

The dedicated Freshman team played a ten-game schedule this year and gained valuable experience for JV and Varsity competition. Coach Marchakis worked hard with the aggressive Freshmen to improve their ball-handling and shooting skills. Players such as Freshmen Liz Walker, Noreen Murphy, Sara Fountain, Tara Pelletier, and Heather Mouchantat are expected to play on the JV and Varsity teams next year.

The skilled underclassmen ensure great seasons to come for the aggressive and competitive Girls Basketball program.

-Tammy Butler

VARSITY-FRONT ROW: T. Butler, S. Lyons. **MIDDLE ROW:** E. Haley, M. Sylvia, C. Egan, K. Ryczek, Coach Murray. **BACK ROW:** B. Sibilia, E. Hoffman, E. Heaphy, K. Grambach, B. Leonard.

Top- Freshman Sarah Dibble watches the referee to see which way the ball will go.

Left- Senior Captain Steph Lyons keeps the ball away from the opponent while looking for an open teammate.

FRESHMAN- FRONT ROW: S. Fountain, M. Hennesey, B. Kenney, E. Hahesy, M. Duquette. **BACK ROW:** H. Mouchantat, E. Walker, T. Pelletier, E. Brunette, Coach Marchakis.

R ight- Junior Catherine Egan uses her defensive talent to get the ball away from Amherst.

B elow- Sophomore Bill Godin takes off for a lay-up during warm-up.

B elow Right- Sophomore Jeff Glenn is on his toes as he dribbles around his defender from West Side.

FRESHMAN-FRONT ROW: M. Anzalotti, M. McGuire, J. Girotti, B. Werth, C. Homicki, G. MacDonald. **BACK ROW:** J. Delong, C. Bayley, M. Cerasa, L. Peter, D. Goldberg, F. Mayock.

Top Left- Sophomore Erin Dullea gets ready to shoot her foulshot.

Top Right- Sophomore Kara Ryzcek, starting point guard, prepares to pass to a fellow Lancer.

Left- Varsity player Senior Rich Calcasola puts the ball into the net.

J.V.- **FRONT ROW:** S. McCall, J. Kramer, D. Dibble, M. Kotwicki, A. Boyajian. **MIDDLE ROW:** W. Godin, J. Glenn, W. Laffey. **BACK ROW:** B. Schara, T. Levine, J. Adelson, G. Rogers.

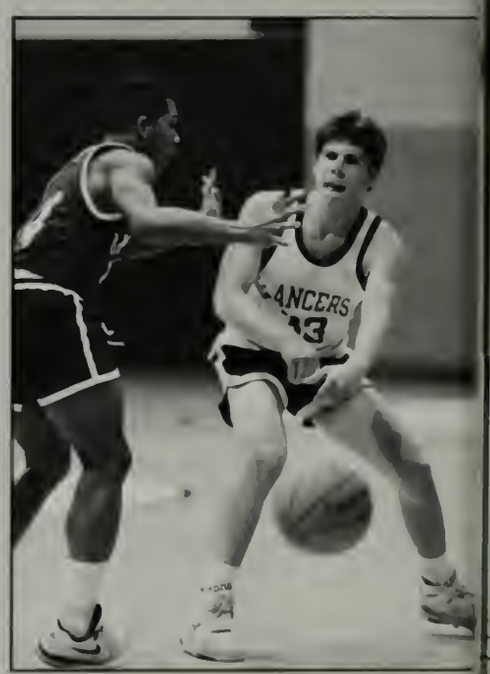
LHS		OPP
53	Northampton	67
57	Palmer	61
64	Amherst	52
60	Chicopee	51
73	Commerce	57
69	Greenfield	57
52	South Hadley	70
53	East Longmeadow	56
75	Holyoke	62
52	Cathedral	69
66	West Springfield	53
46	Minnechaug	48
66	Chicopee Comp.	69
48	Westfield	43
53	Agawam	54
55	West Springfield	65
48	Minnechaug	44
65	Chicopee Comp.	63
47	Westfield	48
53	Agawam	69
	Season: **9 - 11**	

Top- **Senior Jason** Cunningham dribbles the ball down the court while calling a play that will allow him to score.

Middle - **Coach Garvey** gives his J.V. team last minute pointers as they are about to take the floor.

Right- **Senior Dan** McLaughlin received a break-away pass and put the ball up for another two points.

Far Right- **Starting** guard, Freshman Marc Cerasa, passes the ball to an open teammate before the opposition can react.



Driving to a Good Season . . .

Boys Basketball

The Boys Varsity Basketball team surprised people this year. After losing ten Seniors last year, many thought that this would be a rebuilding season.

The team, coached by Ron Morissette and led by Senior tri-captains Jason Cunningham, Steve Yahres, and Jeff Peterson, had an excellent season. Juniors Jon Bennett and Chris Martinelli assisted as point guards, while Peterson headed the team in scoring, averaging roughly twenty points per game. Jeff was supported by Yahres and Senior Rick McCullough, who both averaged in the double figures as well. Coach Morissette employed Juniors Craig Calcasola, John Ashe, and Senior John Varley as three-point shooters in clutch situations during games. Overall, this year's Lancers combined their talents to maximize their abilities.

The Boys Junior Varsity team had a good season as well. Led by Coach Pat Garvey and co-captains Sophomore Jeff Glenn and Junior Aaron Boyajian, they gained much experience through their dedication and hard work. Sophomore Mike Kotwicki led the team in scoring, averaging about fourteen points per game. Many JV players are expected to join the Varsity squad next year.

The Freshman team, coached by Charles Mannheim, improved their skills with their seventeen-game schedule. The talented team, including co-captains Greg MacDonald and Mark Cerasa, along with Matt McGuire, Stan Werth, Chris Bayley, David Goldberg, and Josh Delong, enjoyed a successful season. These Freshman ballplayers are expected to fill the gaps in the JV and Varsity teams next year.

-Tammy Butler

VARSITY- FRONT ROW: J. Bennett, J. Peterson, C. Calcasola, S. Yahres, R. McCullough, Coach Morissette. **MIDDLE ROW:** R. Calcasola, J. Ashe, C. Martinelli, B. Miller. **BACK ROW:** D. McLaughlin, J. Varley, J. Cunningham.

Top-WINTER CHEERLEADERS- FRONT ROW: R. Roberts, J. Price. **SECOND ROW:** E. Cullinan, L. Roberts, S. Herd, J. Chrzan. **THIRD ROW:** D. Serafino, S. Matulewicz, J. Anderson, A. Freed. **BACK ROW:** J. Demos, L. Schlero, A. Shine, W. Bennett, M. Lewis.

Left- As Junior Jon Bennett looks on, Senior Jeff Peterson concentrates to become high scorer once again.

FRONT ROW: J. Kaplan, A. Germino, H. Hampf. **SECOND ROW:** M. Kaplan, D. Zollmann, T. Levy, S. Morin, A. MacLaughlin. **THIRD ROW:** L. Boehm, P. Cothran, N. Herman, T. Pace, S. Mackerer, D. Hickling. **BACK ROW:** K. Elman, J. Zollmann, A. Rodolakis, A. Cole, T. Desantis, R. Murthy, J. Spitz.

Boys Swimming

LHS		OPP
78	Cathedral	36
86	Amherst	44
86	South Hadley	76
39	East Longmeadow	44
113.5	Central	58.5
104	Agawam	67
113	Northampton	58
88	Minnechaug	84
88	Cathedral	74
106	Amherst	64
36	Minnechaug	47

Season: **9-2**

Top Right- The team gets psyched up before a major meet.

Middle- Junior Julie Zollmann flies through the water with record time.

Right-Senior Captain Mike Casey leads the team to victory.

Girls Swimming

LHS		OPP
38	Cathedral	102
74	Amherst	47
84	South Hadley	87
36	East Longmeadow	46
100	Central	72
113	Agawam	53
107	Northampton	64
69	Minnechaug	102
107	Cathedral	62
101	Amherst	70
50	Minnechaug	33

Season: **7-4**

Diving Toward Victory . . .

Swimming/Diving

The 1990 season again proved to be wonderful for the swim team. They showed that they could not be messed with as the boys racked up a record of **9-2**. Senior tri-captains Mike Casey, David Epstein, and Mark Vannini, along with Coach Isabelle Fraser, led the team through an intense series of strenuous and repetitious warm-ups and practices. The tiring workouts, however, proved beneficial as the swimmers rose to the occasion at every meet, including the one with Minnechaug, where Longmeadow beat the odds and won. The exercises also enabled them to "slaughter" their opponents at the Western Massachusetts Championship.

The Girls swim team, guided by Senior captains Angie Germino and Jessica Sinsigalli and Coach Hawker, had a respectable season with a record of **7-4**. Although injuries were prevalent among the group, they continued to swim well at the Western Mass. Championship and at every meet.

Since there will be many returning swimmers next year, the future looks bright.

-Karen Lee

FRONT ROW: R. Balakier, K. McFarlin, R. Gudikunst, M. Vannini, M. Casey, J. Davidson, D. Epstein. **SECOND ROW:** J. Mandell, J. Rothschild, P. McMonagle, C. Young. **THIRD ROW:** S. Reejhsinghani, S. Bassett, I. Patrick, G. Bibeau, P. Illouz, J. Aigen, T. Rencus. **BACK ROW:** M. Szyluk, A. Desrosier.

Top Left- Senior Mark Vannini thrusts out from the driving block.

Left- Junior Laura Boehm cheers on teammate Senior Heather Hampf as she dives into action.

Race Date	Boys	Girls
1/4/90	SL 5th	GS 4th
1/9/90	GS 3rd	SL 5th
1/11/90	SL 3rd	GS 1st
1/18/90	GS 4th	SL 3rd
2/1/90	GS 6th	SL 5th
2/6/90	SL 3rd	GS 3rd
2/8/90	SL 3rd	GS 1st
Overall	**3rd**	

Individuals who were Top 10 in League:

Boys	Matt Youmell	Tied 5th
	Chad Reynolds	7th
Girls	Heather Murray	Tied 4th
	Rachel LeDuc	Tied 4th

Top Left- Freshman Nathan Grenier brings the equipment.

Top Right- Senior Tony Ong is glad to be skiing.

Middle- Junior Chad Reynolds and Senior Carlie Wakeman led the team to success as team captains, bringing them to Western Mass.

Right- Senior Kate Teahan takes a practice run before the meet.

Hitting the Slopes . . .

Skiing

The ski teams had a fine season. Captains Junior Chad Reynolds and Senior Carlie Wakeman helped to place both the Boys and the Girls teams high in the "A" division of the Western Massachusetts league, in which they both placed fifth.

In the strive for success, care had to be given in choosing those skiiers good enough to represent Longmeadow. Those interested had to go through grueling workouts in the pool hallway and time trials at Berkshire East. After the skiiers were chosen, they worked diligently with the help of Coach Nick St. George, who prepared them for the races. Although they did not have as successful a season as last year, neither team despaired. They knew that it was not winning but spirit and dedication that composed a good team.

Abundant talent composed the team. Standouts included Sophomore Rachel LeDuc and Junior Matt Youmell, who both came in second out of about 140 other skiiers at most meets. Congratulations to both teams for having another respectable season, and since both teams are fairly young, next year will be equally successful.

-Karen Lee

FRONT ROW: A. Cohn, J. Borek, R. Cameron, L. Roberts, W. Grosnick, D. Kimball. **BACK ROW:** M. Carrazza L. Christie, C. Myers, A. Lovell, K. Teahan, H. Murray, C. Reynolds, C. Wakeman, B. Ledewitz, M. Youmell, Z. Robertson, E. Martenson, T. Ong, N. Grenier, D. Green, Coach St. George.

Top Left- Senior Tracy Paczkowski maneuvers past the gates.

Left- Senior Chris Mott cruises down the slopes.

LHS		OPP
2	Agawam	8
3	Westfield	10
4	Greenfield	3
9	Palmer	1
3	Holyoke	6
2	Westfield	4
0	Minnechaug	5
6	West Springfield	1
1	Agawam	9
6	Chicopee Comp.	0
4	Holyoke	8
0	Cathedral	8
1	Amherst	8
7	Chicopee Comp.	8
1	Cathedral	10
3	West Springfield	9
1	Minnechaug	9
3	Amherst	9
	Season: 4 - 14	

Top- **Junior Rich** Cubin, one of the team's leading scorers with over ten goals, limbers up before a big game.

Above- **Sophomore Robin** Mercker and Freshmen Matt Hinshaw, Jeff Wischhof, and Laki Rousou anxiously await a chance to display their talent.

Right- **Junior Brian** Moran, team leader in assists, puts on the brakes to avoid a collision.

Skating to Success . . .

Hockey

The young Lancer hockey team, consisting of seven Freshmen, three Sophomores, seven Juniors, and one Senior, skated to a respectable season with a record of **4-14**. Although this was not a winning season, Coach Suzor felt that it was very productive and that the players made great progress.

The team had many outstanding players, including Senior forward Brendon Hutchins, who scored twelve points this season, Junior forward Eric LeDuc, who scored fifteen points, and Sophomore forward Erik Hutchins. Although the Lancers did well on offense, defense was their strongest point. Defensive players included Juniors Brian Moran, and Jason Nietupski, who scored ten points, Freshman Rich Cubin, who scored twelve points, and Sophomore Justin Meserve. The goalies, Junior Tony Rousou and Freshman Dan McNair, also made great progress. In their key game against Cathedral, Rousou made 72 saves out of 80 shots against him. Other outstanding players included Junior Devin O'Rourke and Freshmen Tor Dahlquist, John Deshaw, Matt Hinshaw, and Brian O'Connor.

The Lancers played some memorable games, including the one against West Springfield, in which they won with a final score of 6-1. Although they lost against Cathedral, they were one of the few teams to keep that school from scoring in the double digits, and was the only team to hold Cathedral scoreless in the first period.

The Longmeadow Lancers had a great season, and with many fine players returning, next year looks bright.

-Patricia O'Rourke

FRONT ROW: M. Steele, E. LeDuc, E. Hutchins, T. Rousou, D. McNair, B. O'Connor, T. Dahlquist, J. Deshaw. **BACK ROW:** Coach Reilly, B. Hutchins, C. Leonard, R. Cubin, J. Nietupski, B. Moran, D. O'Rourke, J. Wischhof, J. Merserve, Coach Suzor.

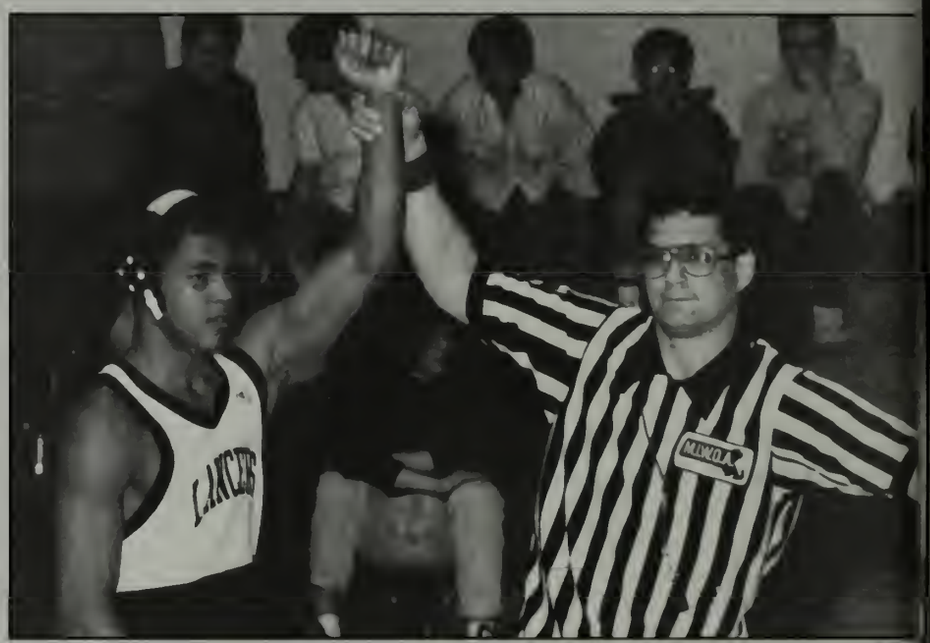
Top-Freshman Matt Hinshaw skates for the puck, creating a near-brawl.

Center-Senior Brendon Hutchins maneuvers the puck towards the goal, in a game which he had over fifteen points.

Left-Junior Jason Nietupski, in an attempt to score, collides with the goal.

JV-FRONT ROW: M. Calvanese, J. Cedeno. **MIDDLE ROW:** Z. Stillerman, M. Shore, A. Kaplan, M. Magee, S. Cox, R. Lomme, C. Epstein, R. Shih, D. Sandler. **BACK ROW:** M. Arnold, J. Thompson, E. Balakier, B. Schmutz, K. Boyd, S. Fountain, G. Canavan, J. Mayock, N. Pollak.

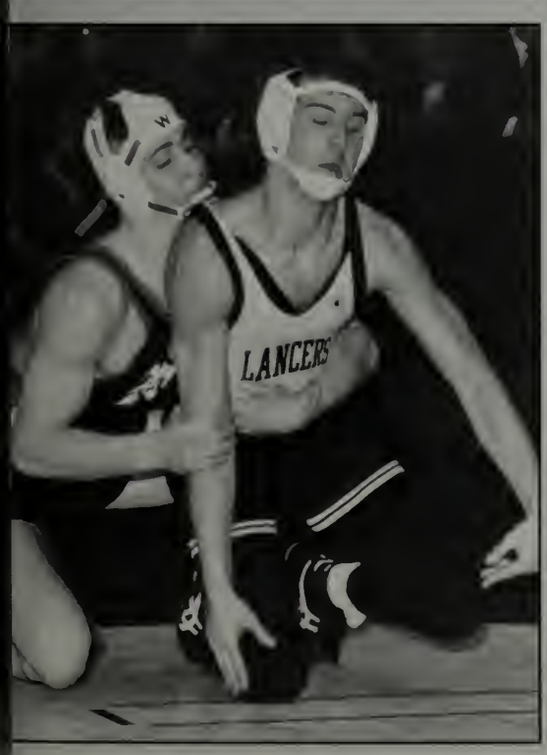
LHS		OPP
46	Frontier	26
28	Cathedral	30
61	East Longmeadow	12
62	Northampton	15
38	Pittsfield	26
60	Commerce	14
25	Southwick	34
44	Shepherd Hill	24
12	Quabbin	59
28	Putnam	37
18	Central	44
32	Westfield	29
35	West Springfield	26
43	Ludlow	18
3	Agawam	60
	Season: **9-6**	



Top-Junior Don Cash is attempting to reverse a hold from his competitor in his weight class of 145.

Middle-Junior Brian McFarlin wins yet another one in his weight class of 125. His record was 4-3-0 for the season.

Right-Heavyweight Sophomore Sean Murphy is planning his next attack on his competitor. His record was 6-8 for the season.



Holding Up To Expectations . . .

Wrestling

The Wrestling team has, for the past few years, been a force in Western Massachusetts. Once again, they have proven themselves with a record of **9-6**. This is due in part to the leadership of Head Coach Paul Schmutz and Assistant Coach Alex Efstratos.

The group was abundant in talent, including Senior Captains Mike and Matt Dullea, Greg Slachta, and Garrett Emerson. While the team was not quite as successful as last year's group, they still made a great showing, surprising some people. Who could forget the tournament against Westfield? Westfield had had a heretofore undefeated season, making Longmeadow the underdog. The decision came down to the last heavyweight match, and Longmeadow defeated Westfield.

Congratulations to the entire team for a wonderful season. Many players will be returning next year, thus we can expect more of the same.

-Karen Lee

VARSITY-FRONT ROW: S. Sandler, S. Murphy, B. Ryan, C. Horn, M. Dullea, M. Dullea. **BACK ROW:** M. Simon, D. Barron, M. Degon, S. Lavallee, B. McFarlin, B. Swords, B. Demos, D. Cash.

Top-Sophomore Mark Simon is trying to break his competitor's hold after starting from the down position.

Left-Junior Steve Sandler is trying to get out of his competitor's lock.

Underclass

In-

dividuals

Though sometimes short in inches, underclassmen are never short on personality. Their slow climb toward the status of a Senior is often filled with drawbacks, but their inevitable success is guaranteed by their positive outlook. Each year these students progress by taking yet another step toward their ultimate goal of becoming strong individuals, first as optimistic Freshmen, then as escalating Sophomores, and finally prepared Juniors. Through each of these changes they gain the qualities necessary for college life. Although these steps are sometimes difficult and frustrating, they prove to be worthwhile when these underclassmen mature into unique, successful individuals.

-Ruth Kurian

L eft- Freshmen Robbie Joyce, Andrew Ginsburg, Zac Stillerman and Eric Martenson enthusiastically arrive for their first wild day at LHS.

B elow- Junior Shannon Zwick pensively listens to her English teacher's poetry lecture.

L eft- "Hey, look at that one!" Sophomores Charlotte Maguire and Shauna Mackerer eye the Senior guys from afar.

Juniors

Junior year. Ahhh- the privileges ... Eeek- the workload! In many ways our dreams *and* nightmares of everything that Junior year would have in store for us were fairly accurate. We not too soon discovered that the grueling tales that our older friends and siblings had shared with us about the pressures of Junior year were about to become a reality. We were bombarded from week one with great amounts of homework a night, and it seemed as if our social lives were but a quickly fading memory in the back of our overworked brains. In addition to this, we soon learned the agony of PSAT's and SAT's. This came as a great shock to our systems, especially to those who had never seen 6:30 A.M. on a Saturday morning before. As if that weren't enough, third and fourth quarters brought us the acutely dreaded saga of the term papers. Never in our natural lives had we engaged in such intensive research or written out so many notecards.

Despite the great increase in academic pressure throughout Junior year, there were many privileges that came with being a Junior. Most of us enjoyed such notorious Junior events as getting our driver's licenses, last block release, and attending such fun-filled events as the Halloween Dance and the Junior/Senior Semi-formal.

Even though the workload Junior year was tremendous, this year's highly diversified and well-rounded Junior class made the most of it, thanks to programs planned by our Junior class council and the optimistic attitude of the Juniors themselves. Senior year, here we come!

-Carolyn Zimmer

Right- FRONT ROW: Secretary Tammy Butler, Treasurer Deborah Hoffman. **MIDDLE ROW :** President Chris Martinelli, Vice President Stu Glasser. **BACK ROW:** Advisors Mr. Carellas and Ms. Affron.

Airne, Michelle
Anable, Derek
Anderson, Julie
Armstrong, Laine
Arsenault, Brian

Ashe, John
Barksdale, Christopher
Barr, Paul
Bartlett, Erinn
Bazick, Jonathan

Bennett, Jonathan
Berger, Matthew
Bergeron, Cherie
Boehm, Laura
Borke, Rachel

Bortnick, Lisa
Boyajian, Aaron
Brahmavar, Sameer
Broga, Hillary
Bromley, Tina

Bruce, Karen
Butler, Tamara
Calcasola, Craig
Cameron, Roger
Cash, Donald

Cedeno, Juan
Cerasa, Lisa
Chagnon, Cynthia
Chang, Kane
Charles, Mary

A bove- Junior Kristen Winkler picks up her homework after school.

L eft- Junior Bruce Underwood is thinking of the upcoming weekend.

Right- **Junior Avik** Mukherjee does his homework hurriedly knowing that it is due next block.

Below- **Junior Marla** Geha composes a piece of music in her theory class.

Collina, Grayson
Collings, Dwight
Conrad, Scott
Cooney, Lisa
Cope, Brian

Cullinan, Elizabeth
Cullinan, Marc
Curran, Damaris
D'Ascoli, Anna
Daisley, Kelly

Davis, Susan
Demirjian, Alice
Demos, Brandon
Dolce, Kristen
Doyle, Eric

Drummey, Deborah
Dyson, Wendy
Egan, Catherine
Epstein, Craig
Ezell, Andre

Fagin, Chad
Fanelli, Karen
Farrell, Richard
Feinsod, Mindy
Filosi, Paul

Fingeroth, Tanya
Fisher, Deborah
Fleisher, Tracy
Freedberg, Hannah
Friedman, Jessica

Gainski, Joanna
Geha, Marla
George, Robert
Gerzon, Vlada
Glasser, Stuart

Glazer, Rachel
Gloth, Joey
Godek, Erik
Gold, Jeffrey
Goldberg, Seth

Left- "No one can get by us," say Juniors Debbie Drummey and Erinn Bartlett.

Above- **Junior Laura** Boehm finds humor in school.

Semi-Formal

The bitterly cold temperature on the night of Sunday, January 13 kept few from the classes of 1990 and 1991 home from the Junior-Senior Semi-Formal. Excited party-goers spent hours preparing and primping in order to look their best for their dates. Dinner was had at the usual before-dance restaurants such as The Gathering and Johann's. Some people traveled all the way to Northampton to dine at the Delaney House, while others took their dates to - yes! the ever-popular McDonald's! These niceties added a fine touch to the evening.

Kids started arriving at Chez Josef at 7:30, and were ready for some fun! A sea of rich velvets, shimmering satins, and taffeta undulated on the floor as artists from Bobby Brown to Living Color and the Rolling Stones blared from the speakers. When not dancing, people sat and talked with their friends, all the while sipping soft drinks and inspecting everyone else's appearance.

The dancing and music finally ended at 11:30. The evening, however, was not over for everyone. Partiers disappeared into the night as they went in search of other gatherings. All in all, the night was one to remember for a long time to come.

-Karen Lee

Right- "Can I buy you a drink?" says Senior Jay Bruns to Senior Jen Kaplan.

Above- Senior Donna Lendry and Chris Crosby, of the Class of '89, enjoy this special evening together.

Above Right- "We'll show you how to really dance," says Seniors Dan Freed and Jo Bayley.

Above- Junior Jessica Friedman and Steve Langieri, Class of '89, get back together to share a special night.

Above Left- Juniors Ben Ledewitz, Chris Martinelli, Craig Calcasola, Jon Bennett, Brett Kaufman, and Tony Rousou relax after a hard night of partying.

Gordon, Michael
Grambach, Karen
Grochowski, Wojciech
Haaxma, Edward
Haen, Heidi

Haley, Erica
Hayes, Laurel
Hayes, Shannon
Heaphy, Emily
Herd, Daniel

Hoffman, Deborah
Horn, Christopher
Hudson, Trina
Hulett, Ryan
Hyatt, Jason

Ives, Holly
Jalonen, Apryl
Johnson, Audra
Johnson, Melissa
Kalashian, Michael

Kalish, Michael
Kaufman, Brett
Kaylor, Craig
Keane, Kristen
Keay, Joshua

Kent, Vieta
Kim, David
Krywicki, Matthew
Labovitz, Jeffrey
Lagassie, Renae

Lagunowich, Paul
Lao, Helen
Lavallee, Scott
Lawrence, Mary
Ledewitz, Benjamin

Above- "Let's have a doodling contest!" says Junior Kelly Daisley to Junior Erik Godek.

Right- Junior Mary Lawrence makes use of the recent LHS jungle gym

Left- Junior Emily Heaphy takes a break in the cafeteria.

Above- Junior Michelle Marcoe displays her talent in painting.

LeDuc, Eric
Lee, David
Lehman, Elizabeth
Lenchitz, Heather
Leonard, Christopher

Lepow, Joanna
Lin, Stephen
Lobello, Kara
Lovell, Andrew
Lynn, Elizabeth

MacElhiney, Nancy
Magee, Mitchell
Maggi, Lee
Magill, Amy
Mandell, Joshua

Marchese, Traci
Marcoe, Michelle
Martinelli, Christopher
Matulewicz, Sara
Mayock, John

McFarlin, Brian
McMonagle, Patrick
Meadows, Jamie
Metz, Marcia
Mitchell, Jeffrey

Moran, Brian
Moran, Kevin
Moynahan, Sean
Mukherjee, Avik
Neeld, Brian

Nietupski, Jason
O'Connor, Henri
O'Rourke, Devin
O'Rourke, Patricia
Orenstein, Ari

Above- "I hope it doesn't rain," says Junior Kim Vangaasbeck.

Right- **Junior Julie** Anderson shows her school spirit.

Orenstein, Rachel
Parsons, Kristen
Pelletier, Kristen
Polga, Justin
Pomerantz, Maurice

Pozzuto, Joseph
Ramirez, Davyd
Ray, Raj
Raymond, Dana
Reynolds, J. Chadwick

Riccio, Carrie
Roberts, Jason
Rossi, Alexandra
Rossow, Audrey
Rothschild, Jason

Rousou, Anthony
Rovelli, Andrea
Ruffy, Lisa
Ryan, Brendan
Sandler, Stephen

A bove- Junior Jessica Friedman rests in the security of her goal net.

L eft- "Don't mess with me!" says Junior Lisa Cerasa.

Go, Fight, Win

The annual pep rally once again was held on the half day that pre- cedes Thanksgiving Day and the football game against "archrival" East Longmeadow. Students swarmed into the gym to the strains of the band's fight music and seated themselves on the bleachers.

After Dr. Murphy made the standard speech about school spirit, he aroused this feeling in everyone by conducting a school wide "Wave." Then the Varsity cheerleaders performed several of their routines and a dance that they worked on especially for the rally. With this show they displayed just how far they had gone in the past couple of years. Mr. Deary then took the floor. He acknowledged all of the fall sports teams and noted their accomplishments. Finally came the most important part of the rally, and the reason for one in the first place: the football team. The Senior players were introduced, including captain and quarterback Matt Cullinan, who had been seriously injured in a game a few weeks before, and was now back for his first day of school since then. He deservedly received a standing ovation.

The rally finally ended the same way as it had started, only this time the students were swarming out instead of into the gym. Although the game was postponed the next day due to snow, the spirit generated at the rally stayed with everyone through the match-up on Saturday.

—Karen Lee

Above Left- Senior football captains John Gray, Chris Midura, and Jay Bruns introduce the rest of the team.

Above Right- The cheerleaders put on a class act.

Right- Who says Longmeadow doesn't have spirit?

Santoro, Nicole
Schafer, Sarah
Schwartz, Sonya
Scrivano, Melinda
Serafino, Donna

Serrenho, Karen
Sherman, Stuart
Shomes, Seth
Shyloski, John
Sibilia, Elizabeth

Silver, Erika
Srebnick, Brian
Stevens, Jodi
Stone, Rachael
Sullivan, Matthew

Swords, Brad
Sylvia, Marjorie
Talbot, Aimee
Teta, Aimee
Thakur, Ravi

Left- The band is at its best for the pep rally.

Above- The football players get a little restless during the pep rally.

Thomas, Amanda
Tremble, Marie
Underwood, Bruce
Unni, Archana
Uss, Christina

VanGaasbeck, Kim
Varley, Peter
Vassallo, Paul
Walker, Amy
Watanabe, Eriko

Watts, Jackie
Webber, Melinda
Welker, Brian
Westbrook, Michael
Willse, Jonathan

Above- **"Without that** homework, I'm dead," says Junior Sarah Schafer.

Right- **Junior Catherine** Egan enjoys the sun at a tough practice.

Above Left- **Senior** Mark Vannini and Junior Julie Zollman enjoy the student/teacher volleyball game.

Above- **Juniors Matt** Youmell and Jason Hyatt -"Why the big grins guys?"

Left- **Junior Christina** Uss finds new forms of entertainment in the cafeteria.

Winkler, Kristen
Youmell, Daniel
Youmell, Matthew
Young, Christopher
Young, Derek

Zimmer, Carolyn
Zollmann, Julie
Zwick, Shannon

Sophomores

You've come a long way. Remember the first day of school this year, when you were not classified as a lowly Freshman? Wasn't it a good feeling to see people younger than you wandering the school, while you knew your way around patiently? But as Sophomores you would never give wrong directions to an innocent Freshman, would you?

Although this was your second year in the hallowed halls of LHS, there were still some new experiences. You were required to take U.S. History I, and most of your classes were a little harder. You learned many useful skills in gym, such as ultimate frisbee and speedball. Even though you were unfortunate enough to have gym three times a week, at least you could be thankful that you had free blocks instead of study halls. In addition, you enjoyed the stature of the Sophomore Semi-Formal.

All in all, Sophomore year was exciting and fun. And just think-you're halfway finished with your high school years! You've got a lot to look forward to during Junior year: driving, homework. It just keeps on getting better, so have faith, Sophomores!

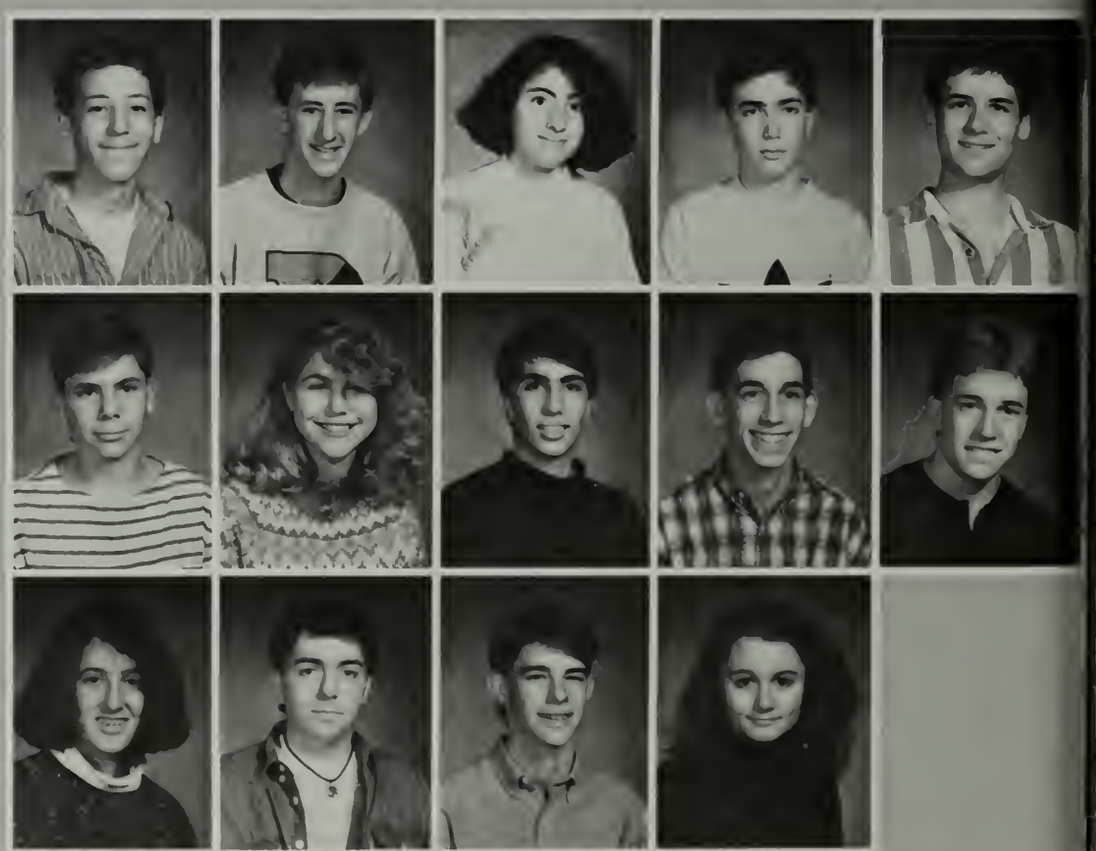
Michelle Marcoe

Right- Advisor Mr. Slate, Treasurer Mike Cohen, Secretary Eric Hutchins, Vice President Carrie Bullock, Advisor Ms. Blake, and President Emily Lord.

Adelson, Joshua
Aigen, Jordan
Arakelian, Mary
Auth, Jesse
Axas, Nicholas

Balakier, Ethan
Baldwin, Kathryn
Barkett, Anthony
Barowsky, Michael
Bassett, Scott

Berger, Joanna
Beucke, August
Bibeau, Gregory
Blank, Jessica



Borek, Jason
Boyd, Khalid
Brodeur, Rebeckah
Brookmeyer,Peter
Bucalo, Jennifer

Bullock, Caroline
Burger, Brett
Burke, Heather
Cahill, Erin
Campbell, James

Campbell, Scott
Carrazza, Michelle
Cartelli, Kimberlynn
Chase, Kenton
Chiecko, Leslie

Chin, Victoria
Chrzan, Jolanta
Cohen, Michael
Cole, Ashley
Cordis, Scott

Above- Sophomore Rachel LeDuc enjoys the sun and Field Hockey, a perfect combination.

Left- "Who says school can't be fun?" ask Ian Patrick, Megan Sherburne, Khalid Boyd, Ryan Lomme, Jason Cox, Charlotte Maguire,Scott Cordis and Brett Burger.

Cort, Lesley
Costello, Thomas
Cothran, Perrin
Cox, Dina
Dabiri, Shahla

David, Jonathan
Davidson, Patrick
Deal, Matthew
Delaney, Mark
Delano, Gretchen

Desantis, Tiffany
Dibble, David
Dindas, Beth
Dullea, Erin
Elman, Kimberly

Erickson, Bianca
Evanguelidi, Aleksandra
Fagin, Chet
Feldman, Danielle
Fingeroth, Toby

Above- **Sophomore Anita** Raman uses her free time wisely.

Right- **Sophomores Hyeon** Kim and Peter Brookmeyer warm up on the heater before class.

Left- Sophomore Emily Lord is trapped in the Field Hockey net.

Above- Sophomores Perrin Cothran, Vicki Lauro, and Carrie Bullock take a break from Mr. Riccio's intense Spanish instruction.

Fletcher, Jennifer
Fountain, Sean
Fox, Lisa
Gagne, Kara
Garces, Tania

Gaynor, Bradley
Gelinas, Aimee
Gelling, Adam
Gerstle, Amy
Glenn, Jeffrey

Godin, William
Goldman, Kirk
Golkar, Parisa
Gondha, Raju
Gottfried, Michael

The Semi-Formal

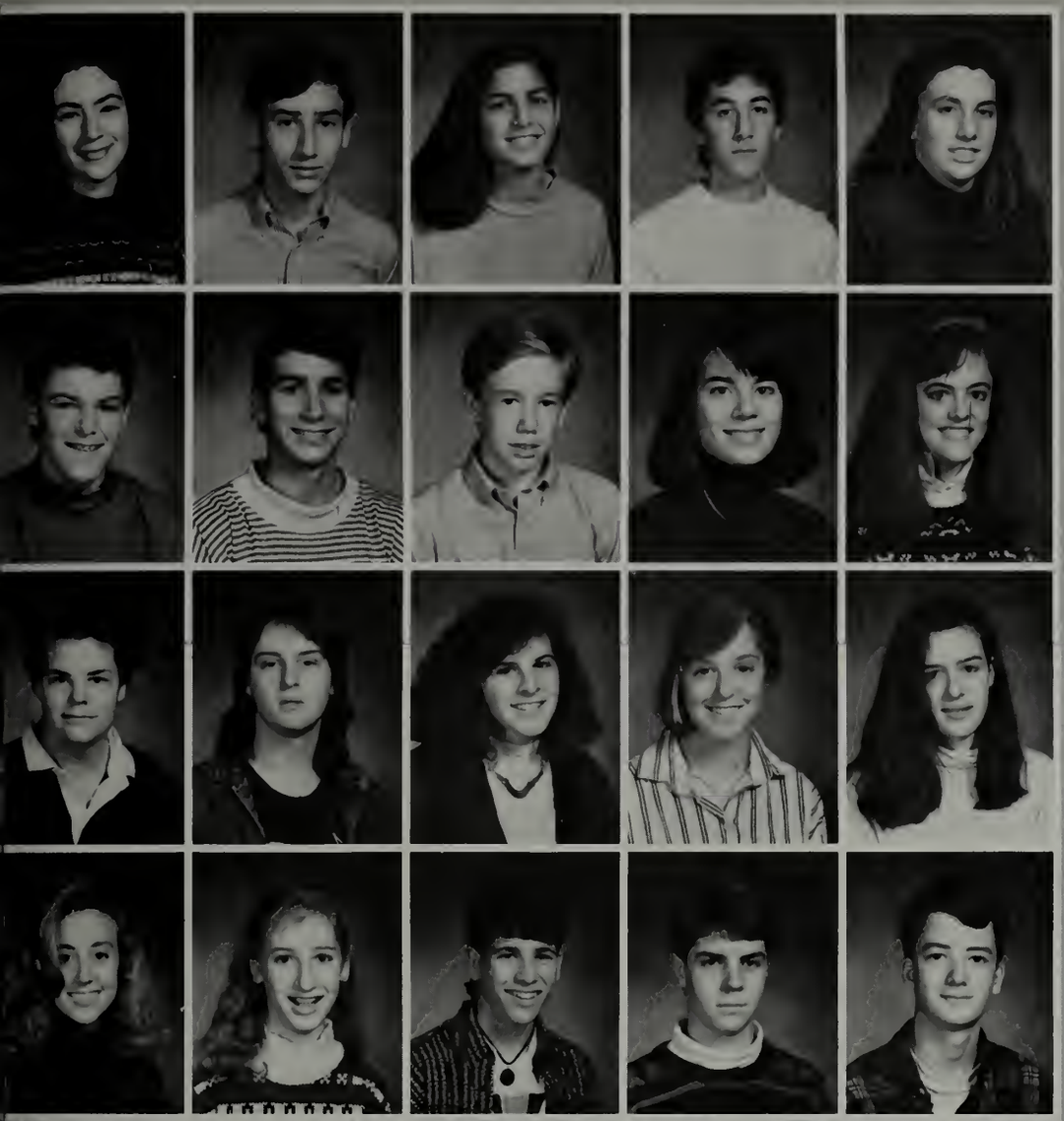
The Sophomore Semi-Formal will be remembered by all those who attended. It took place November 9 at Chez Josef, with Mr. Slate, Mrs. Blake, and Mr. Duffy chaperoning the event. The evening began with the infamous "cocktail hour," during which all of the revelers greeted each other and admired everyone's appearance. Glittering semi-formal dresses and suits transformed seemingly ordinary fifteen-year-olds into mysterious and romantic fairy-tale apparitions. After being seated, everyone was served a delicious dinner that consisted of a fruit cup, a salad, and a main dish. While this was going on, the bar was open, and providing sodas and Shirley Temples. After dinner, the music blared and the real fun started as the Sophomores kicked off their shoes and danced. Colored lights, and strobes and a large screen TV that showed videos did nothing to detract from the excitement. The ever-popular standards were peppered with slow dances, one of which, "Faithfully," by Journey, was the theme song. All of these elements added up to what turned out to be a truly memorable evening for everyone involved.

-Ruth Kurian

Top- We could go on forever, says the Class of 1992.

Right- Sophomores Becky Passo and Tracy Vogel look their best

Far Right- Sophomore Carrie Bullock adds her name to the signature board.



Green, Mara
Gregorski, Michael
Grodsky, Amy
Grous, Paul
Hallahan, Jennifer

Haller, Jeremy
Hapcook, Charles
Hatch, James
Heaphy, Christina
Heaps, Laura

Henshaw, Scott
Herbert, Oliver
Herman, Naomi
Hickling, Diane
Hobbs, Natalia

Hodges, Lisa
Hoffman, Elisa
House, Brett
Huot, Jonathan
Hutchins, Erik

Left- Jason Norwood and Leslie Chiecko take a break from dancing to pose for a picture.

Above- Everyone is all smiles while slow dancing with their dates.

Illouz, Paul
Ingis, Elizabeth
Jacobs, Maxim
Johnson, Tasha
Kaiser, Cheryl

Kalashian, Steven
Kelley, Brian
Kielbania, Kathlene
Kim, Hyeon
Kittredge, Sarah

Kivel, John
Kosowski, Christopher
Kotwicki, Michael
Kramer, Jeffrey
Kurian, Ruth

Laffey, William
Lak, Jennifer
Langieri, Jennifer
Lapre, Matthew
Lauro, Victoria

Above- **Sophomores Katie** Walat and Naomi Herman are ready for lunch after a morning at the yearbook convention at Bryant College.

Right- **Fashion conscious** Sophomore Shauna Mackerer shows us the latest in student wear.

Left- Sophomores Lisa Fox and Lauren Marcoe gossip in the locker room.

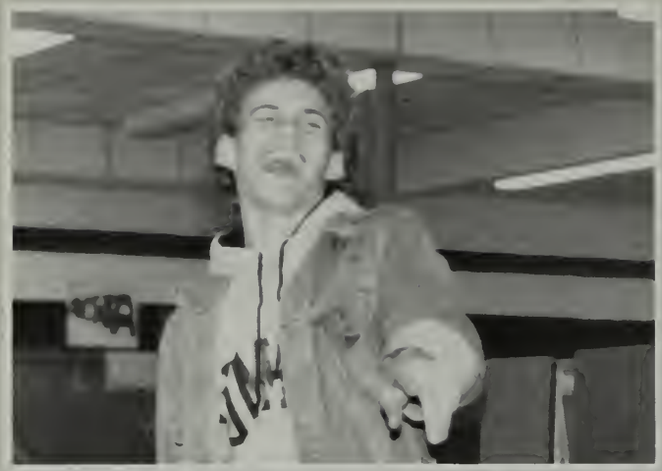
Above- Sophomore Ryan Manning prepares for a future career in hairstyling.

LeDuc, Rachel
Lentino, Nicholas
Leonovich, Joseph
Levine, Todd
Levy, Tiffany

Lewis, Michelle
Lord, Emily
Lyons, Amanda
Mackerer, Shauna
Maguire, Charlotte

Manning, Amy
Manning, Ryan
Marcoe, Lauren
Martin, Ryan
Mason, Rebecca

Matsumoto, Yoshie
McCall, Stephen
McKenzie, Roderick
Mercker, Robin
Meregian, Nicole



Above- **Sophomore Aaron** Smiley puts a spell on another innocent victim.

Right- **Sophomores Emily** Peterson, Jen Fletcher, and Lisa Hodges are hard at work.

Meserve, Justin
Meyers, Sara
Miller, Bradford
Minardi, Jason
Mott, David

Murphy, Sean
Murthy, Rekha
Nadel, Michael
Napoli, Nicole
Newhouse, Albert

Nochimson, Joshua
Nuger, Jennifer
O'Malley, Shawn
Occhiuti, Jay
Ormsby, Valerie

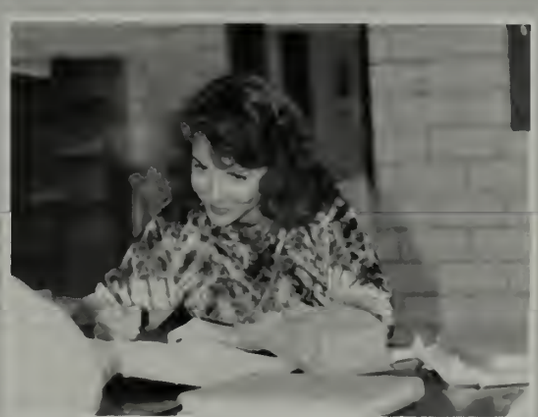
Osofsky, Monica
Ottani, Kristen
Pace, Tanya
Paone, Lisa
Parrish, Michael

Parzych, Christopher
Passo, Rebecca
Patrick, Ian
Peritz, Kimberly
Perlaky, Mary

Peterson, Emily
Pollak, Noah
Poskanzer, Jamie
Price, Dayna
Puppolo, Jennifer

Raman, Anita
Ramaswamy, Sanjay
Reboulet, Deborah
Reejhsinghani, Sanjiv
Rencus, Tal

Reynolds, Katherine
Riordan, Julia
Riordan, Katherine
Rizzo, Kathryn
Roberts, Paige



Left- Sophomores Liz Ingis and Amy Grodsky take a break from a rough field hockey practice.

Above- Sophomore Ruth Kurian spends her free block doing her math homework in the cafeteria.

Touch Football

This autumn, the annual Longmeadow High School Touch Football League once again flourished. "Commissioner" Berte presided over the highly spirited and competitive games, regulating the legality of plays and keeping official scores. Six teams entered the league this year: the Hurricanes, the Dogs of War, the Freebirds, the Confused, the Screaming Vikings, and the Scarlet Begonias. All of the games were played on Tuesdays, Wednesdays, and Thursdays, from 2:30 to 3:15.

The Senior team, the Freebirds, won the championship this year, defeating the Dogs of War 34-6. The Dogs of War, however, was the only team to score off the Freebirds. Experience definitely helped, as it was the Freebirds' third year in the Touch Football League. The team consisted of Seniors Jeff Peterson, Dave Welker, Steve Yahres, Jason Cunningham, Mike Horn, Jason Martin, Mike Murphy, and Rich Calcasola. They outscored their opponents 286-6 throughtout the season without any practices. As Jeff modestly stated, "The League was a little lopsided. When the two teams met in the championship, the better team obviously won."

The participation and spirit involved in the Touch Football League indicate that TFL is here to stay.

-Tammy Butler

Above- The two teams rush for victory.

Right- Senior Quarterback Rich Jarvis throws the perfect pass as Mr. Berte referees.

Rodolakis, Alexa
Rogeness, Paul
Rogers, Glen
Rubman, Amy
Rusiecki, Anthony

Ryczek, Kara
Sarnoff, Brett
Schara, Brian
Schroeder, Dawn
Schweiger, Arlen

Sedran, Mark
Shah, Tushar
Shaw, Matthew
Sheehan, Brenna
Sherburne, Megan

Silverman, Lisa
Simon, Mark
Sisitsky, Alison
Skillings, Jamon
Skillings, Lashaun

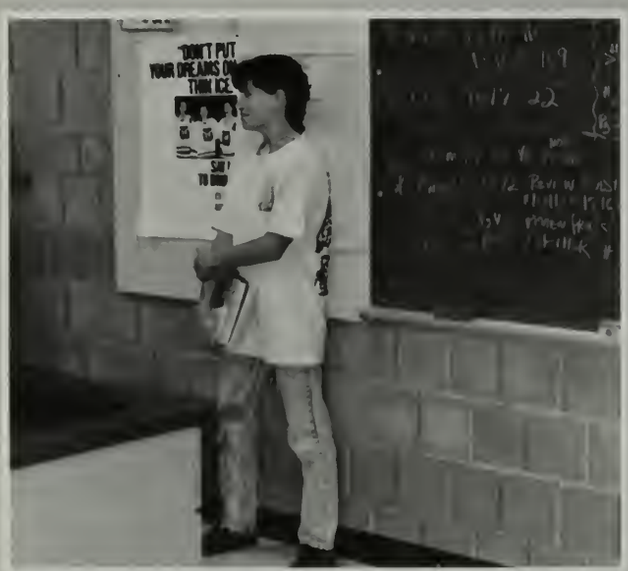
Left- **Sophomore Tushar** Shah takes a break after a hard game

Above- **Junior Brett** Kaufman goes head to head with Senior Andy Brooslin

Smiley, Aaron
Smolowitz, Peter
Snyder, Mark
Spelios, Parisse
Spitz, Jill

Sprenkle, Allison
St. Amand, Robert
Stachowicz, Alison
Steele, Matthew
Stone, Jessica

Taylor, Corlene
Taylor, Jessica
Temple, Eric
Themistos, Johanna
Toole, Marianne



Above- **Sophomore Brett** House faces a firing squad after giving the wrong answer in class.

Above Right- **Freshman** Alana Boyajian, Sophomores Marianne Toole, and Brenna Sheehan celebrate after a great game.

Right- Sophomore Amy Gerstle decides to take a quick nap between classes.

Above Left- Sophomore Jay Occhiuti concentrates on his tasks ahead.

Above- Sophomores Julie and Kate Reardon wonder, "Am I seeing double?"

Left- Sophomores Paige Roberts, Leslie Chiecko, and Lesley Cort chum around before class.

Torrey, Mark
Udipi, Rohit
Vivenzio, Tina
Vogel, Tracy
Walat, Kathryn

Weaver, Derick
Wilcox, Allison
Winer, Alyssa
Wolmer, Stacie

Freshmen

At the beginning of your Freshman year, people could not spot you out of a crowd. You carried your map and schedule card. You asked directions to the cafeteria. You didn't know any of the teachers. It took you a year to open your locker.

In just a matter of weeks, however, you were finding your classes, meeting new people, and finally understanding how this school worked. You started to try out for team sports. You elected your class officers and began to join clubs. You belonged.

Looking back, you realize that Freshman year was fun and exciting. You liked meeting new and different people, going to Freshman dances, attending club meetings, playing in team sports, participating in school functions, and learning the ropes. I hope that next year, when you are a knowledgeable Sophomore, you will help a confused Freshman who wants to know the sequence of blocks for Wednesday by telling him, "Go Have A Big Double Fribble." (I hope he doesn't take you literally!)

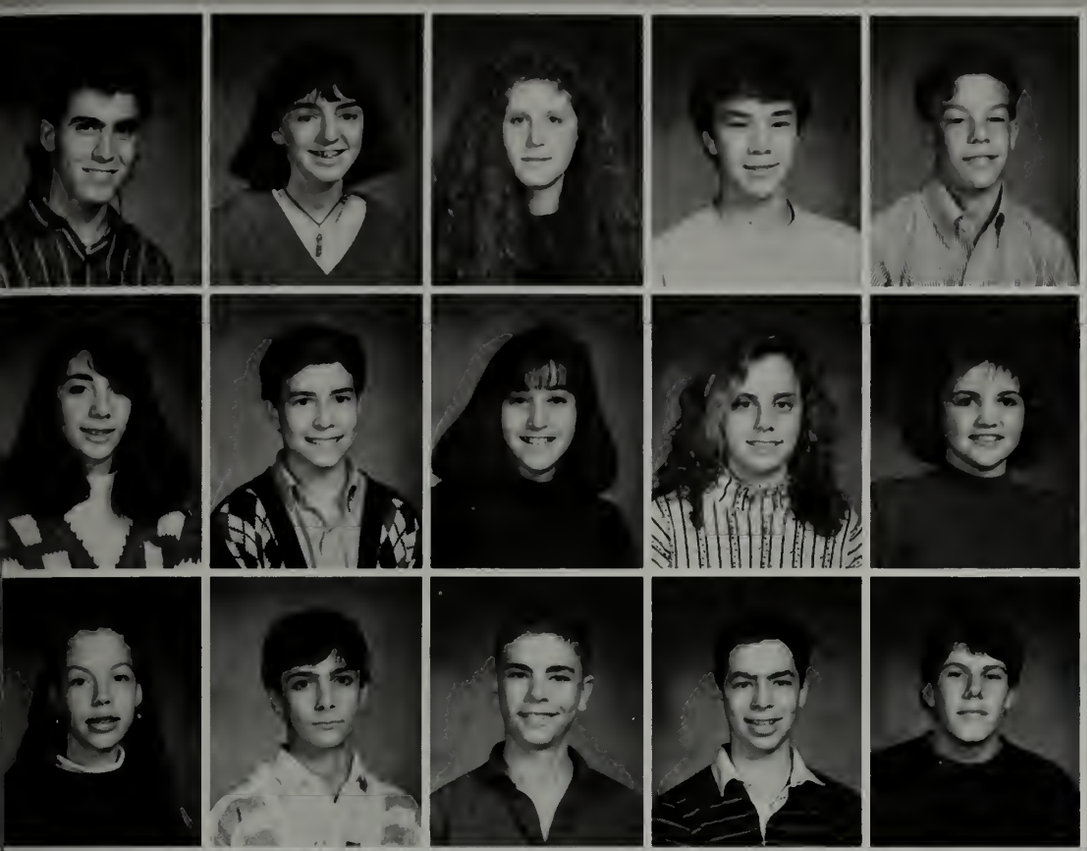
-Patricia O'Rourke

Left- FRONT ROW: Treasurer Beth Atkins, President Zachary Stillerman. **MIDDLE ROW:** Secretary Taryn Barkman, Vice President Amy Freed. **BACK ROW:** Advisors Ms. McShane, Ms. Walker.

Albano, Assunta
Alexopoulos, Peter
Anzalotti, Michael
Arnold, Michael
Atheneos, Kristi

Atkins, Elizabeth
Auth, Molly
Baker, Charles
Baldwin, Adam
Barkman, Taryn

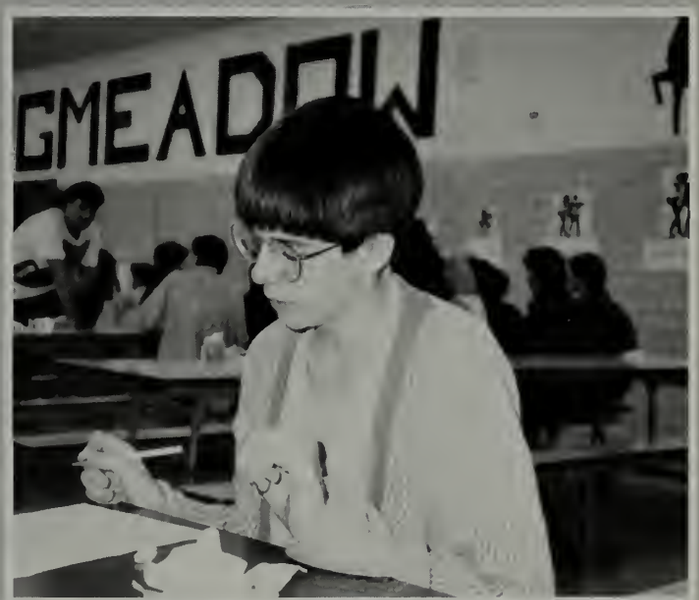
Barron, David
Bayley, Christopher
Bennett, Whitney
Bergeron, Christa
Berson, Marc



Bessoff, Noah
Beucke, Caroline
Blonder, Rebekah
Bortnick, Michael
Boucher, Christopher

Boyajian, Alana
Braverman, Marc
Brenerman, Carrie
Brooslin, Jennifer
Brunette, Elizabeth

Buchanan, Lauren
Calvanese, Michael
Canavan, Greg
Caney, Martin
Cerasa, Marc



Left- Freshmen Julie McCarthy and Zoe Robertson look relieved at the end of a long day.

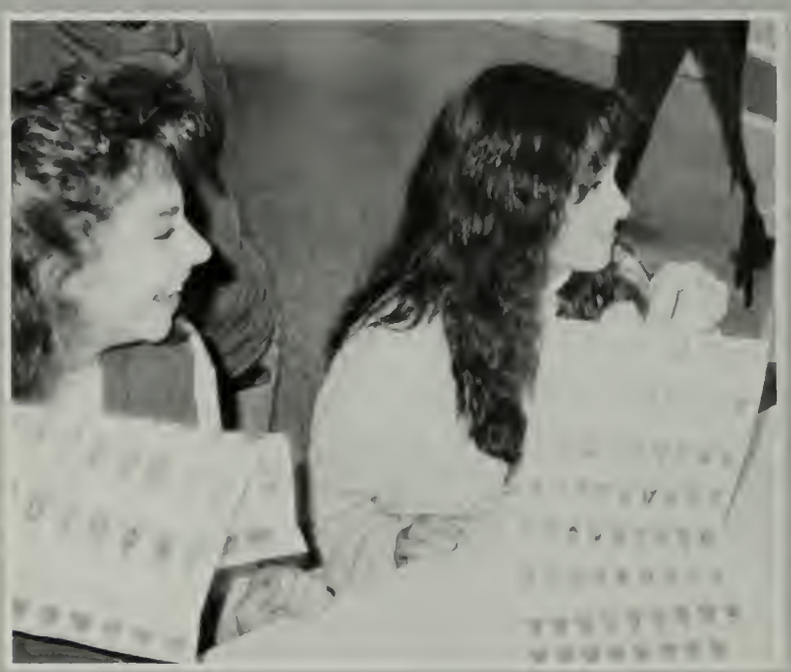
Above- Freshman Casey Ryan finishes up some homework in the cafeteria.

Chalero, Lisa
Christie, Lindsey
Cohen, Joshua
Cohn, Adrienne
Colloton, John

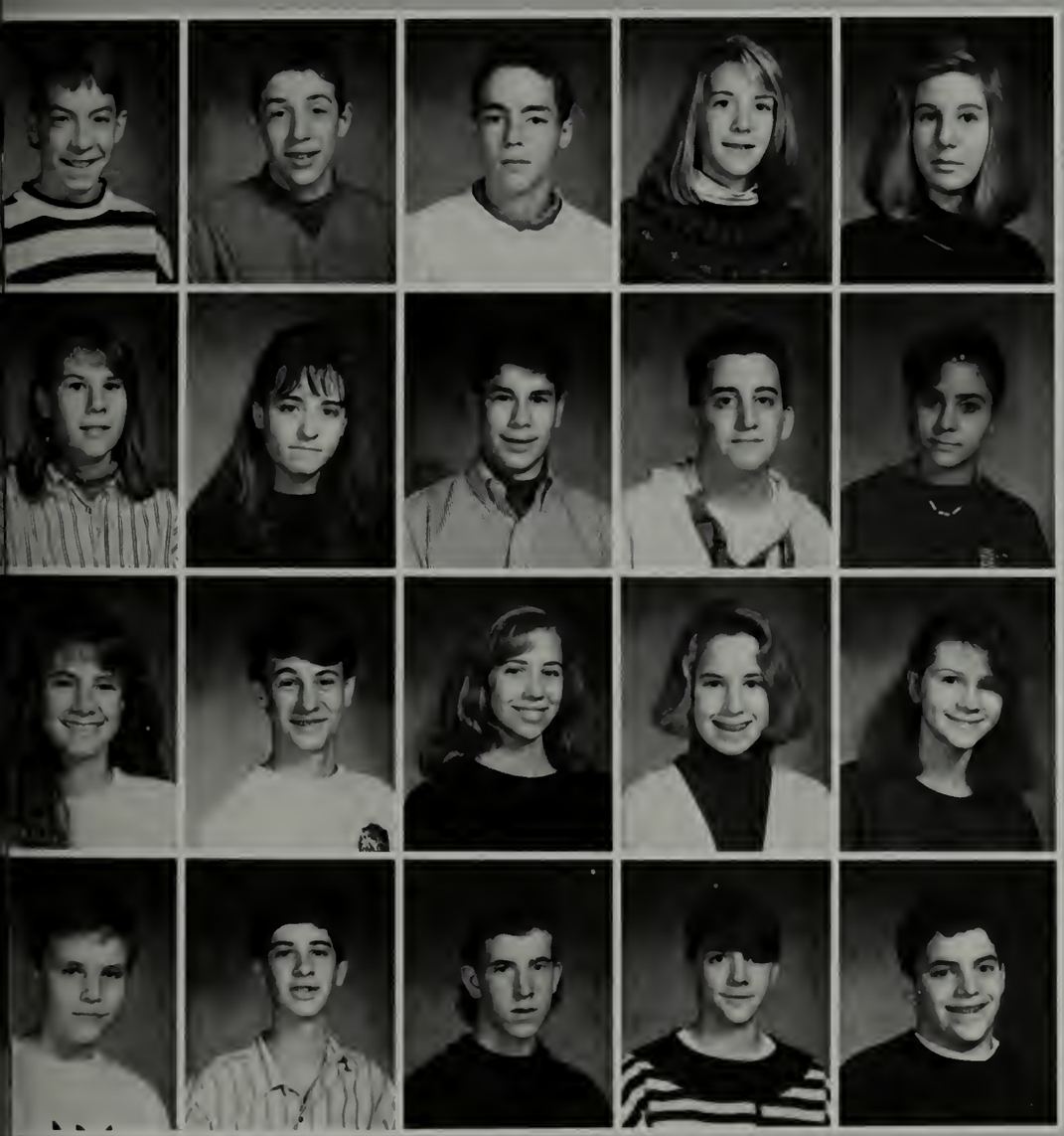
Cox, Jason
Cox, Sari
Cutting, Darrel
Dahlquist, Tor
Dambrov, David

Degon, Michael
Delong, Joshua
Demos, Jennifer
Demos, Julie
Derose, Timothy

Right- **Freshman John** Thompson etches a design on sheet metal during a shop class.

Below- **"It's so** hard to decide," say Freshmen Mandie Silver and Larissa LeClair.

Left- Freshman Heidi Harbison is ready to go home for the weeken.

Above- Freshmen Whitney Bennett, Nathan Grenier, and Christa Bergeron form their own study hall.



Deshaw, John
Desrosier, Anthony
Diaz, Andres
Dibble, Sarah
Duquette, Michelle

Edgerly, Natalie
Emery, Jessica
Epstein, Seth
Fialky, Joshua
Fountain, Sarah

Freed, Amy
Friedberg, Joshua
Friedenson, Kari
Friedman, Carly
Gainski, Michelle

Gallivan, Gregory
Ginsburg, Andrew
Girotti, James
Gleason, Craig
Goldberg, David

Green, Matthew
Green, Stephanie
Grenier, Nathan
Grey, Joshua
Grosnick, Wendi

Gudikunst, Matthew
Haen, Heather
Hahesy, Elizabeth
Harbison, Heidi
Harlow, Scott

Harrelson, Whitney
Hayes, Jennifer
Hennessy, Maura
Herd, Sarah
Hill, Benjamin

Above- "I can't believe this is happening," says Freshman Maura Hennessy.

Above Right- **Freshmen** Kasey Taylor and Sue Albano survey the hall before class.

Right- **Freshman Ron** Werth gives some friendly advice to a classmate.

Left- **Freshman Amy** Freed watches as the Lancers win another Thanksgiving game.

Above- **"Wait, let** me check my hair!" says Freshman Ryan Lomme.

Hiltpold, Tina
Hinshaw, Matthew
Homicki, Carl
Houston, Katharine
Hulsebus, Brant

Jolin, Tad
Joshi, Uday
Joyce, Robert
Kaiser, Neal
Kaplan, Andrew

Kaplan, Michelle
Kaufman, Randi
Kenney, Bevin
Khera, Nick
Kimball, Daniel

Kimball, Tyler
Kittredge, Michael
Kittredge, Scott
Kline, Judith
Kloster, Peter

Kuhn, Leslie
Lawrence, Heather
Leaderman, Jana
Leclair, Larissa
Leonard, Elizabeth

Levitz, Seth
Lomme, Ryan
MacDonald, Gregory
MacLaughlin, Alison
Magee, Marc

Right- **Freshman Molly** Auth shows concern for Freshman Matt McGuire's injury.

Below- "**This is** so boring! says Freshman Andrew White to Peter Kloster.

Below **Right- Freshman** Marc Berson explores uncharted territory.

Magovern, Carrie
Martenson, Eric
Mayock, Fritz
McCarthy, Julie
McGuire, Matthew

McLaughlin, Kathleen
McNair, Daniel
McPartland, Peter
Mendelson, Jenny
Metz, Martin

Mischou, Dawn
Molinari, Richard
Monson, Jill
Morgan, Ryan
Morin, Shelley

L eft- "Is this my good side?" asks Freshman Marc Magee of the photographer.

A bove- Freshman Bevin Kenney is proud of her fine performance.

Mouchantat, Heather
Mouchantat, Jennifer
Moxom, Marie
Murphy, Katherine
Murphy, Noreen

Norwood, Tanya
O'Connor, Brian
O'Rourke, John
O'Rourke, Todd
Olney, Lisa

Orenstein, Melissa
Ostrowsky, Karen
Palmer, Timothy
Pelletier, Tara
Peter, Laurent

Above- **Freshman Ashley** Shine contemplates her next play in a soccer game.

Right- **Freshman Tara** Pelletier thinks back on a tough game.

L eft- A lost Freshman searches for the school elevator.

B elow- Freshman Andrew Kaplan crams for his Geometry test.

Phaneuf, Jessica
Poltack, Julie
Primack, Stacy
Quinn, Heather
Rappaport, Lisa

Riccio, Jason
Ritchie, Sharon
Roberts, Lauren
Roberts, Lindsay
Robertson, Zoe

Roche, Jessica
Rodger, Jessica
Rosenberg, Lisa
Rousou, Laki
Rowland, Elizabeth

Volleyball

This year the intramural volleyball program, supervised and refereed by Roger LeBlanc, once again displayed the competitive spirit of students at Longmeadow High School.

About 130 students participated in the volleyball intramurals, with each team consisting of eight to ten players. The nine girls' teams played twice a week immediately after school, from 2:30 to 3:00 P.M., while the six boys' teams competed twice a week at night from 7:00 to 9:15 P.M. The "season" games led up to a post-season tournament which decided the league champions. This year, the winning teams were Ivli's Harem and Beach Front Property.

Mr. LeBlanc, who dedicated many hours of his time in order to ensure the success of the intramural program, said that he enjoyed the volleyball matches. He stated, "It's fun to do it and it's really neat to see students having fun and getting into what they are doing."

The intramural volleyball program combines competition with improvement of skills to allow the students to do what they do best- **HAVE FUN!**

-Tammy Butler

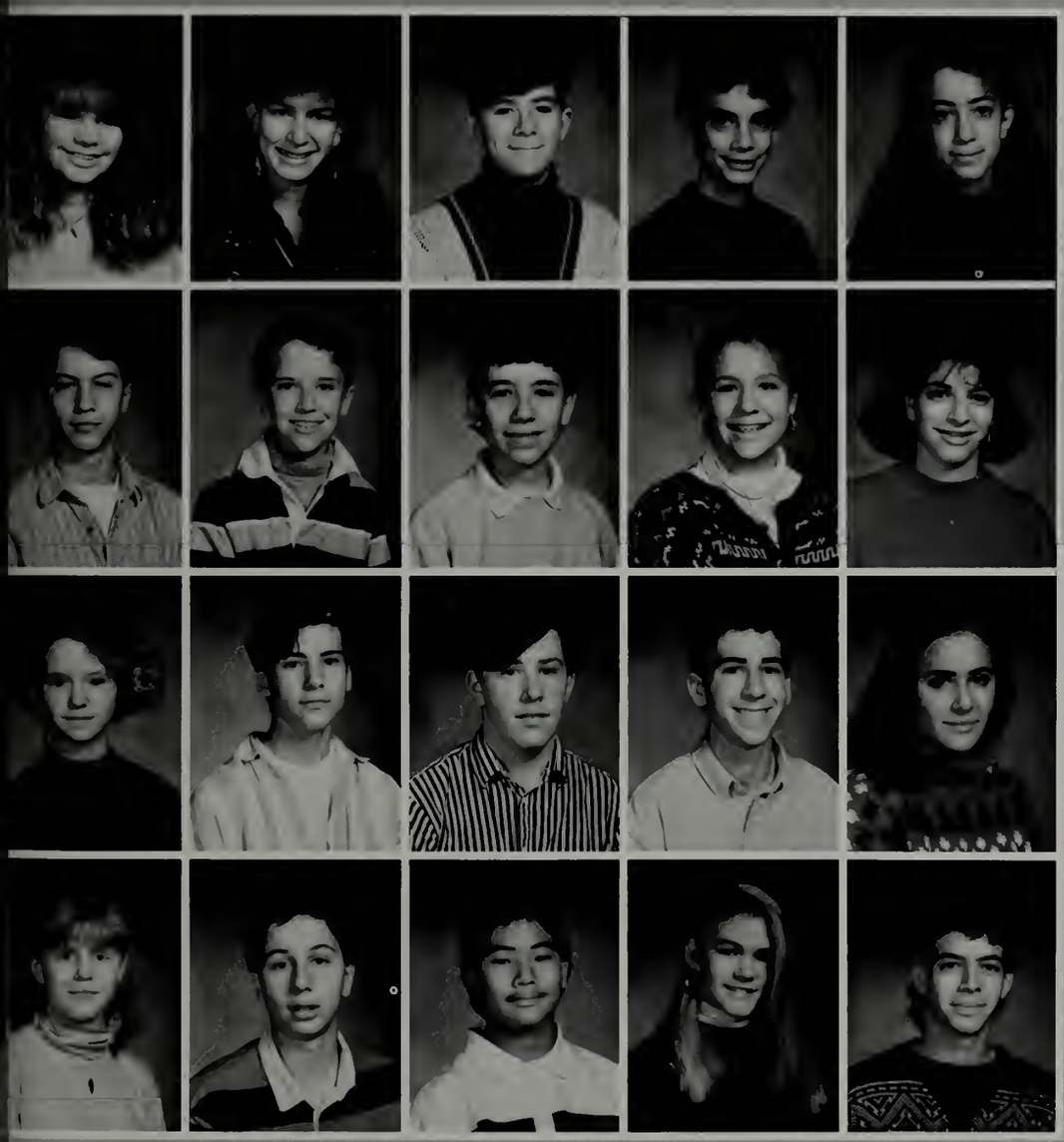
Top- "I thought you were getting that one," say Sophomores Lashaun Skillings, Sarah Kittredge, and Mara Green.

Right- Junior Amy Magill serves the ball.

Far Right- "Get ready for a slam," says Junior Beth Sibilia to Senior Nicole Carrier.

A bove- "This one's all mine!" says Sophomore Kathlene Kielbania.

L eft- Sophomore Yoshie Matsumoto and Katie Rizzo get ready for a winning return.



Royal, Amy
Rubin, Suzanne
Ryan, John Casey
Sakellis, Christopher
Salz, Talya

Sandler, Daniel
Sanford, Adam
Sanofsky, Joshua
Santoro, Danielle
Scheer, Beth

Schnitzler, Aletta
Schwartz, Zachary
Shannon, Kevin
Shapiro, Craig
Shatz, Sarah

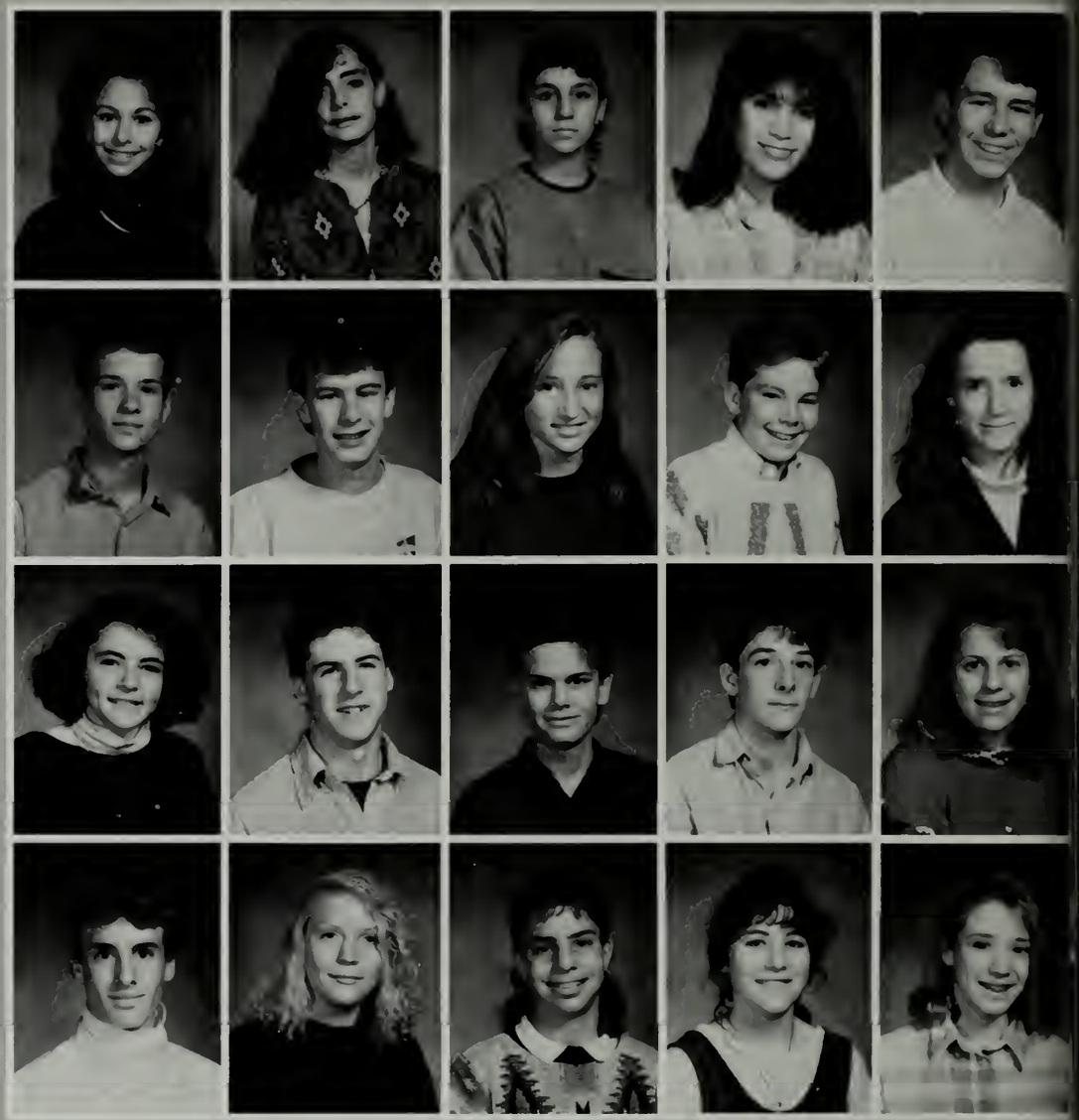
Sheets, Abigail
Sheikh, Omar
Shih, Richard
Shine, Ashley
Shore, Michael

Silver, Mandie
Sinclair, Yolanda
Singo, Tara
Slachta, Lara
Smith, Matthew

Smith, Matthew
Sokolov, Aaron
Sorrell, Elana
Stillerman, Zachary
Strodel, Melanie

Sullivan, Christin
Sutton, Tyler
Sweet, James
Szczepanek, David
Szela, Sandra

Szyluk, Marc
Talbot, Megan
Tarr, Rory
Taylor, Kathryn
Thomas, Amy



Above- Freshmen Josh Delong and Stan Werth rush to the food line in anticipation of a culinary delight.

Right- "Does my hair look O.K.?" asks Freshman Micki Kaplan.

L eft- Freshman Matt Smith is tired out after a strenuous Freshman gym class.

A bove- Freshmen Anthony Desrosier tries to imitate the expression of the sculptures.

Thomas, Darren
Thompson, Jonathan
Tieman, Amy
Van Tassel, Jason
Vassallo, Rebecca

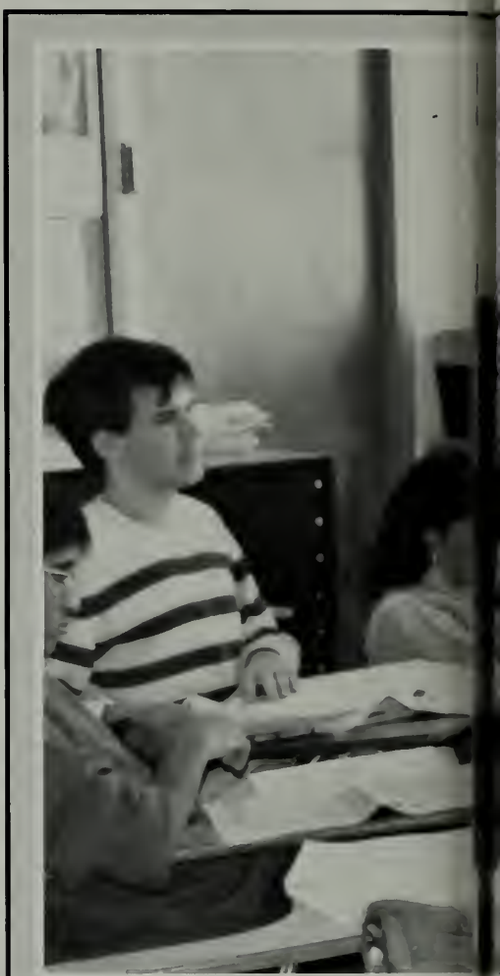
Veratti, Gary
Walker, Elizabeth
Walsh, Erin
Watanabe, Soichiro
Werman, Scott

Werth, Ronald
Werth, Stanley
White, Andrew
Wickers, Kelly
Wilson, Dawn

Wischhof, Jeffrey
Zive, Todd
Zollmann, Deborah

Organizations

In-volved



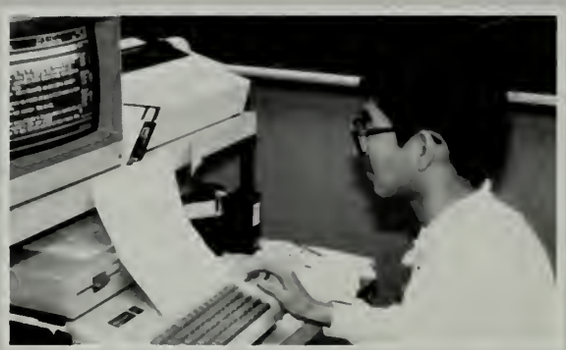
So, you are a Freshman and are struggling to find a new identity. Or maybe you are an upperclassman and still cannot locate it. The answer? Clubs. Where else can you meet people with similar interests in a fun, enjoyable setting, and develop lasting friendships? Or discover hidden talents that not even you knew you possessed? The clubs at LHS provide a variety of activities which range from academic subjects to community service and international relations. Clubs are a perfect way to get involved in the school and to have practice in dealing with your peers. An activity can be found for any student's individual taste, including academics and the arts. Extracurricular activities add to one's high school experience by making it more interesting and exciting, providing fond memories which will last forever.

-Michelle Marcoe

Left- ***Jet Jotter*** staff members Juniors Sameer Brahmavar, Maurice Pomerantz, Sonya Schwartz, and Senior Adam Shatz critique their latest issue.

Above- **Freshman Marty** Metz keeps his instrument warm with the LHS "hand."

Left- **As Schools** Match Wits members Senior Karen Lee, Sophomore Arlen Schweiger, Junior Dave Lee, and Senior Jeff Quinlan prepare for broadcast at News Center 22.



Top Left- Copy Editor, Senior Karen Lee, prepares to ask Senior Layout Editor Leigh Sasen what stories she needs for the next deadline.

Top Middle- Junior David Lee, Faculty Editor, looks up in response to a question.

Top Right- Sophomore Business Editor Parisse Spelios checks the bottom of her ad folder for money.

Middle Left- Junior Ads Layout Editor Eriko Watanabe checks her picture while Sophomore Organizations Editor Rekha Murthy looks on.

Middle Right- Photography Editors, Senior Elaina Themistos and Sophomore Tal Rencus, try to figure out the new camera.

Below- Junior Underclass Editor Archana Unni checks over her page.

Above Middle- **Senior** Tony Rodolakis, Sports Editor, crops pictures.

bove- Senior Editors-in-Chief Lou Spelios and Felice Banson check over pages before sending them to print.

Opposite Page, **Far** Left- Senior Computer/Index Editor Meng Che Hsieh makes some corrections in a caption.

Opposite Page, **Bottom-** Junior Name-Spelling Editor Josh Mandell makes sure that all the names are spelled correctly.

Masacksic

All year long, a group of dedicated and hard-working people strive to give Longmeadow High School a collection of memories from the past year. Yes- it's the yearbook staff, otherwise known as the *Masacksic* staff, ready with great pictures and snappy copy to supply recollections of events, organizations, and classmates.

Editors-in-Chief Seniors Lou Spelios and Felice Banson and a host of others toiled to preserve the memories that made this year great. Senior Editor Leigh Sasen put together a wonderful Senior section while Underclass Editor Junior Archana Unni did her part with loving care. Photography Editors Senior Elaina Themistos and Sophomore Tal Rencus recorded various happenings on film, while Senior Karen Lee as Copy Editor supplied the words to go with the pictures. Sports Editor Tony Rodolakis and Organizations Editor Rekha Murthy gave us the athletics and clubs that we love. Others, Computer/Index Editor Senior Meng Che Hsieh, Faculty Editor Junior Dave Lee, Name-Spelling Editor Junior Josh Mandell, and Business Editor Sophomore Parisse Spelios also helped out greatly.

Once again the yearbook tried to display the characteristics of each class: the newness and naivete of the Freshmen, the Sophomores' newfound assurance and cockiness, the stress of the Juniors, and the college applications and ultimate relaxation of the Seniors. These classes and events will stay in our minds and hearts forever. This is why the theme "In Retrospect" is so appropriate.

-Karen Lee

Above- **FRONT ROW:** L. Sasen, K. Smith, K Fanelli, C. Zimmer, N. Meregian, P. Spelios, K. Lee, A. Gerstle, M. Berson, M. Sedran, K. Kielbania. **MIDDLE ROW:** J. Gainski, K. Battaini, C. Riccio, A. Levitz, A. Unni, R. Murthy, E. Watanabe, T. Fingeroth, W. Dyson, J. Ryan, E. Haaxma, K. Keane, J. Mandell, T. Rencus, D. Hoffman. **BACK ROW:** L. Spelios, F. Banson, M. Cohen, T. Rodolakis, D. Murray, M. Hsieh, C. Heaphy, S. Kittredge, A. Rodolakis, N. Herman, K. Walat, P. O'Rourke, J. O'Rourke, I. Patrick.

Above- **Seniors James** Davidson, Matt Johnson and Mark Vaninni examine the product of their hard work and dedication.

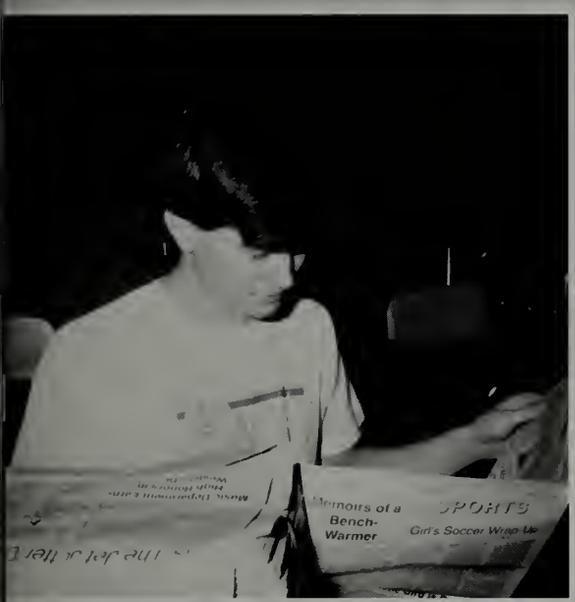
Above Right- *Rough Draft* editors- **FRONT ROW:** I. Teres, J. Davidson, E. Lynn, I. Passo. **BACK ROW:** T. Lyon, M. Johnson, D. Raymond.

Right- **Seniors Tanisha** Lyon and Andy Brooslin show how working together can help get the *Rough Draft* assignments done better.

Opposite Page, **Top**- Senior Ilyse Passo and Sophomore Mike Nadel type up their fiery editorials for the *Rough Draft*.

Opposite Page, **Middle**- Senior John Landis looks for his story in the latest issue.

Opposite Page, **Bottom**- Senior Sarah Councell receives a copy submission from Advisor Mr. Kirkpatrick.



Rough Draft

Extra! Extra! Read all about it! And this seems to be the case, for the *Rough Draft's* comical and interesting articles certainly have not gone unnoticed. Quite the opposite, for the paper has improved immensely due to the hard-working efforts of the enthusiastic staff under the supervision of Advisor Mr. Kirkpatrick and the Co-Editors-in-Chief Seniors Ilys Passo and James Davidson. With new feature/news articles concerning events that occurred in the school, and articles on topics of interest such as the Top 20 Albums of 1989, it is obvious that this year's newspaper has definitely "taken a turn for the better." This is demonstrated in the increase in the length of the newspaper from a 4-6 page issue to an 8 page issue nearly every month. According to Passo, "Although each issue had its hard times, the creativity and enthusiasm of this year's staff pulled us through many otherwise problematic situations. With the new decade, a lot of great ideas (have) surfaced among our writers."

-Michelle Marcoe

Above- FRONT ROW: I. Passo, E. Watanabe, F Banson, N. Axas, S. Councell, K. Friedenson, L. Goldman. **BACK ROW:** E. Boutin, I. Teres, R. Orban, J. Davidson, V. Quinlan, A. Brooslin, A. Belknap, D. Weaver, B. Sibilia.

Jet Jotter

This year was punctuated by turmoil for the *Jet Jotter,* Longmeadow High School's "serious" newspaper. In fact, the periodical almost closed shop for good this past fall.

As part of their campaign to lighten the *Jotter's* image, Editor-in-Chief Adam Shatz and Managing Editor David Kent published in the November issue the "Jotter Rip-Offs," a takeoff on the infamous "Draft Honors" that many thought to be in poor taste. Even more controversial was Shatz's volatile editorial about the library monitors which, according to Shatz, was meant to be satirical. The school was in a furor as newspapers were confiscated from classrooms and Dr. Murphy declared that he would personally review each issue of the paper to make sure that it contained nothing offensive. What finally resulted were the involuntary resignations of both Shatz and Kent and the voluntary resignation of Advisor Mr. Fitzgerald.

Happily, however, the *Jotter* was back on its feet by January, now led by former News Editor Senior Ajit Joshi. For the rest of the year, they turned out its traditionally informative and well-written issues. The crisis of last fall simply proves that nothing can keep this fine paper down.

-Karen Lee

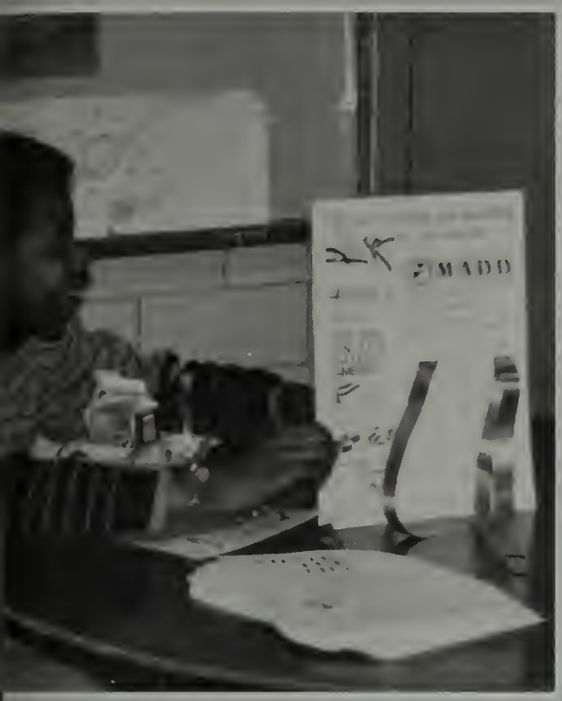
Above- FRONT ROW: N. Khera, R. Glazer, S Schwartz, A. Joshi, D. Feldman, H. Freedberg, T. Salz, C. Sakellis. MIDDLE ROW: J. Grey, S. Brahmavar, C. Epstein, J. Hyatt, M. Cohen, M. Osofsky, K. Walat, D. Hoffman, M. Pomerantz. BACK ROW: J. Gold, J Nietupski, K. Chang, S. Lin, D. Ramirez, S. Reejhsinghani, L. Fox, J. Spitz, R. Thakur.

Right- Sophomore Derick "Cheese" Weaver offers his help to another club.

Below- Senior Ajit Joshi keeps on top of things in a *Jet Jotter* staff meeting.

Above- Sophomores Monica Osofsky and Katie Walat at Junior Sonya Schwartz review story ideas for the next issu

Below- **Junior Dwight** Collings sharpens his pencil for a test.



ABC/Metco

For a number of years, the ABC and Metco programs have been offering students of various nationalities from different cities to reap the educational benefits that LHS provides. Although they are united in the same objective, these two programs are not as similar as might at first be thought.

In the Metco program, buses transport minority pupils back and forth between Springfield and Longmeadow High School every day. This service is not only to give these kids an education, but also to integrate the Longmeadow schools. While it may be complicated to live in a different city, the Metco students participate in various activities, and generally, they feel accepted.

The same follows for ABC, or A Better Chance. This program brings together students from major cities all over the country and places them in a special ABC house with two resident directors. Funded by a road race, a tag sale, and personal donations, the service provides these kids with the opportunities that we who live in Longmeadow might take for granted, and also helps them to go on to highly prestigious schools.

As well as providing educational opportunities for minority students, ABC and Metco gives something to Longmeadow pupils as well: a look at the world outside of our sheltered environment.

-Karen Lee

Above- **Junior Ravi** Thakur ponders his future role in the *Jet Jotter.*

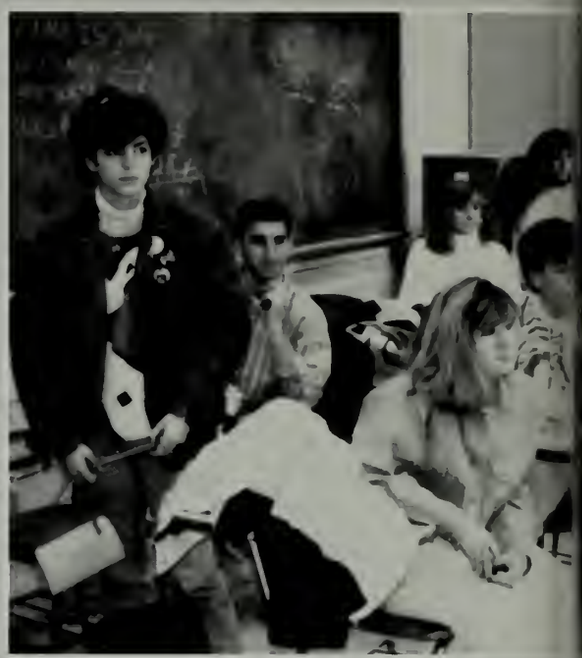
Impressions

Did *Impressions* come out today?" "Nope, I think it might be out tomorrow!" Each year students eagerly await the distribution of LHS's literary and artistic magazine. Who could guess such talent lurked in our own hallowed halls? Yet each year we are surprised and amazed at the creativity of our peers. There is more to *Impressions,* however, than that one day in June when we discovered these hidden talents about our friends.

Much work goes into this project, beginning near the end of November. *Impressions* has an impressive team, with Seniors Sarah Councell and Adam Sher as the general editors. Juniors Hannah Freedburg and Marla Geha preside over the literary department, Senior Jeff Bye is in charge of art, Senior Mike Casey and Junior Dana Raymond design the layout, and Junior Patricia O'Rourke handles the publicity. Ms. McShane presides over the group as its advisor. Everyone on the staff invests many hours all year into making the award-winning magazine.

Congratulations to this year's hard-working *Impressions* staff, and may the tradition continue!

-Patricia O'Rourke



A bove Right- *Impressions* staff members listen attentively to their advisor and general editors.

R ight- Freshman Talya Salz gets last minute writing instruction.

A bove- FRONT ROW: M. Silver, R. Ostrowski, T Salz, P. Brookmeyer, J. Landis, S. Councell, M. Schnitzler, L. Schafer, J. Zollmann, R. Glazer, A. Sher, J. Bye, M. Osofsky. **BACK ROW:** H. Freedburg, P. O'Rourke, D. Raymond, J. Stevens, M. Gordan, A. Raman, J. O'Rourke, M. Geha, D. Epstein, E. Watanabe, K. Parsons.

Senior Elaina Themistos rehearses her lines.

e- Director Vickie Phillips gives some prime acting tips to homore Sanjiv Reejshinghani.

B elow- K. Houston, B. Sheehan, K. Walat, M Gainski, C. Beuke.

Drama Club

Nineteen Ninety proved to be a year of upheaval for Longmeadow High School's theater program. Longtime director Michael Mucci surprised everyone by announcing in October his intention to resign as drama administrator in order to devote himself to the instrumental groups. A search ensued for a replacement. Veteran actress and singer Vickie Phillips was found, and gladly took the job.

Ms. Phillips gave the Drama Club a new format. Where as in past years, all one had to do to be in the club was to be involved in a play, now there were acting classes every week for those who were interested. After several months of work, a production of *Spoon River Anthology* was perfected, and was performed in the Massachusetts High School Drama Festival in March and the One-Act Festival in April. The cast consisted of twelve fine actors, including Seniors Doug Dickerman, Karen Lee, Matt Johnson, Elaina Themistos, and Beth Stenstrom, Juniors Rob Templeton and Mitch Magee, Sophomores Brenna Sheehan and Katie Walat, and Freshmen Chris Boucher, Liz Brunette, and Katherine Houston. Backstage were Senior stage manager Jenn Kaplan, Sophomores Danielle Feldman, Sanjiv Reeshsinghani, and Freshmen Michelle Gainski, Jessica Roche, Abby Sheets, Christine Sullivan, and K.C. Taylor.

Judging from this year's success, it is certain that next year will prove to be just as rewarding.

-Karen Lee

Below- **LYRICS- FRONT ROW:** M. Pomerantz, D Freed, T. Lyon, C. Taylor, D. Weaver, K. Lee, S. Councell, M. Delong, S. Shomes, H. Freedberg. **MIDDLE ROW:** D. Dickerman, E. Haley, L. Hooper, J. Pacella, A. Johnson, M. Webber, E. Lord, P. Davidson, M. Green, H. Broga. **BACK ROW:** P. McMonagle, L. Schafer, A. Airne, B. Miller, H. O'Connor, D. Kim, A. Lewis, A. Rossow, J. Quinlan, E. Heaphy, T. Tervalon, Accompanist J. Gainski.

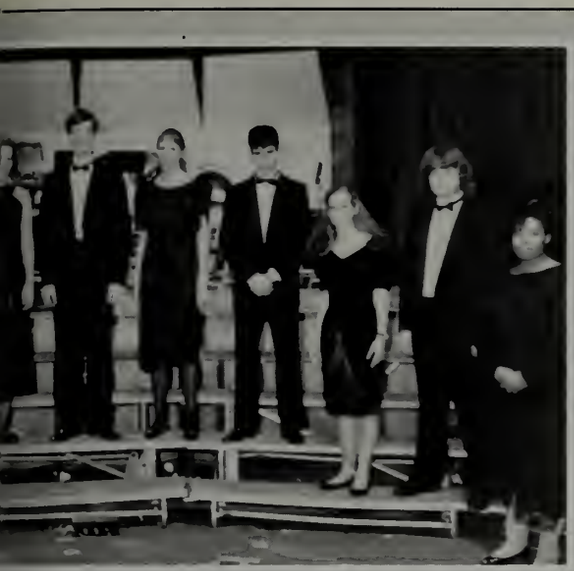
Above- **MENS CHORUS- FRONT ROW:** U. Joshi, J. Ryan, Miss. Havener, B. Berger, A. McKenzie, J. Wallace, Mr. Thomsen. **BACK ROW:** G. Canavan, N. Pollak, N. Axas, M. Hoffman, K. Henrikson, Z. Walen, K. Fleming.

Top Right- **I CANTORI-** M. Pomerantz, A. Johnson, D. Kim, M. Delong, A. Lewis, E. Heaphy, J. Quinlan, L. Hooper, D. Dickerman, S. Councell, A. Airne, T. Lyon.

Middle Right- **GIRLS CHORUS- FRONT ROW:** J. Roche, C. Magovern, M. Silver, B. Rowland, Z. Robertson, B. Atkins, Miss. Havener, M. Kaplan, K. Taylor, K. Houston. **BACK ROW:** A. Royal, L. Slachta, M. Talbot, M. Gainski, K. Reynolds, M. Hennessey, A. Rubman, K. McLaughlin, J. McCarthy, A. Sheets, K. Murphy.

Right- **Lyrics members** Senior Sarah Councell and Sophomore Patrick Davidson put the utmost concentration into their singing.

Far Right- **Mr.** Thomsen's conducting abilities shine through during the Chamber Music Concert.



Chorus

Longmeadow High School's chorus once again had a superb year, with twenty singers accepted into the Senior District choir. The groups continued to combine fun and education to produce pleasant harmonies.

Our choral department is divided into four groups. Girls Chorus, which is taught by Peter Thomsen, consists of Freshman girls who only need a love of singing to be involved. Mens Chorus, also presided over by Mr. Thomsen, is based on the same concept as Girls Chorus, with boys of all ages populating the group. Concert Chorus, which in past years has been taught by Michael Mucci, is now led by newcomer Holly Pearson, and is open to Sophomore, Junior, and Senior girls. Lyrics, instructed by Mr. Thomsen, is available to students of all ages and both sexes, provided that they pass a rigorous audition. Finally, in Lyrics, there is an even more select subgroup of twelve singers, I Cantori.

One or more of the groups graced us with their melodies at the Chamber Music, Fall, Winter, Pops, Spring, and Major Works concerts this year. These presentations and the informal classroom environment made for better learning and a fun-filled atmosphere.

-Karen Lee

Above- CONCERT CHORUS: FRONT ROW: J. Berger, C Maguire, H. Haen, T. Johnson, M. Osofsky, C. Cash, Mrs. Pearson, V. Lauro, L. Sasen, J. Gregorski, B. Sheehan, J. Demos. **MIDDLE ROW:** J. Gloth, A. Gelinas, C. Wilson, K. Peritz, K. Elman, N. Herman, T. Vogel, L. Fox, J. Spitz, C. Heaphy, L. Hodges, S. Dabiri. **BACK ROW:** E. Hoffman, M. Perlaky, K. Bruce, L. Hagberg, A. Walker, K. Kaufman, C. Chagnon.

WIND ENSEMBLE- **FRONT ROW:** V. Quinlan, L. Boehm, N. MacElhiney, R. Orban, M. Webber, D. Spivak, S. Dibble. **SECOND ROW:** M. Titus, M. Schnitzler, M. Berger, M. Anzalotti, J. Grey, K. Fanelli, C. Sakellis, J. Bayley, L. Schafer. **THIRD ROW:** T. Rencus, J. Davidson, B. Godin, D. Mott, F. Banson, K. Friedenson, D. Lee, M. Johnson. **FOURTH ROW:** J. Shyloski, M. Casey, M. Sedran, D. Young, J. Landis, G. Bibeau, J. Bazick, C. Bayley, K. Chase, J. Friedman, A. Rodolakis, J. Labovitz, Mr. Mucci. **BACK ROW:** E. Hutchins, A. Sisitsky, M. Griffin, P. Ritchie, K. Fleming.

ORCHESTRA- D. Feldman, C. Friedman, T. Shah, G. Beucke, K. Fleming, L. Khun, D. Kim, J. Huot, H. Harbison, R. Udipi, A. Stachowicz, B. Cope, Mr. Mucci, E. Heaphy, A. Desrosier, T. Fingeroth, C. Heaphy, M. McGuire, A. Airne, M. Lawrence, T. Salz, J. Delong, P. Cothran.

CONCERT BAND- **FRONT ROW:** A. Joshi, R. Kurian, A. Schnitzler, L. Ingis, C. Bullock, L. Olney, J. Leaderman, J. Rodger, N. Meregian, N. Napoli. **SECOND ROW:** A. Rodolakis, A. Ginsburg, D. Wilson, Z. Robertson, M. Sterba, K. Goldman, M. Steele, K. Kielbania, A. Lovell, Z. Stillerman. **THIRD ROW:** G. Degon, O. Herbert, M. Metz, G. Canavan, P. Brookmeyer, A. Rossow, K. Boyd, L. Buchanan, B. Rowland. **BACK ROW:** J. Watts, C. Hodges, K. Houston.

Top- Juniors Jessica Friedman, L Lee, John Bazick, Seniors Mike C and Tony Rodolakis prepare to pe "Sonata From Die" at the Chambe sic Concert.

Above- Sophomore Tushar plays Schubert's "Unfinished phony" with emotion.

Right- Senior Anthony Airne, performed in the All-Eastern rus, is an accomplished cello player All-State Orchestra also.

Instrumental Music

The Longmeadow High School instrumental program, long known in Western Massachusetts for its excellent ability to mold and produce young musicians, reached a new level of eminence during the 1989-1990 school year. In Mr. Mucci's first year as the instrumental conductor, the Wind Ensemble, Orchestra, Concert Band, and Jazz Band performed musical selections that in previous years were thought to be too challenging for any group in New England. Mr. Mucci increased the ability of each individual musician through constructive encouragement and the instillation of a drive to mold the student into the best player possible.

Throughout the year, the four music groups performed difficult pieces such as "Selections from *The Phantom of the Opera*," Franz Schubert's "Unfinished Symphony," John Barnes Chance's "Variations on a Korean Folk Song," and Don Menza's "Groovin' Hard." Another highlight of the school year was the acceptance of 37 instrumentalists into the Western District Orchestra, Concert Band, and Jazz Emsemble, and the reception of All-State recommendations for twenty of those students. With Mr. Mucci's dedicated guidance, approximately one-tenth of the school is continuing to enhance their talents.

-David Lee

JAZZ BAND- **FRONT ROW:** D. Freed, M. Titus, J. Davidson, D. Mott, F. Banson, T. Rencus. **MIDDLE ROW:** M. McGuire, K. Fleming, H. O'Connor, R. Orban, J. Shyloski, M. Casey, M. Sedran, J. Landis. **BACK ROW:** C. Bayley, K. Chase, J. Friedman, A. Rodolakis, A. Rossow.

Right- Senior Gary Martenson tutors Freshman Casey Ryan as part of his club duties.

Far Right- Senior Kathleen Murphy makes use of her local NHS bookstore.

Opposite Page, Bottom Center-"I wonder how many books I will sell today?" thinks Junior Eriko Watanabe.

Above-FRONT ROW: H. Hampf, N. Carrier, J. Joseph, J. Gregorski, J. Gainski, C. Uss, M. Geha, A. Townshend, C. Barkman. **ROW 2:** I. Teres, L. Goldman. **ROW 3:** D. Kim, M. Pomerantz, K. Chang, S. Schwartz, J. Mandell, S. Councell, M. Marcoe, K. Smith, S. Miller, D. Raymond, J. Stevens, D. Hoffman, R. Roberts, M. Metz, J. Anderson, E. Lynn, T. Paczkowski, J. Schweiger, A. Engelman, A. Rossi. **ROW 4:** J. Magovern, F. Banson, J. Mitchell, S. Lin, J. Hyatt, J. Polga, M. Hsieh, M. Madison, L. Boehm, H. Freedberg, K. Kaufman, A. Joshi, L. Spelios. **ROW 5:** D. Lee, G. Martenson, D. Kent, M. Gordon, E. Boutin, A. Rodolakis, A. Weiler, J. Pacella, D. Poltack, G. Oron, M. Sherman, R. Calcasola, J. Rappaport, D. Dickerman, D. Spivak, M. Titus, J. Bayley, E. Vanrossen, R. Gudikunst, G. Gonzales, K. Daisley, M. Murphy, T. Butler, E. Heaphy, J. Cunningham, M. Johnson. **BACK ROW:** D. Young, J. Landis, J. Labovitz, M. Magee, A. Orenstein, J. Bazick, K. Battaini, J. Kaplan, S. Lyons, R. Jarvis, M. Casey A. Brooslin, J. Bruns, D. Freed, B. Zive.

NHS

Question: Why do some of the graduating Seniors have a glimmering gold tassel attached to the normal black and white ornaments hanging from their caps at a Longmeadow High School graduation?

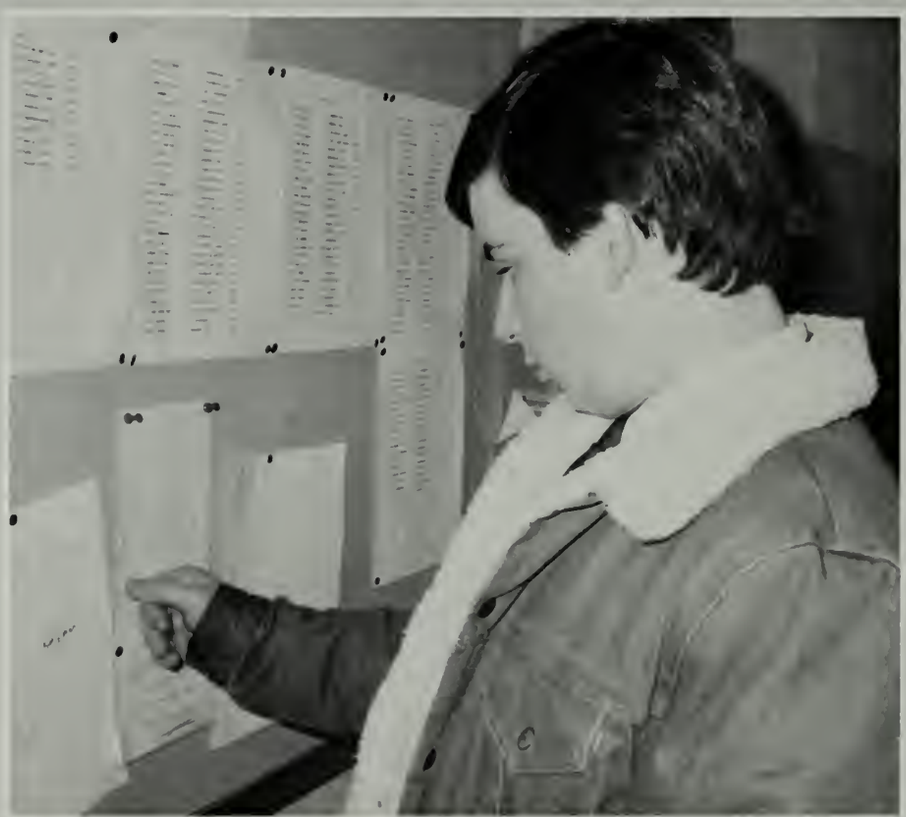
Answer: These gold-branded Seniors are members of the National Honor Society, a student-run high school service club whose members have shown academic excellence throughout their years. Most students who maintain an A or B average as underclassmen will be selected for the National Honor Society in their Junior or Senior year. Eligibility for NHS is based on a point system, each A received in a course being equal two points, each B, one point, each C, zero points, and each D, -1 point. In order to be eligible for NHS in the Junior year, one's point total must equal a total of 16 points or more. As a Senior, one's points must be equal to or be greater than 18.

NHS had more than fifty members inducted this year, all of them spirited and ready to dedicate themselves to the NHS activities. Among events organized this year were a bake sale for the parents on Open House Night, the year-long operation of the bookstore during lunch in the cafeteria, and the tutoring service offered year-round and free of charge to students. President Senior Nicole Carrier, Vice-President Senior Kevin Fleming, Corresponding Secretary Senior Gary Martenson, Social Secretary Senior Ajit Joshi, Treasurer Senior Jen Gregorski, and Tutoring Chairpersons Seniors Mike Casey and Sarah Councell work together with advisors Mrs. Pincus and Mrs. Degon on a regular basis to organize events and to make sure that ongoing activities are running smoothly. Money raised through bookstore sales goes into a fund for several $100 NHS scholarships, which Seniors may apply to aid their college tuition.

-Carolyn Zimmer

Above- French is made easier to Sophomore Natalia Hobbs thanks to Senior Lou Spelios.

Below- Senior Richard Balakier politely corrects President Joel Van Amberg after a meeting.



Above- Sophomore Matt LaPre steps forward to claim his hours.

Top Center- Sophomore Brian Kelley invites members to sign up for a project.

op- Emcees **Doug** Dickerman, Jackie Joseph, and Dave Welker keep the audience laughing at the Variety Show.

bove- **Sophomore Emily** Lord sings and plays the guitar to "Wind Beneath My Wings," for which she received a nding ovation.

eft- **Junior Audra** Johnson sings her way into the audience's heart with "Let It Be."

Key Club

The Key Club continued its tradition of community service this year. The induction of thirty new members into the organization brought membership close to one hundred students, with each person catering to the public for ten hours each month.

Mr. James Climo returned this year as advisor, and President Joel Van Amberg, First Vice-President Rich Balakier, Second Vice-President Alex Frost, Treasurer Dana Green, and Secretary Dana Spivak led the club in many successful projects. The annual Variety Show raised money for the Kiwanis Pediatric Trauma Institute and for saving the rain forests. Poinsettias were sold to raise money to buy new flags for classrooms, replacing old, faded ones. The club continued to sell concessions at football and basketball games, visited Shriner's Hospital on weekends, and partook in bingo at Emerson Manor. In addition, they collected five hundred cans of food for the homeless in Springfield, delivered turkeys to the needy, and shoveled driveways for the handicapped.

It is the dedication of students to community service that makes Key Club such a successful and important organization.

-Tammy Butler

A bove- **FRONT ROW:** V. Ormsby, A. Gerstle, D. Weaver, M. Lewis, J. Chrzan, N. Axas, J. Roger, K. Murphy, T. Singo. **SECOND ROW:** M. LaPre, G. Gallivan, S. Werman, B. Schara, B. Kelley, N. Khera, A. White, N. Napoli, L. Fox, B. Passo, K. Elman, A. Raman, L. Silverman, C. Fagin, J. Haller, L. Buchanan, C. Beucke, A. Schnitzler, J. Kline, B. Rowland, S. Green, P. Brookmeyer, Y. Matsumoto. **THIRD ROW:** S. Harlow, N. Grover, S. Watanabe, S. Levitz, T. Derose, P. Kloster, G. Martenson, B. Laffey, S. Lin, A. Gelling, A. Schweiger, L. Rosenburg, M. Moxom, H. Lawrence. **BACK ROW:** D. Barron, J. Riccio, K. Schlueter, N. Carrier, A. Walker, C. Park, J. Van Amberg, A. Frost, R. Balakier, J. Quinlan, D. Spivak, L. Hagberg, M. Schnitzler, T. Tervalon, L. Schafer.

Right- **Interested members** line up to help others.

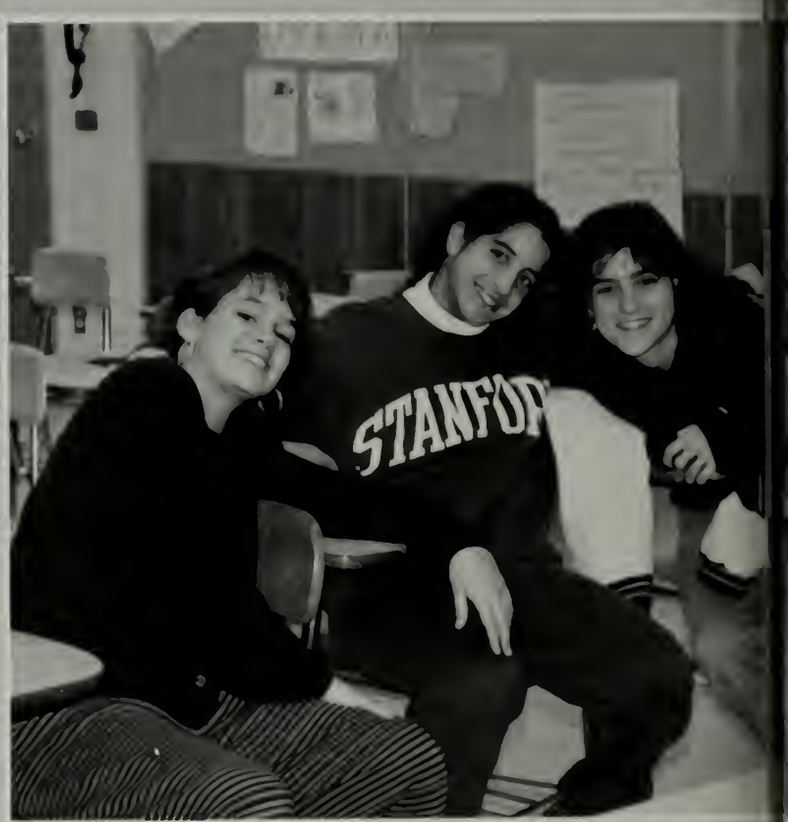
Opposite Page, **Top-** Seniors Andrea Engelman, Jessica Rappaport, and Junior Liz Lehman play a "key" organizational role in the club.

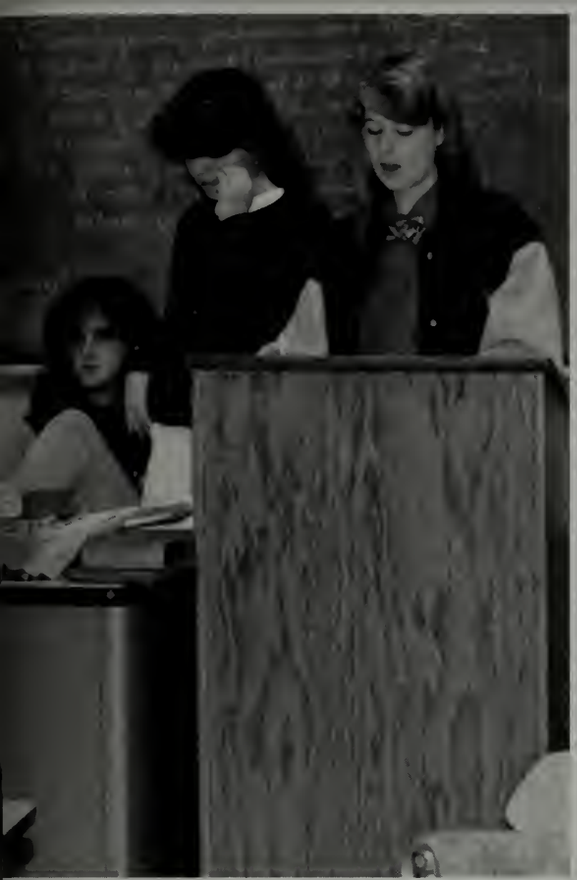
Middle Right- **Juniors** Rachel Orenstein and Michelle Marcoe discuss what projects they should do together.

Opposite Page, **Bottom-** Advisor Mrs. Wilkinson assembles the Keyette events in chronological order.

Bottom Right- **Community** service puts smiles on the faces of Seniors Jodi Rosol, Jackie Joseph, and Steph Lyons.

Below- **Junior Karen** Serrenho ponders her next contribution to the community.





Keyettes

The Keyettes have for many years been faithfully serving the community. Every Monday night the fifty members meet with officers Juniors Liz Lehman, Damaris Curran, Seniors Kathleen Murphy, Andrea Engelman, Jessica Rappaport, and Junior Apryl Jalonen in order to determine new projects and ways to fill the minumum ten hours that the members must volunteer. Those who did not use the ten hours allocated to them were asked to leave the club and were replaced by other eager girls.

Funds for many charities came from various Keyette events. Money has come from the sale of chocolate Easter bunnies and phone-a-thons; they have also raised revenue from activities such as a stair climb for Cystic Fibrosis and a crop walk for the fight against hunger. Other services included gift-wrapping and face-painting at the Children's Zoo in Forest Park.

The Keyettes have always been there to provide support for the common good, and they will continue working for the community for many more years to come.

-Karen Lee

Above- FRONT ROW: A. Jalonen, K. Murphy, D. Curran, L. Lehman, A. Engelman, J. Rappaport. **BACK ROW:** N. Murphy, J. Watts, S. Zwick, K. Keane, R. Orenstein, K. Bruce, W. Dyson, M. Marcoe, E. Watanabe, J. Zollman, L. Bortnick, K. Winkler, C. Riccio, J. Joseph, K. Serrenho, M. Lawrence, S. Lyons, J. Rosol, E. Van Rossen, J. Langieri, K. Baldwin, T. Fleisher, L. Rappaport, B. Sheehan, M. Carrazza, T. Butler, E. Lynn, M. Osofsky, D. Hoffman, J. Anderson, J. Friedman.

AFS

The American Field Service, or AFS, has had an extremely successful year, conducting such activities as a student exchange with a high school in Ellsworth, Maine, a group journey to Montreal, Canada, and the organization of a winter carnival for the young children of Longmeadow. AFS is a community service organization that sponsors students from other countries who are taking time abroad to add to their studies. They also send students from Longmeadow to foreign countries so that they may enrich their cultural knowledge of the world. Presently, AFS is housing two exchange students from overseas. The first of these students, Eva Vanrossen, has traveled from the Netherlands Netherlands to attend Longmeadow High School for her Senior year. Another student, Gabriel Gonzales, came from Chile and is also enrolled as a Senior. Currently AFS is sponsoring one student overseas. Vanessa Hoyt, a member of the class of 1989, is spending the '89-'90 year in Belgium. AFS officers, President Senior Gary Martenson, Vice President Junior Marcia Metz, Secretary Senior Johanna Bayley, Treasurer Senior Debbie Murray, Committee Chairperson Junior Damaris Curran, and Publicity Chairperson Senior Jay Bruns, have worked together this year along with their advisor, Mrs. Maloney, to program exciting and interesting events. This has made AFS a blossoming and successful community service club.

-Carolyn Zimmer

Right- Seniors Gary Martenson, Debbie Murray, and Junior Damaris Curran get down to business at an AFS meeting.

Above- FRONT ROW: E. Vanrossen, G. Gonzales, Mrs. Maloney. **MIDDLE ROW:** A. Unni, K. Daisley, L. Hayes, A. Rossi, D. Curran, K. Murphy, M. Madison, R. Kielbania, E. Godek, E. Patterson, E. Boyajian. **BACK ROW:** G. Martenson, M. Metz, K. Garvey, A. Levitz, J. Bruns, E. Martenson.

Above- Seniors Jim Magovern and Ajit Joshi pay close atte to foreign exchange opportunities as an International Club ity.

ve- Freshman Nick Khera, Juniors David Lee, and Beth llinan find cultural awareness fun and rewarding.

B elow- FRONT ROW: D. Serafino, I. Passo, N. Khera, T. Ong, J. Cedeno, W. Dyson, E. Watanabe, A. Unni, Mr. Santos. **BACK ROW:** E. Heaphy, B. Cullinan, M. Magee, R. Gudikunst, J. Polga, J. Quinlan, D. Lee, C. Rogers, J. Van Amberg, G. Oron, J. Magovern.

International Club

Unquestionably one of the most exciting clubs at LHS is the International Club. Under the leadership of Mr. Santos and Co-Presidents Joel Van Amberg and Chris Rogers, the club's fourth year was its most successful in making students aware of the world in which they live. The group sponsored numerous Awareness Days, which focused on certain areas and problems around the globe. Among these were Central America Awareness Day, Indian Awareness Day, which raised well over $600 for charity, and Earth Day. Other activities in which the International Club's twenty-five to thirty members were involved included the Harvard Model United Nations, the Springfield College Model United Nations, an Armed Forces Awareness Day, a carnival at Long Meddowe days, and the sponsorship of a Haitian boy named Ticly. The International Club is an opportunity to explore the numerous nations, peoples, and lands in our world.

-David Lee

Chinese Club

The Chinese Club has provided a unique opportunity for students to experience Chinese culture and heritage. At each meeting, the members prepare for numerous, fun-filled activities, such as the Chinese New Year Celebration, the China Fair, and China Night, which is a production demonstrating Chinese customs. The Club has also sponsored a Democratic China Day during which Chinese guests from the University of Massachusetts came to discuss the Tiananmen Square student demonstrations and the current government policies in China.

The club owes much of its success to its advisor, Mrs. Su, who continually works hard and enthusiastically to develop interest and excitement in Chinese culture. The officers, President Senior Gary Martenson, Vice-President Senior Ilana Teres, Secretary Senior Tracy Paczkowski, Treasurer Junior Marcia Metz, and Publicity Chairperson Senior Amy Shiraki, work together to inform students about the Chinese culture and current events in China. Shiraki commented, "I've truly enjoyed being active in this especially unique club and I am positive that what I've learned will help my future endeavors."

-Gary Martenson

Below- **Freshman Tyler** Sutton carefully listens to a custom question at the China Fair.

Above- **Sophomore Todd** Levine and Freshman Sandra Sz work hard at creating colorful masks.

Above- Mrs. Su, G. Martenson, M. Metz, A. Shiraki, W. Dyson.

Top- Senior Micaela Schnitzler and Junior Joanna Gainski get psyched for their next adventure.

Below- P. Alexopoulos, L. Buchanan, C. Friedenson, Mr. Hirsch, W. Dyson, S. Davis, M. Johnson, M. Schnitzler, M. Reynolds, H. Freedburg, J. Gainski.

Outing Club

Do you long to be one with nature's elements? Does the thought of "roughing it" for a weekend in the mountains with your buddies sound like sheer bliss to you? If you answered yes to either of these questions, then it would be in your interests to join the Outing Club. Meeting every Wednesday in room 146, the Outing Club offers numerous opportunities to participate in exciting outdoor activities such as biking trips, hiking in the mountains, and cross-country skiing on the weekends. Junior Hannah Freedberg sums up the description of a typical Outing Club excursion: "It's an opportunity to get away from the responsibilities of home and school for the weekend and have fun in the outdoors with your friends," Juniors Wendie Dyson, Hannah Freedberg, Susan Davis, and Melissa Johnson, comprise the head committee of the Outing Club which shares the responsibility of planning most of the club's events. This committee is aided by the Outing Club's advisor, Mr. Hirsch, who also plays a large role in the organization of events.

The highlights of the Outing Club's activities include a cross-country skiing excursion at Prospect Mountain, a day long hiking trip to Mount Manadnock, and a weekend at Nobleview in which participants went cross-country skiing and prepared their own meals. The Outing Club welcomes everyone with an interest in the outdoors to join them in their adventures.

-Carolyn Zimmer

Debate Team

That team excelled this year at ... arguing? The Debate Team, of course! This season the advisor, Ms. Schwartzberg, offered three types of debate for the members to compete in: Varsity Policy, Novice Policy, and Lincoln Douglas. This was the first year that Lincoln Douglas debating, a one-on-one competition, was conducted at LHS. Four brave souls, Junior Hannah Freedburg and Sophomores Anita Raman, Danielle Feldman, and Viki Chin, chose to try this method. They participated in many tournaments and according to Freedburg, "Our record wasn't perfect since the competition was tough, but we did better than we expected."

The Varsity Policy team had an excellent season, traveling all over New England to compete, and for the first time hosting the First Winter Invitational. Members included Juniors Justin Polga and Patricia O'Rourke and Sophomores Mike Nadel and Tanya Pace. They were the third place intermediate team at the Lexington Fall Tournament in Massachusttes. In Brattleboro, Vermont, Nadel won second place intermediate speaker at a large tournament. At the same competition, he and Polga placed third out of fifteen teams. Novice Policy team members Junior Jon Bazick and Freshmen Andrew Ginsberg and Ben Hill learned the basics of debating.

"I'm pleased with our debators," said Ms. Schwartzberg. "They are able to hold their own among tough competitors." As long as they keep up the good work, next year looks equally promising.

-Patricia O'Rourke

Above- FRONT ROW: H. Freedberg, M Nadel. **BACK ROW:** B. Hill, Ms. Schwartzberg, D. Feldman, A. Ginsburg, A. Raman, P. O'Rourke.

Top- Sophomore Danielle Feldman notifies her teammates about an upcoming tournament.

Above- Freshman Benjamin Hill finds humor in his opponent's argumentative style.

- **Sophomore Laura** Heaps supports the Business Club by ving M&M's from Senior Dan Freed.

ve- **Juniors Jason** Nietupski, Pete Varley, and Paul Barr show t the bookstore is a booming busines.

Below- **FRONT ROW:** J. Nietupski, K Herrala. **SECOND ROW:** R. Orenstein, M. Marcoe, B. Sibilia, D. Lendry, M. Sherman, V. Chin, Mrs. Morse. **THIRD ROW:** D Freed, P. Chapman, B. O'Connor, P. Barr, F. Mayock, J. Willse, J. Mayock, P. Filosi, J. Bazick, J. Ryan. **BACK ROW:** J. Magovern, B. Srebnick, A. Orenstein, B. Neeld.

Business Club

The Business Club gives students the opportunity to learn and become involved in the business world. Apparently the excitement of the club's projects and activities is catching, for enrollment has increased to more than thirty students, ranging from Freshmen to Seniors. With the assistance of advisor Mrs. Morse, the group has had success in many projects and fundraisers designed to enhance student knowledge of the world of business. The money raised from the various activities is donated to needy organizations voted on by the club. These included a type-a-thon for the Leukemia Society and a drive in which $800 was raised to help the homeless in Springfield and surrounding areas.

Part of their success is due to the club's spirited co-Presidents Junior Jason Nietupski and Senior Kelly Herrala. Other officers include Vice-Presidents Junior Paul Filosi and Senior Donna Lendry, Secretaries Junior Ari Orenstein and Senior Michelle Sherman, Treasurer Junior Jon Bazick, and Student Store Manager Junior John Mayock.

The group is becoming well-known both in the school and the community. The student store run by the club has improved this year, remaining open during all lunches and carrying many more much-needed school supplies than in previous years. According to Orenstein, the reason the club is doing so well is because it "offers its members the chance to experience real-life situations. It is a club for the students run by the students."

-Michelle Marcoe

Chess Team

While the Chess Team is not as illustrious as football or lacrosse, it has proven to be as successful as either of those two sports. Seniors Gabriel Gonzales, Tony Rodolakis, Lou Cardaropoli, Ralph Rogers, and Junior Steve Lin start, and Seniors John Landis, Meng Che Hsieh, and Juniors Dwight Collings and Davyd Ramirez serve as alternates. They have pulled the group through a nearly undefeated season. After winning the Western Mass. championship two years ago and nearly repeating that feat last year, they attained an equally impressive record, which included an impressive win over Amherst early in the season and a win at the Western Mass. tournament. They finished their season with a 14-0 record.

In order to obtain their success, the team met after school, where they practiced by playing chess with each other, and where they found additional instruction and support from advisor Mrs. Sutter. At meets, five people at a time played on five different boards, strengthening each other's abilities.

All nine teammates have had a wonderful time "checkmating" all opponents in this cerebral exercise, and next year's team should do just as well.

-Karen Fanelli

Above- Mrs. Sutter, M. Hsieh, R Rogers, G. Gonzales, S. Lin, T. Rodolakis, J. Landis, L. Cardaropoli.

Below- Senior John Landis out-thinks the competition.

Above- Senior Louis Cardaropoli plans his next strategic mo

elow- Junior Steve Lin contemplates a very difficult math problem.

As Schools Match Wits

e- AS-SCHOOLS-MATCH-WITS- K. Lee, M. Pomerantz, A. wieger, D. Lee, J. Quinlan.

Below- MATH TEAM- FRONT ROW: S. Reejhsinghani, J. Mandell, F. Banson. BACK ROW: A. Airne, S. Lin, L. Schafer, Advisor Mr. Daniels.

Matching Wits

This was certainly the year for intellectual competition. The As-Schools-Match-Wits Team, in its best season in ten years, won two out of three shows required to qualify for the playoffs before finally losing to Williston Academy from Northampton. Players Seniors Jeff Quinlan, Karen Lee, Juniors David Lee, Maurice Pomerantz, and alternates Junior Josh Mandell and Sophomore Arlen Schweiger practiced with advisor Ms. Schwartzberg in the library before the first show by answering one hundred trivia questions. Although they were nervous about appearing on television, they forgot all about the cameras once the questions started, eventually defeating Westfield and Chicopee Comprehensive.

The Math Team, consisting of players Senior Anthony Airne, who was also captain, Seniors Felice Banson, Lori Schafer, Juniors Josh Mandell, Steve Lin, and Sophomore Sanjiv Reejhsinghani, and alternates Senior Meng Che Hsieh and Junior Michael Gordon, did very well, finishing third in Western Massachusetts out of twenty teams. Advised by Mr. Daniels, they participated in five meets, during which each student solved problems in three out of six categories. At the end of the meet, all players attempted to decipher six problems in ten minutes in a team round. Point values were placed on each problem, with one point for the easier problems, two for the moderately difficult, and three for the most difficult.

Both the As-School-Match-Wits team and the Math Team had fun while still taxing their brains.

-Karen Lee

New Directions

Longmeadow teenagers have always been faced with the prospect of finding something to do on weekend evenings. Many have ultimately turned to drinking and drug use for their enjoyment. Parents and students alike have been continually fighting this problem in the forms of such groups as Mothers Against Drunk Driving (MADD) and Students Against Drunk Driving (SADD). Now New Directions has joined the war against alcohol and substance abuse.

Starting early this past fall, the members of New Directions have devoted themselves to providing alternatives to social drinking and drug use on the weekends. The sixty members have been culled from a select group of "student leaders" who were hand-picked by the teachers. They met the day before school started to discuss options, and since then, have come up with many fun activities, including a trip to an Indians hockey game and a winter carnival.

While Longmeadow's battle with drugs and alcohol is far from resolved, New Directions may help in achieving a victory. Hopefully they will meet with the same success in future years.

-Karen Lee

A bove- Senior Jeff Bye wonders what he can do to he fellow student.

T op- LHS is a safer place, thanks to Seniors Jessica Sinsigal Bob Winkle.

A bove- FRONT ROW: E. Lord, M. Sedran, T. Ong A. Grodsky, M. Cerasa, L. Patterson. **MIDDLE ROW:** Rodgers, S. Dibble, M. Hennessy, T. Fleisher, M. Auth, D. Curran, J. Cedeno, V. Chin, L. Boehm, R. Rogers, A. Walker, D. Murray, C. Park, R. Kielbania, B. Axler, J. Chiarizio, J. Sergentanis, Advisor Mr. Crumb **BACK ROW:** J. Bye, A. Frost, P. Chapman, M. Casey, J. Bayley, J. Kaplan, J. Bruns, D. Hoffman, J. Anderson, M. Metz

low- Junior Carolyn Zimmer is in agreement for another nock accident.

ve- FRONT ROW: M. Sedran, A. Unni, M. Carrazza, A. odsky, V. Chin, M. Metz, J. Anderson, D. Hoffman, T. Fleisher. K ROW: C. Park, Advisor Mr. Crumb, D. Murray, A. Frost, M. D. Curran.

Below- SADD- FRONT ROW: M. Lewis, K. Fanelli, C. Zimmer, J. Gregorski, L. Hooper, P. O'Rourke. MIDDLE ROW: J. O'Rourke, S. Campbell, K. Kielbania, K. Houston, S. Szela, D. Schroeder, L. Silverman, K. Serrenho, L. Bortnick, T. Fingeroth, H. Freedberg. BACK ROW: M. Gregorski, T. Garces, P. Golkar, S. Kittredge, A. Rodolakis, A. Raman, K. Reynolds, M. Airne, R. Mason.

SADD/PULL

SADD and PULL are two groups at Longmeadow High School that are dedicated to preventing accidents as a result of chemical abuse.

SADD, Students Against Drunk Driving, displays posters throughout the school warning students of the ill effects of mixing drinking and driving. The officers of the organization are President Jen Gregorski, Vice-President Leigh Hooper, Secretary Patricia O'Rourke, and Treasurer Derick Weaver. This year, membership leaped to fifty, showing the ever-growing support for the club's activities.

PULL, Peers Understanding by Learning and Listening, educates students in drugs, their effects, and ways to get help. Mr. Peter Crumb, the Substance Abuse Coordinator at LHS, advises the group. Prominent members are Senior Kate Teahan and Junior Marcia Metz, who are also the two high school correspondents to the parental group A.A.C.E. They meet with this group once a month to discuss alternatives for students rather than drinking, along with proposed programs for middle school students. The other members of PULL have organized presentations at the middle schools concerning decisions, drugs, and peer pressure. The highlight of the year for PULL was the regional conference with other groups, where they discussed other ways of making students aware of the dangers of substance abuse.

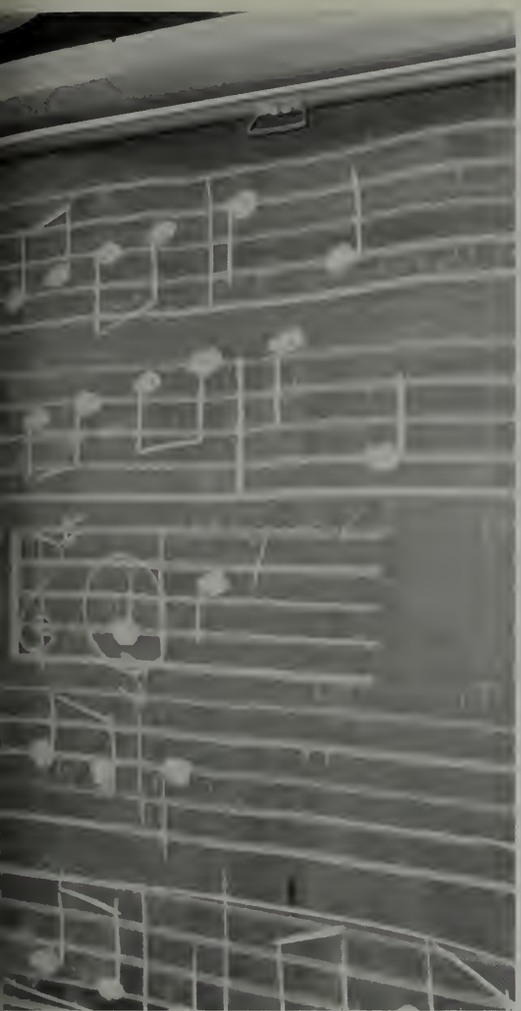
In their work with other kids, SADD and PULL have made a definite impact on the high school community and will continue to change and grow in the coming years.

-Tammy Butler

Faculty In Excellence

Do you remember all the teachers that you have had throughout the years, who have taught you nearly everything you know? How about your old kindergarten teacher who taught reading, writing, and arithmetic. Or the third grade teacher who taught you how to multiply? You have probably had some particular favorites- the ones who made you think or enticed laughter. Each one helped prepare us for the future.

When one looks back several years later, one will remember the LHS faculty as those people who helped him reach an important goal. The advice they gave and the energy they expended shaped us all. Because of this, we can thank them for what we are to become.

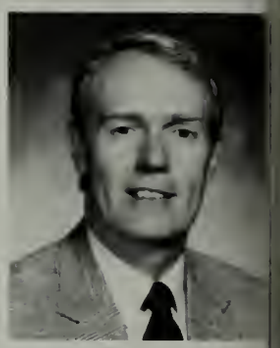
-Karen Fanelli

Left- **Mr. Mucci** instructs his class in advanced music theory.

Below- **Coach Cogswell** advises his Football team to use their heads.

Left- **Mrs. Rovelli** gives extra math help to Seniors Whitney Thompson and Crystal Seidel.

Administration/Guidance
In Assistance

Thomas McGarry



Donald Murphy

Lawrence Berte

Thomas Duffy

Brenda Finn

Patricia Hogan-Welch

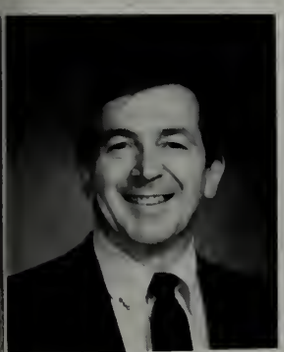
Daniel Kane

David Stockwell

English
In Literature

Cynthia Affron

Kathleen Bennett



Russell Cobbs

Paulette Freed

William Kirkpatrick

Roger LeBlanc

Ann-Marie Lynch

Linda McShane

Jane Murphy

Judith Pincus

Janice Pontacoloni

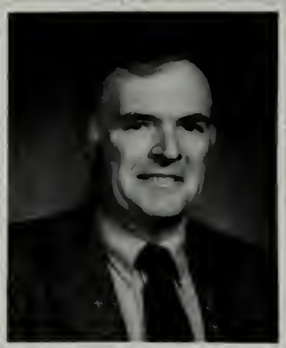
Janis Wheeler

Top- Mrs. Bennett assists Junior Damaris Curran with information pertaining to an Irish short story.

Opposite Page, Above- Mr. Kirkpatrick discusses English Department improvement with Dr. Murphy.

Opposite Page, Below- Ms. Finn reviews student information before writing a college recommendation.

Mathematics
In Numbers



Martin Conway

David Daniels

William Gatchell

George Griffin

Virginia Guistina

Gregg Reilly

Carlene Rovelli

Kristin Singiser

Above- Mrs. Singiser composes the lesson plan for the day.

Right- "When does this period end?" asks Mr. Gatchell.

Opposite Page, Center- Mrs. Tarnauskas arranges the materials for her class' biology lab.

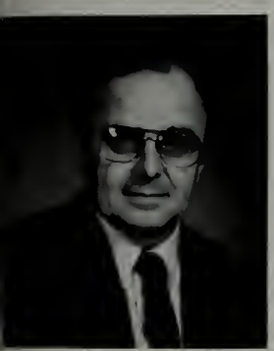
Opposite Page, Right- Mr. Slate explains the intricasies of Experiment 1-A to Freshmen Lisa Rappaport and Lindsey Roberts.

Jacqueline Sutter

Nancy Wimer

Science
In Experimentation and Discovery

Wilfred Blanchard

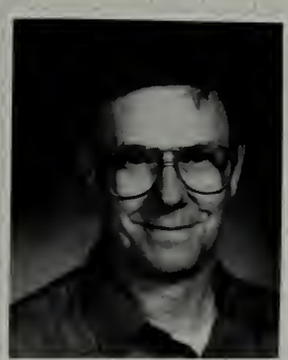


Morrison Ferrier

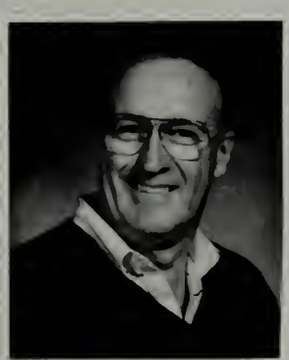
Jeffrey Goodwin

Ronald Hirsch

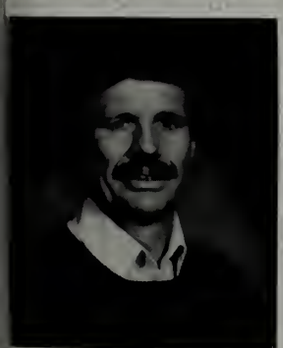
John Hooper



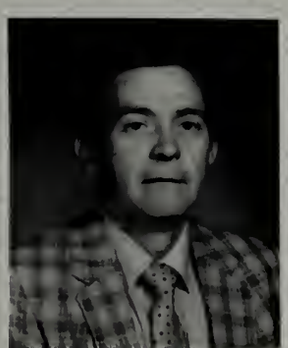
Charles Mannheim



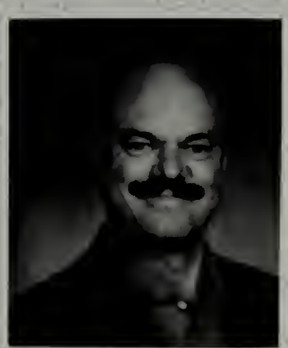
Ronald Merritt



Ronald Morrissette



David Slate



Raymond Suzor

Patricia Tarnauskas

Foreign Language
In Other Words

George Carellas

Nancy Dudley

Lorena Foster

Mary Beth Maloney

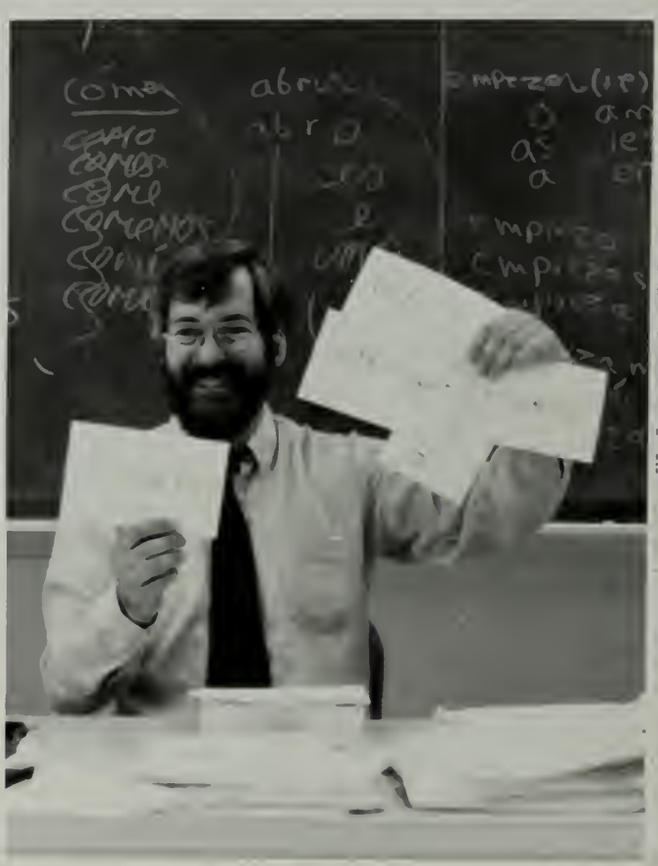
Michael McCarthy

Siobhan O'Neill

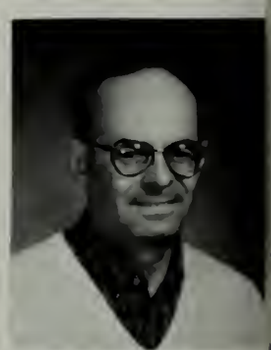
Robert Potvin

Vito Riccio

Chih-Wen Su



Right- Mr. McCarthy asks "How about this one?" to his Spanish II. class.



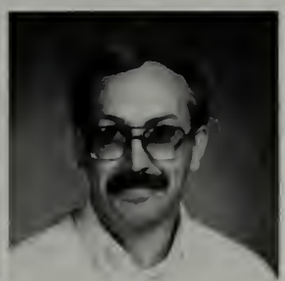
William Whittaker

Julie Wilkinson

Social Studies
In Perspective

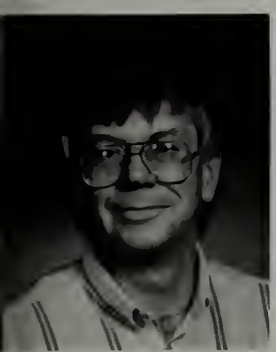
Lolene Blake

Robert Churchill

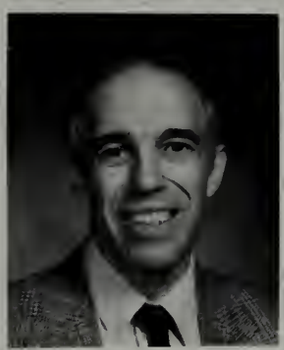


Robert Delano

John Fitzgerald

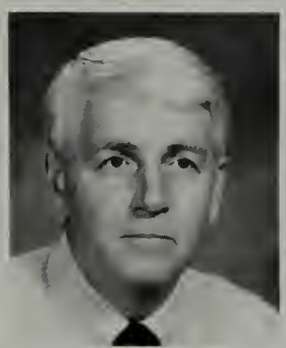


Michael Gelinas



Peter Santos

Beverly Schwartzberg



Joseph Winseck

Left- Mr. Gelinas emphasizes a point for one of his classes.

Above- Mr. Santos, the International Club Advisor, helps Junior Mitch Magee with Central American Awareness Day.

Business
In the Money

Vesta Browne

Raymond Fil

Vivian Morse

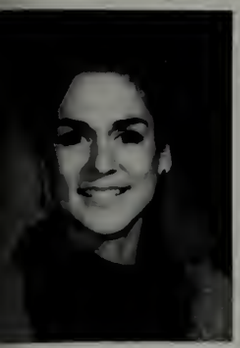
Gary O'Sullivan

Above-"Where are those typing supplies I ordered?" asks Mr. Fil.

Top-Junior Paul Filosi learns how to operate the computer from Mrs. Browne.

Right-Mrs. Morse finishes her first quarter grades.

Fine Arts
In Aesthetics



Hilary Barrera

Deborah Callahan

Gary Maestas

Michael Mucci

Holly Pearson

Peter Thomsen

Jacqueline Willis

Above left- Mrs. Pearson hits the ivories, making beautiful music.

Above- "Play with a little more vibrato," urges Mr. Mucci to his first violinist, Junior David Kim.

Left- New Industrial Arts teacher Mr. Maestas examines the inner workings of a radio.

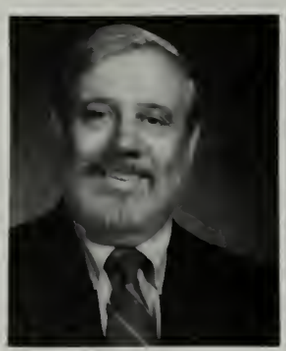
Special People
In-valuable

Susan Bayley,
Resource

Rita Bedore,
Aide

Peter Bergeron,
Head Librarian

Cheryl Casanova
Resource



Peter Crumb,
S.A. Coordinator

Carol Cutting,
Metco

Barbara Degon,
Resource

John Devine,
Adjustment Couns

Custodians- Front Row- R. Izzo. Second Row- S. DeMario, B. Beaulieu, A. Cliche. Third Row- M. Carle, J. Calabrise. Back Row- S. Moriarty, D. LaMountain.

Secretaries- Front Row- P. Rovere, J. Quattrochi, J. Paul, M. Lafley. Back Row- P. Pratt, S. Orke
Cheskin, J. Morey, C. LeFebvre, B. Carroll, C. Haynes.

Kay Duclos,
Cafeteria

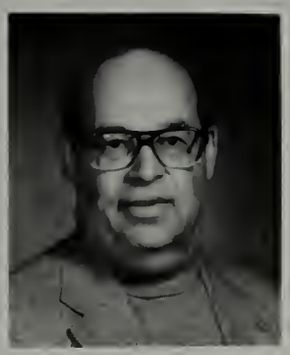
Linda Elman,
Career

Gilbert Lamarre,
Reading

Ann Meeropol,
Resource

Ann Moore,
Resource

Rose Morace,
Resource

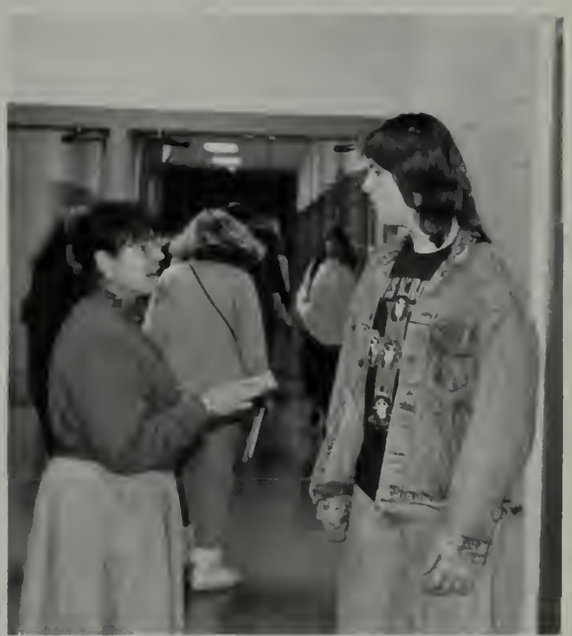


Merrill Oltchick,
Audio-Visual

Charlotte Steele,
Nurse

Linda Walker,
Resource

Beth Young,
Reading



Top- Mrs. Cramer shows just how special she is, helping Sophomore Raju Gondha with her English.

Above- Mrs. Moore stops Sophomore Oliver Herbert in the halls for a quick discussion.

Cafeteria workers- Front Row- R. Bergamini, B. Baldwin, C. Settembre, D. Hopkins. **Back Row-** B. Bandoski, C. Mezzetti, E. Bocchito, C. Schmidt, B. Griffin, M. Capaccio, A. Calabrese.

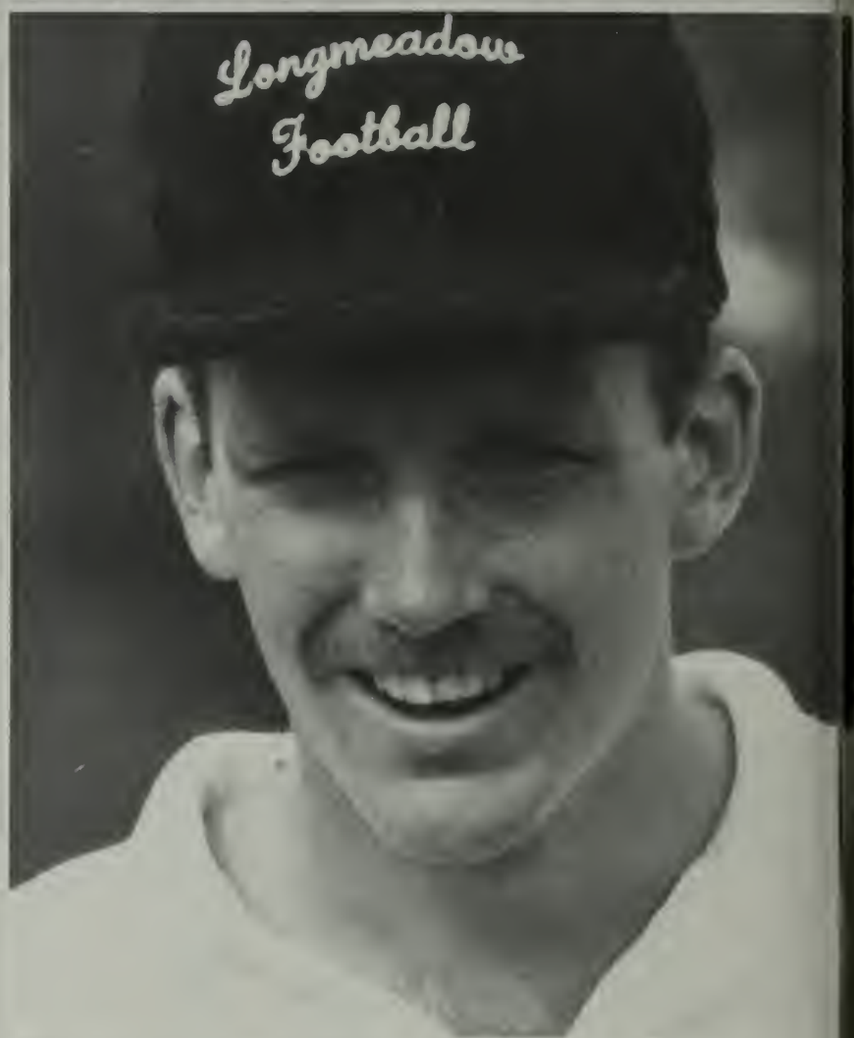
Physical Education
In Athletics

Brian Cogswell

Michael Deary

Norman Harris

Rita Hawker

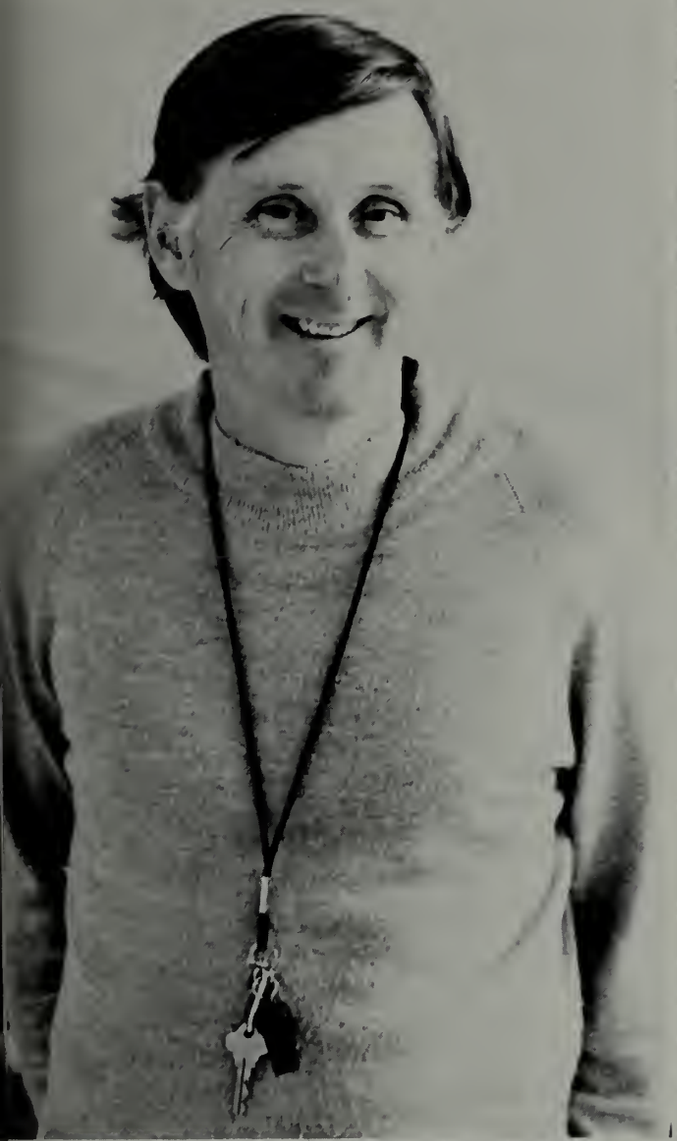


Above- Mrs. Hawker kneels down to do some paperwork in between her Sophomore gym classes.

Above Right- Mr. Cogswell finds time for a laugh during football practice.

Right- A diligent Mr. Deary makes sure that the physical education department is well run.

Retirement
Mr. Norman Harris — 27 Years of Service

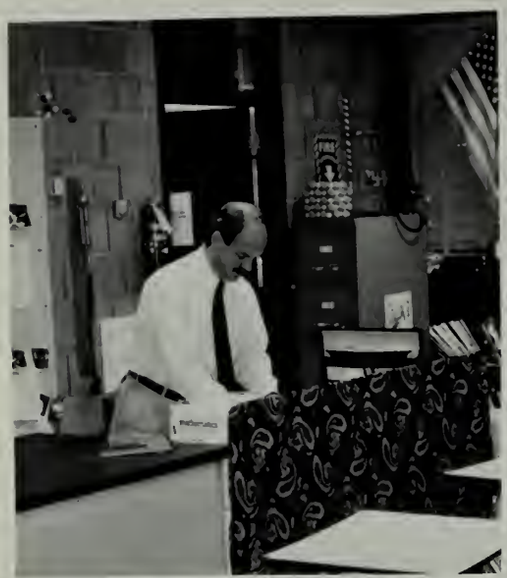


Scenario: Walking past the trophy showcase in the pool hallway on your way to lunch, you happen to peek through the windows of the pool door. A familiar sight meets your eyes. Fifty Freshmen are splashing their way to your end of the pool, trying doggedly to coordinate their arms and legs into the butterfly stroke. Through the general din of kicking, splashing, diving, and gasping resounds a strong, confident voice: "Pace, don't race, Freshpeople!" You smile at the utterance of that helpful phrase that you lived by as a Freshman, and you remember its wise solicitor, Mr. Harris.

Norman Harris, affectionately referred to as "Stormin' Norman" by his students, retired as of December vacation of this year. Mr. Harris had been in the LHS school system for twenty-seven years, and in addition to faithfully teaching Freshman gym, had worked as an assistant football coach, head coach of the wrestling team, and track coach in charge of long distance events. Mr. Harris comments that his favorite aspect of the school has been the "smaller, more intimate student and teacher body. Everyone always knew everyone else." He will miss teaching at LHS, and he advises his students to remember all of his slogans in order to help them through the coming years.

-Carolyn Zimmer

Candids
In Action

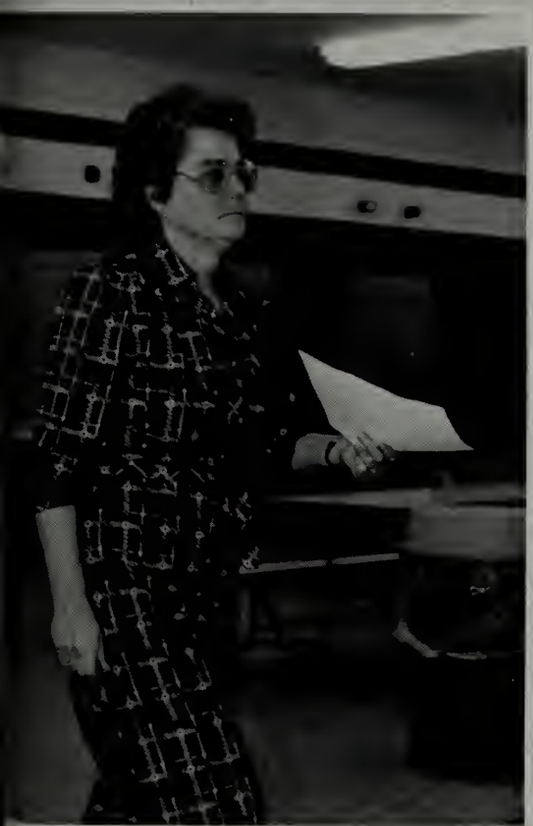


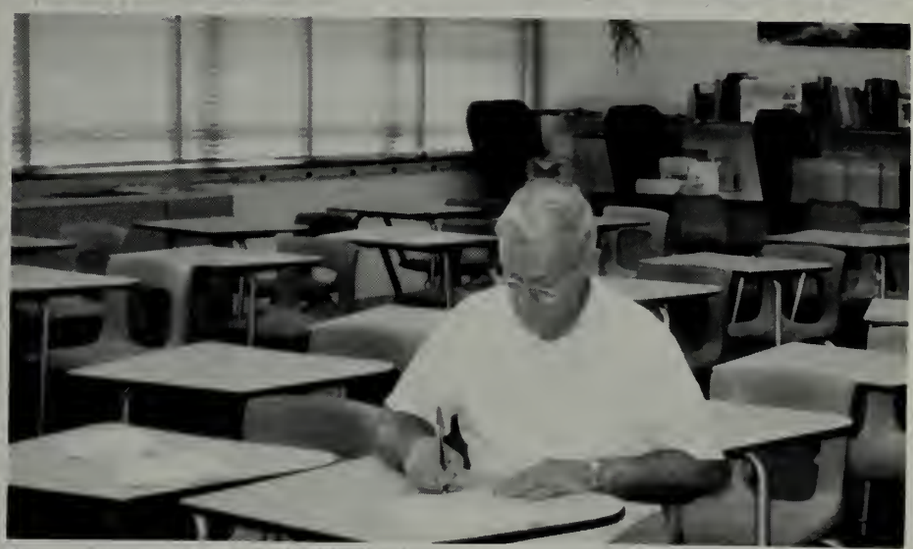
Top- **Mr. Suzor** doggedly prepares for his next Chemistry class.

Above- **A baffled** Mr. Conway contemplates the answer to a "unreasonably unreasonable" math problem.

Top **Right- Ms.** Lynch teaches her students the short story, "The Portable Phonograph."

Right- **Junior Liz** Lehman discusses Keyettes fund raisers with Miss Wilkinson.





Top Left- Mr. Riccio brings food from the farm for the Foreign Language department.

Top- Dr. Young passes out papers to a group of happy Freshmen.

Above Left- Mrs. Duclos checks the cafeteria, making sure everything runs smoothly.

Above- Dr. Lamarre is hard at work preparing a lesson plan.

Left- Mrs. Maloney assists Senior Debbie Murray with an AFS project.

Ads In Business

What do the president of the Prudential Life Insurance company, radio announcer Gary Craig of 96 WTIC FM, Mikey from the Life Cereal commercial, and the man who invented "Charlie the Tuna" have in common? They would all likely be out of a job if it weren't for the world of advertising. Advertising is an extremely competitive field of business which employs thousands and is a major source of communication throughout the world. What would our lives be like without advertisements? Television and radio would no longer exist, since they are funded largely by advertising. Millions of people would be out of work, including models, photographers, cameramen, artists, actors, actresses, and even the "Charlie the Tuna" man. Most importantly, we would not be able to see pictures of our friends representing important businesses in the local area. Be thankful for these advertisements, and take advantage of their availability.

-Carolyn Zimmer

Above- Seniors Jeff Peterson, Jason Cunningham, Amy Weiler, and Beth Stenstrom dress in the night's finest attire at College Formals.

Above Left- Toros Omartian and Sons provides the backdrop for Seniors Carlie Wakeman and Kate Teahan's photo.

Left- Sophomore Mike Barowsky endorses Apparelmaster.

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MASSACHUSETTS 01151

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Distinctive Clothing For Women
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Longmeadow Flowers
815 Williams Street
Longmeadow, MA. 567-1760

Best wishes to the Class
of 1990

Smith and Toner Insurance
Agency Inc.

813 Williams Street
Longmeadow, MA. 567-1051

Jeffrey B. Kimball
ATTORNEY AT LAW

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Best Wishes to the Class of 1990

Compliments of the Class of 1992

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64 Shaw's Lane
Springfield, MA
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Good Luck
LOU
And
Class Of 1990
Too!

THE SPELIOS FAMILY

GOOD LUCK SENIORS!

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SCREENPRINTING HATS • SHIRTS • JACKETS
JIM WHIPPLE (413) 783-1277

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Springfield, MA. 734-8777

Agawam Auto School

379 Walnut Street, Agawam, MA. 786-4984

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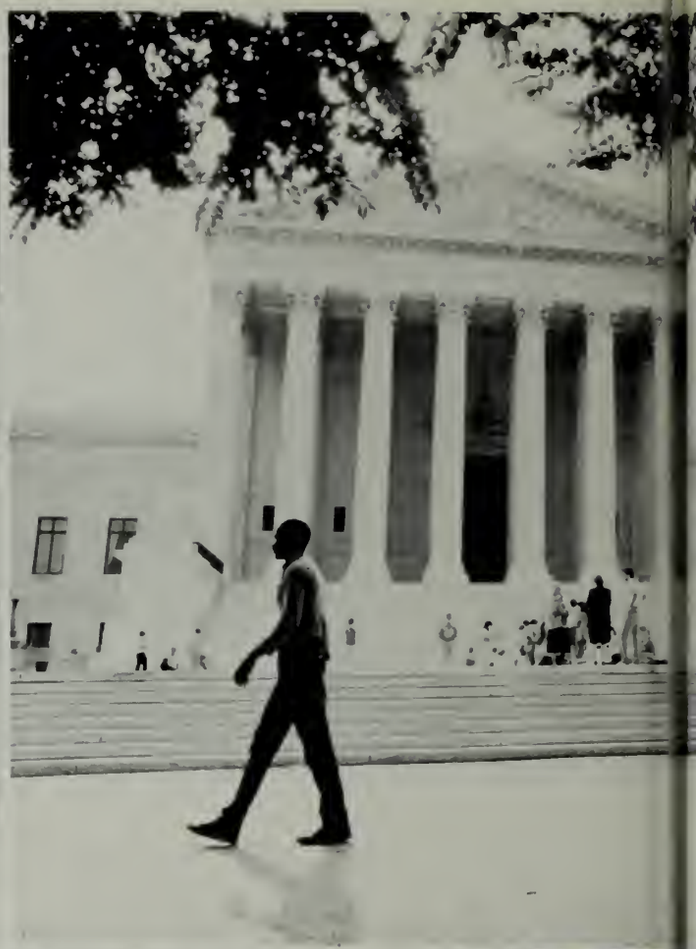


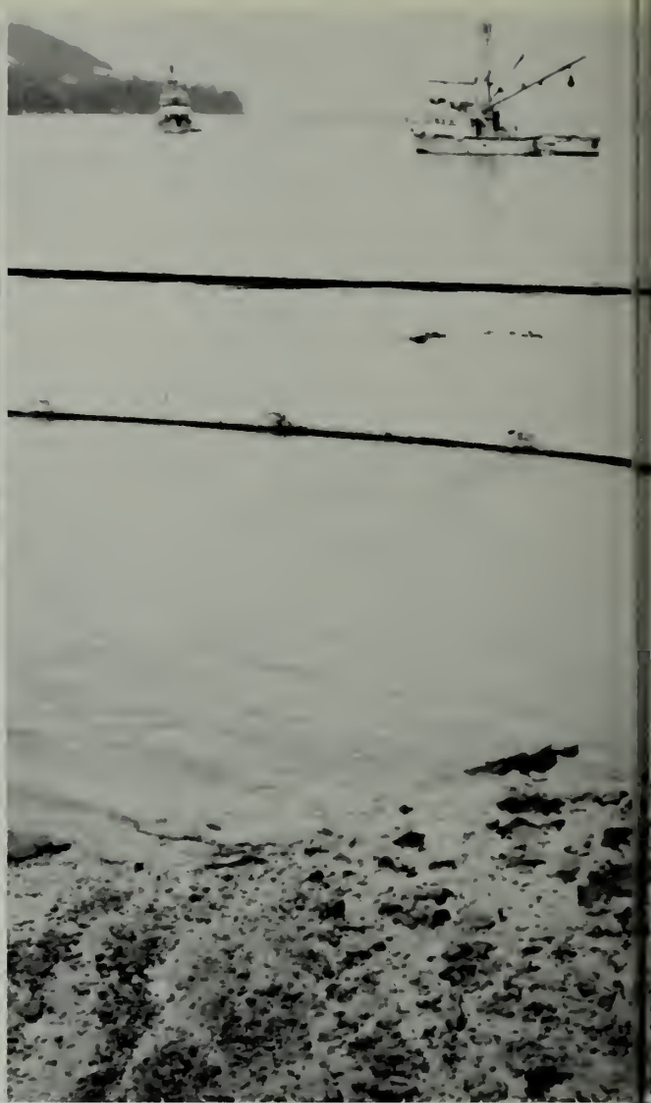
Above-The pro-democracy protests in Tianamen Square began on April 15 with a call by students for talks on increasing social freedoms and ending official corruption. They peaked during the week of May 15 when Gorbachev visited the country, and nearly one million people poured into the streets.

Top Right-The Supreme Court has limited the power of states to outlaw the desecration or destruction of the American flag. Justice William J. Brennan, writing for the court, said, ". . . the government may not prohibit the expression of an idea simply because society finds the idea itself offensive or disagreeable."

Right-Cincinnati Reds Manager Pete Rose, one of the greatest players in the history of baseball, had been banned for life from the game for betting on his own team. "I've been in baseball three decades and to think I'm going to be out of baseball for a very short period of time hurts," said Rose.

Opposite Page, Top-Leaders of the seven most powerful Western nations gathered in front of the Louvre Pyramid for the opening session of the Economic summit in Paris. A pledge was made to address the environmental problems that threaten the planet, as well as foreign debt, terrorism, East-West relations, and narcotics.

Opposite Page, Bottom-Leaving a trail of death and destruction across the Carribean, Hurricane Hugo smashed into the coastal city of Charleston, South Carolina on September 22, 1989. Hugo's 135 MPH winds snapped power lines, toppled trees, and flooded homes, causing more than half a million people to flee.



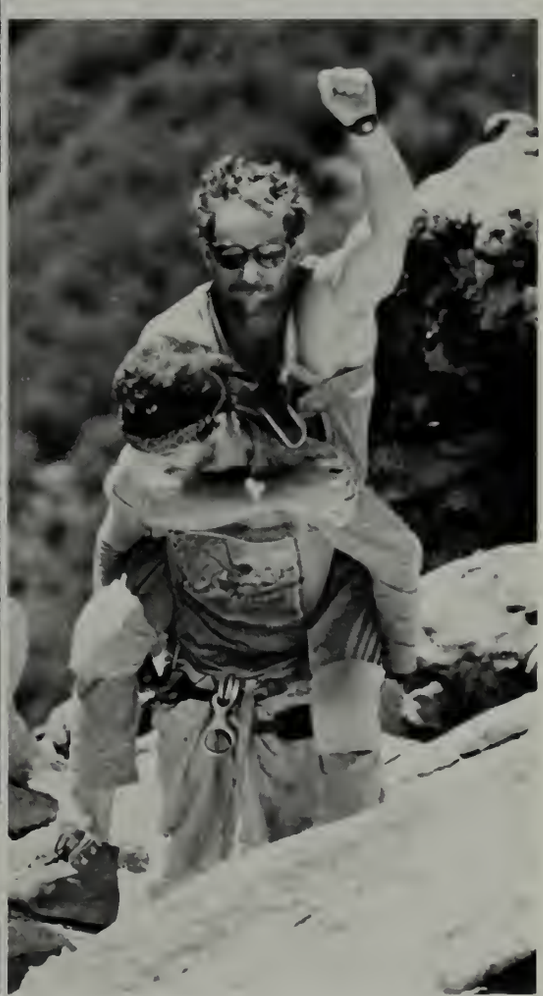
Bottom-With the strength of his arm and the power of his will, a parapelegic completed a weeklong ascent of El Capitan and said his 3,200 foot climb proves the disabled can accomplish great feats. Mark Wellman reached the summit seven days and four hours after he left the Yosemite valley floor.

Left-The Exxon Valdez, a 987-foot tanker, struck Bligh Reef about 25 miles from Valdez, Alaska, ripping holes in its hull, gushing millions of gallons of thick crude oil into pristine Prince William sound. The result was the largest oil spill in U.S. history, causing extensive environmental damage.

Bottom Left-Millie, the First Family's springer spaniel, gave birth on St. Patrick's Day to four puppies at the White House beauty parlor. Millie's pregnancy caused a few changes in the White House. Although the puppies were born in the beauty parlor, the dog had been spending her nights in the first family's room.

Opposite Page, Top-A fiery explosion on the battleship U.S.S. Iowa killed 47 sailors and injured many others. The explosion occurred on April 19, 1989 in one of the the battleship's three 16-inch gun turrets. Gunner's mate Clayton Hatwig caused the blast by inserting a detonator between two power bags.

Opposite Page, Bottom-The Rolling Stones launched their 1989 tour August 13 when they pulled into a New Haven, Connecticut nightclub for a tuneup that thrilled 700 fans who paid $3 a piece for the impromptu gig. Members of the band are (l/r) Ron Wood, Charlie Watt, Mick Jagger, Keith Richards and Bill Wyman.



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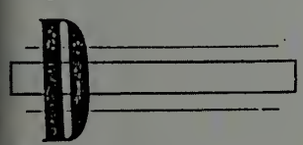

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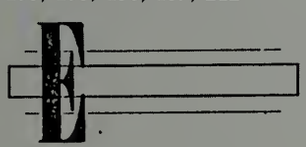

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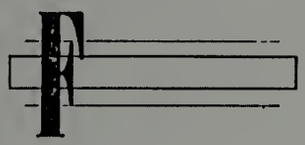

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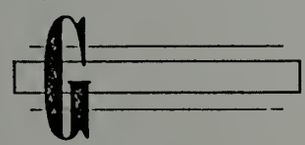

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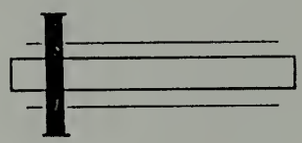

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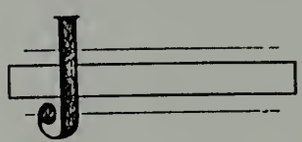

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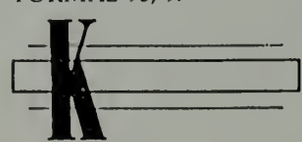

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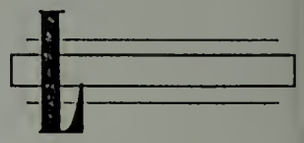

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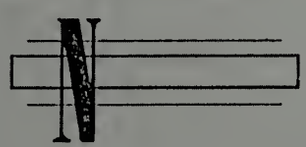

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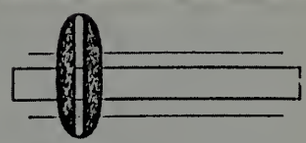
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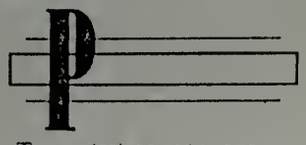

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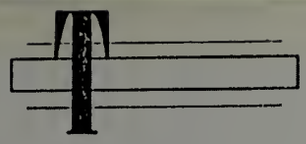

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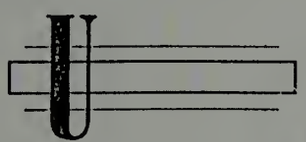

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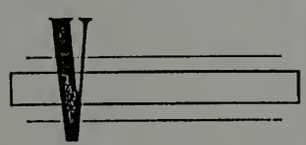

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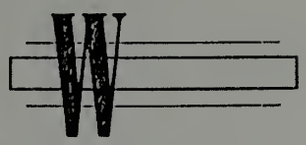

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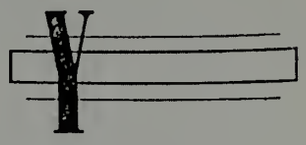

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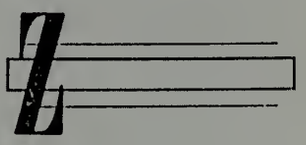

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Senior **Chris Girr** says, "Is this really what I look like?"

In Retrospect . . . . . It Was Worth It!

We would like to thank all those who spent countless hours of their free time creating this book, and for making it the best ever. We could not have done it without you. -Lou and Felice

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The Custodians- For keeping us company at 9:59 PM.
Our Parents- For helping to fill up the Ads section.

. . . Mr. Potvin, where did you hide the Reeses? . . . Meng it . . . When are we going to the Parthenon? . . . Yearbook popcorn . . . Go Yearbook Go. See Yearbook Go . . . Pica power . . . Can I write on your face? . . . The Completed Roll . . . Yearbook record — 9:59 P.M . . . .Sarah Joy, the baker . . . Lou, do you always have to work on the right? . . . Soda runs to the Senior Lounge . . . Rounded corner . . . How to greet Archana: Arch!(curved arms over head) . . . Okay, I can take it. You don't have to use the "master list" . . . Katie-"I have better things to do on a Friday afternoon" . . . Recycle!-Rekha and her environmental group . . . Concentrate-Think SNOW (days) . . . Weatherphone, Weather Channel, Blizzard of '78 . . . Heated political debates . . . Karen, typing those stories at 2:00 A.M . . . .Typing record-9 hours, 15 minutes . . . Cookies and punch from Mrs. Dudley-Thanks . . . Math rules . . . Math Geeks . . . Where does the shading go again? . . . No one ever told me about the tab folio . . . Chalk drawings . . . Dartmouth . . . Cropper fights . . . Colors of progress chart . . . Tal, you're grounded . . . Tony, where are your stats? Grid? . . . The honorable Lee Atwater, chairman, Republican National Committee . . . Rightist/Fascist . . . Live Free or Die . . . "Lou, you roll the heads, I'll watch" . . . You're fired — you're all fired . . . I'm getting an "A" in French VII . . . Mr. Potvin, be sure to keep your papers on your desk. Yearbook area is sacred . . . How many clubs do we have left? . . . Not another mini index . . . Why do they call Nicole "Tricky?" . . . Overnight it . . . London Broil-broiled in London, eaten in U.S.? . . . O.K., Mr. P., exactly how many Republican teachers are there? . . . I've got a serious beerbelly, or so it appears . . . "Excuse me, are you a Freshman?" . . . Potvin, that's leftist propaganda and you know it . . . "I can't wait 'till interviews"-Felice . . . "Yeah, and I've got this new rating system"-Lou . . . Eriko, take A.P. Chem . . . Countdown board . . . "We love this job"-Arch . . . No way . . . Oh yeah . . . Computer graphics . . . Dropped initial . . . "Oh barf, he's a card-carrying member of the NRA!" . . . Where are the Heaphys? . . . A.P. Yearbook . . . "There's a hole in the yearbook, dear Louis, dear Louis" . . . dro-er . . . "Are you trying to deny your nerdiness?" . . . Whatever happened to the LHS bushes? . . . Halogram! . . . Yes, my pages are done, and I've lost my mind . . . Leigh, Felice, Parisse a.k.a. "Sazen," "Bubba," "Frizz"

Left- **Sophomore Brad** Miller hits the soccer ball downfield, using his head.

Below- **Junior** Joanna Gainski engrosses herself in her English teacher's lecture.

Middle **Left- Sophomore** Gretchen Delano gets a little closer to Freshman Mike Arnold at the Sophomore Semi-Formal.

Above- **Sophomore Aleks** Evanguelidi daydreams during a free block.

Left- **Junior Richard** Farrell adds the finishing touches to his painting.

Right-Junior Marcia Metz dreams of summer during a warm September day in the courtyard.

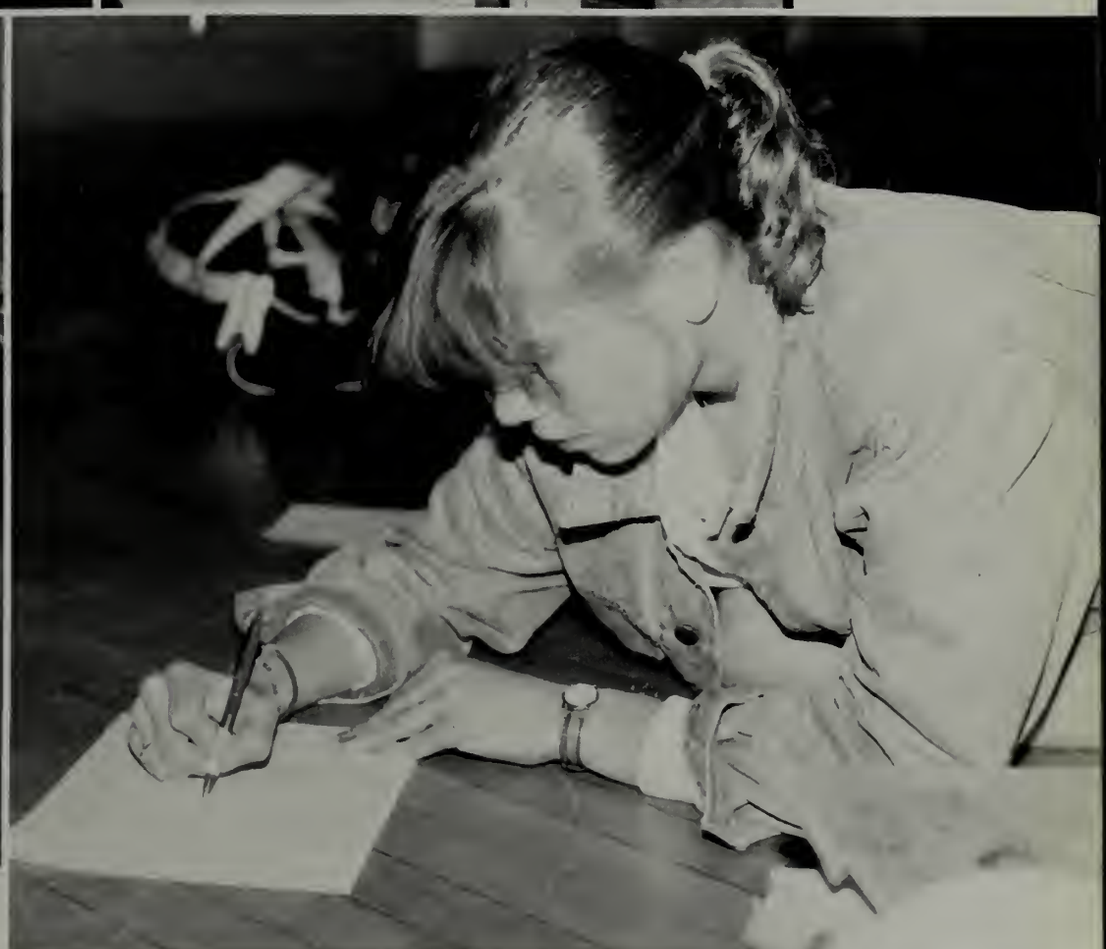
Below-Junior Roger Cameron checks the pedestrian traffic before going home on his moped.

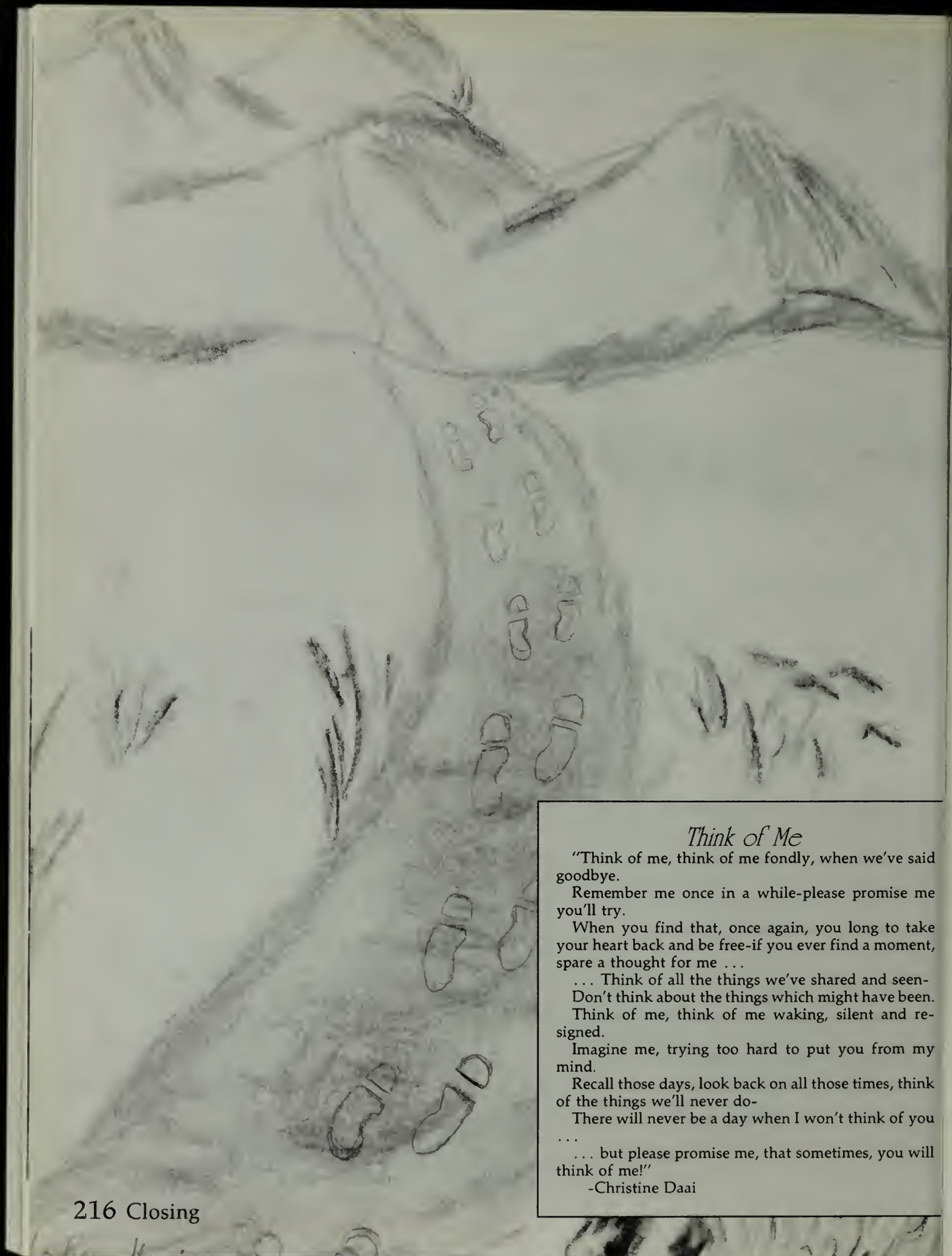
Bottom Left-Freshman Mike Barowsky writes his English paper while listening to the sounds of nature.

Below-Sophomore Derick Weaver uses the library's Xerox machine to make a copy of his homework.

Bottom Right-Junior Amy Magill concentrates on her Physical Education quarter exam.

Bottom Center-Freshman Anthony Desrosier prepares to take a quick nap in the Gym.





Think of Me

"Think of me, think of me fondly, when we've said goodbye.

Remember me once in a while-please promise me you'll try.

When you find that, once again, you long to take your heart back and be free-if you ever find a moment, spare a thought for me . . .

. . . Think of all the things we've shared and seen-

Don't think about the things which might have been.

Think of me, think of me waking, silent and resigned.

Imagine me, trying too hard to put you from my mind.

Recall those days, look back on all those times, think of the things we'll never do-

There will never be a day when I won't think of you . . .

. . . but please promise me, that sometimes, you will think of me!"

-Christine Daai